

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE, (AUTONOMOUS),

SION (W), MUMBAI -400 022

NAAC SSR – CYCLE 4 : 2018-2023


Metric No. 5: 5.1.3:

Following capacity development and skills enhancement activities are organised for improving students' capability (1. Soft Skills, 2. Language and Communication Skills, 3. Life Skills, 4. Awareness of trends in technology)

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This is to certify that the attached documents have been verified and found to be true.


 Principal
 SIES College of Arts, Science &
 Commerce (Autonomous)
 Sion (West), Mumbai - 400 022.



College Seal

The Department of Mass Media

MSD-II REPORT

A. Title of the Workshop:

Value Add on Skill-Based Course

For Semester Two F.Y.B.A M.M.C March 2021-22

Course Name: **Managerial Skills Development – II**

B. Background : Workshop based Coaching

1. Managerial Skills Development – II
2. Managerial Skills Development is a skill-based course offered to B.A.M.M.C students in their first year for one credit in term one and, subsequently, one credit in term two for the academic year 2021-2022 respectively.
3. The course is segmented into two parts MSD-I and MSD-II; in each term 16 hours of workshop-based coaching was offered and conducted.

C. Aims/Objectives: Course Objective:

To provide fundamental knowledge and exposure to the concepts, theories, and practices in the field of management for mass media students.

D. Location: Online - Microsoft Teams learning management system

E. Target audience/participants with expected number: 109 F.Y.B.A.M.M.C. Students

F. Registration done by: 107 F.Y.B.A.M.M.C. Students

G. Participants in the workshop with attendance and assignment submission: 97 F.Y.B.A.M.M.C. Students

- Details of Sessions: Each unit in the course outline draws attention to the central points covered in the topics.
 - A self-assessment test was conducted to check the skill set.
 - The topics were illustrated with success stories and case studies for better understanding.
 - Session reference material was provided, and group and individual assignment was given to 107 students.
 - Attendance with assignment submission was considered for certificate distribution in turn.

H. Names of Resource Persons: **Mentor/Facilitator: Ms. Sanam Raney**

Professional profile: -

- Assistant Manager HR, **Sony- Manufacturing and Home Entertainment services by Sony DADC.**

I. Expected outcome:

1. Identify the concept, factors and theories of motivation in management. (remembering)
2. Illustrate delegation and leadership skills with styles. (understanding)
3. Determine conflict resolution styles and negotiation tactics (applying)
4. Assess team effectiveness and differences between group and team (evaluating)
5. Illustrate relationship building and communication skills. (analyzing)

J. Funding: Amount of **Rs. 17,317/-** received from RUSA.

K. Photograph

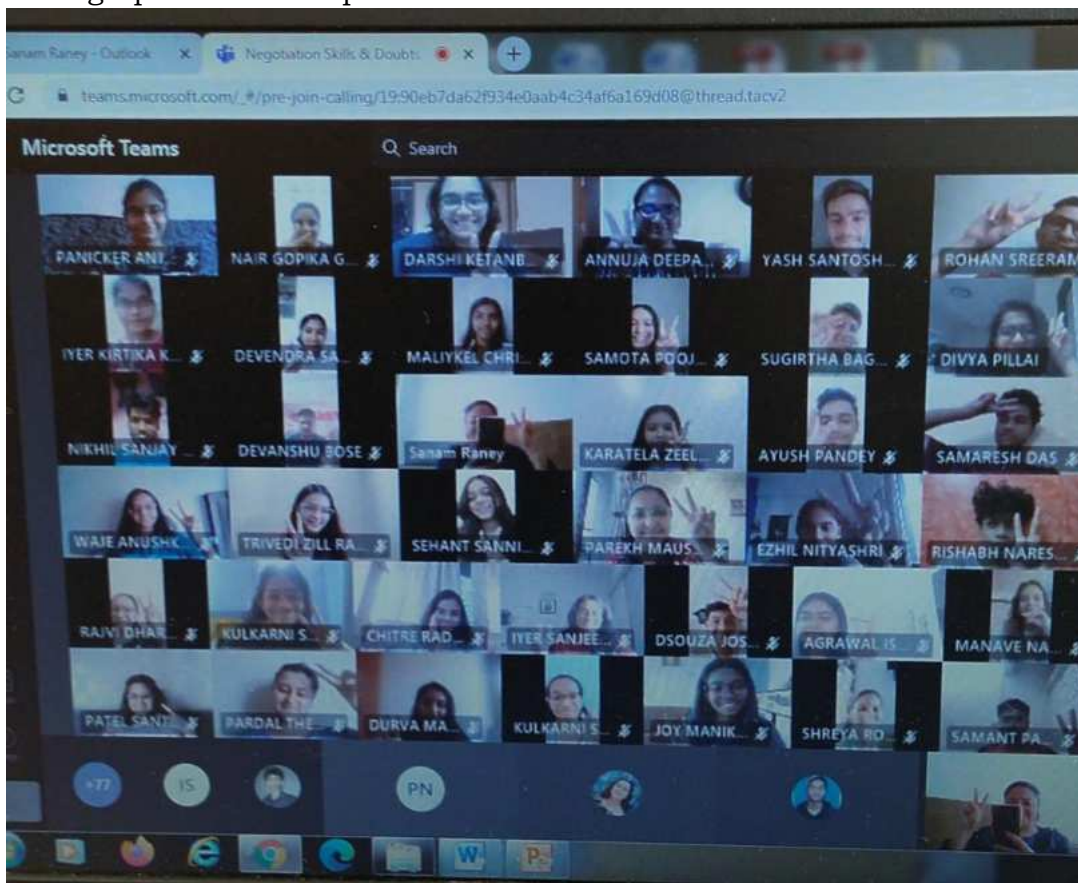


Online learning session on MSD-II with the FYBAMMC students March 2021-22

Annexure:

- i. Detail of the Resource persons : **Mentor/Facilitator: Ms. Sanam Raney**
Professional profile: -
 Assistant Manager HR, **Sony- Manufacturing and Home Entertainment services by Sony DADC.**
- ii. List of Participants: 107 Registered Participants

iii. Photograph of Workshop



Vaneeta

Report Prepared by: Dr. Vaneeta Raney
Course Coordinator,
Department of Mass Media

REPORT FORMAT

A. Title of the Seminar/Workshop/Conferences: 'Inculcating research aptitude and developing research skills'

B. Background:

Basic science or science that is driven by curiosity is the foundation on which applications and innovations can be produced, therefore the rationale behind organizing such a workshop is an attempt to inculcate research aptitude and develop research skills amongst students by having interdisciplinary research approach in learning pure and applied sciences.

C. Aims/Objectives:

The objective of this workshop is to demystify research and clarify fundamental concepts in research. It also aims to nurture deep thinking and develop analytical skills amongst students, so that it would enable them to discuss and develop ideas, and to address problems in collaboration with peers, which is the underlying structure of the process of scientific inquiry. It also intends to fuel the spirit of curiosity of learners, who are also problem solvers and scientific investigators in their own way. The workshop aims to create research aptitude amongst students which will develop critical thinking and improve their analytical skills. The objective of this workshop is also to inculcate amongst students, an interdisciplinary approach between different disciplines in pure and applied sciences.

D. Location: SIES College of Arts, Science and Commerce (Autonomous), Sion (W), Mumbai

E. Target audience/participants with expected number:

Science students (Undergraduate/Postgraduate) belonging to subjects such as Bioanalytical Sciences, Biochemistry, Biotechnology, Botany, Chemistry, Life Sciences, Microbiology, Physics and Zoology. Expected Number :110 participants

F. Details of Sessions:

Schedule for the workshop 'Inculcating research aptitude and developing research skills' From Thursday 24th March 2022 to Saturday 26th March 2022	
Day, Date, Time, Venue/Place	Activity (Conceptual Understanding, Experiential Learning, Peer review)
Thursday, 24/03/2022 (DAY 1) 8.15 am – 8.55 am 3 rd Floor, Bioanalytical Sciences Lab	Registration Distribution of workshop kit, reference material/study material, identity card/badge to participants
Thursday, 24/03/2022 (DAY 1) 9.00 am – 9.15 am Ground floor, Auditorium	Welcome and Introduction Theme and relevance of the workshop
Thursday, 24/03/2022 (DAY 1) 9.15 am – 10.15 am Ground floor, Auditorium (Tea break – 10.15 am to 10.30 am)	Conceptual Understanding Basic concepts in research, Overview of research methodology, types of research
Thursday, 24/03/2022 (DAY 1) 10.30 am – 11.30 am Ground floor, Auditorium	Conceptual Understanding Case study 1 - research work presentation justifying the earlier concept
Thursday, 24/03/2022 (DAY 1) 11.30 am – 12.30 pm Ground floor, Auditorium (Lunch break – 12.30 pm to 1.00 pm)	Conceptual Understanding Writing a research abstract, types of abstract, key words
Thursday, 24/03/2022 (DAY 1) 1.00 pm – 5.00 pm 1 st floor, Physics Laboratory	Experiential Learning Student participants divided into heterogeneous groups Student activity – Brainstorming, loud thinking, discussion regarding preparing a suitable title, abstract and keywords for the given unknown research paper 1 (unknown research paper 1:- title, authors, abstract, key words, name of the journal, volume etc are intentionally being masked/morphed). (Submission of handwritten suitable title, abstract, key words for the unknown research paper 1 at the end of Day 1)
Friday, 25/03/2022 (DAY 2) 9.00 am – 9.25 am 9.30 am – 10.30 am Ground floor, Auditorium (Tea break – 10.30 am to 10.45 am)	Conceptual Understanding Summary of Day 1(Recap) Literature review, Writing a review, Peer review; Writing a research manuscript/paper; Citations/Bibliography, Research ethics/Plagiarism
Friday, 25/03/2022 (DAY 2) 10.45 am – 11.30 am Ground floor, Auditorium	Conceptual Understanding Case study 2 – extension of research work linking it to Case study 1
Friday, 25/03/2022 (DAY 2) 11.35 am onwards till 5.00 pm 1 st floor, Physics Laboratory (Lunch break– 12.30 pm to 1.00 pm)	Experiential Learning Student activity – Brainstorming, loud thinking, discussion regarding peer review of the given known research paper 2 (known research paper 2:- title, authors, abstract, key words, name of the journal, volume etc are having open access); (Submission of handwritten review of known research paper 2 at the end of Day 2). Student activity – Preparation of poster for the unknown research paper 1 given on Day 1 with the help of the title, abstract, key words prepared by the group on Day 1 (Submission of research poster for the unknown research paper 1 at the end of Day 2) Student activity – Preparation of power point presentation (7-8 slides) for the given known research paper 2 (known research paper 2 to be presented orally by using power point tool on Day 3)

F. Details of Sessions:

Schedule continued on next page

<p>Saturday, 26/03/2022 (DAY 3) 9.00 am – 9.15 am 9.15 am – 10.30 am Ground floor, Auditorium (Tea break – 10.30 am to 10.45 am)</p>	<p>Peer Review and Experiential Learning Summary of Day 2 (Recap) Student participants (groups) are given the original title, abstract, key words, name of the journal, volume etc for the unknown research paper 1 given to them on Day 1, in order to compare it with the title, abstract, key words drafted by them for the unknown research paper 1. Student participants (groups) present the known research paper 2 (oral power point presentation) along with review/critique of that research paper Student participants (groups) visit the posters prepared for unknown research paper 1 displayed by each group for peer review during tea break.</p>
<p>Saturday, 26/03/2022 (DAY 3) 10.45 am – 12.30 pm Ground floor, Auditorium (Lunch break– 12.30 pm to 1.00 pm)</p>	<p>Peer Review and Experiential Learning Student participants (groups) are given the original title, abstract, key words, name of the journal, volume etc for the unknown research paper 1 given to them on Day 1, in order to compare it with the title, abstract, key words drafted by them for the unknown research paper 1. Student participants (groups) present the known research paper 2 (oral power point presentation) along with review/critique of that research paper Student participants (groups) visit the posters prepared for unknown research paper 1 displayed by each group for peer review during lunch break.</p>
<p>Saturday, 26/03/2022 (DAY 3) 1.00 pm – 5.00 pm Ground floor, Auditorium</p>	<p>Peer Review and Experiential Learning Student participants (groups) are given the original title, abstract, key words, name of the journal, volume etc for the unknown research paper 1 given to them on Day 1, in order to compare it with the title, abstract, key words drafted by them for the unknown research paper 1. Student participants (groups) present the known research paper 2 (oral power point presentation) along with review/critique of that research paper Student participants (groups) visit the posters prepared for unknown research paper 1 displayed by each group for peer review.</p>
<p>Saturday, 26/03/2022 (DAY 3) 5.00 pm onwards Ground floor, Auditorium</p>	<p>Closure Feedback and Distribution of Certificates</p>

G. Session and names of Resource Persons:

Day and Date	Session Title	Resource Person
Thursday 24 th March 2022	Conceptual understanding of Basic concepts in Research	Dr Satish S Sarfare
Friday 25 th March 2022	Conceptual understanding of Peer review and review writing	Dr Satish S Sarfare
Saturday 26 th March 2022	Refereeing the abstracts, posters of participants	Dr Satish S Sarfare

H. Expected outcome:

The workshop helped to create awareness about research as one of the career options to be pursued besides, linking it to entrepreneurship. This workshop also encouraged students to adapt to the research culture, to conceptualise, incubate and translate their research ideas into reality, thereby encouraging entrepreneurship, so that some students could also become 'Job Creators' and not simply 'Job Seekers'. Moreover, from the feedback received based on criteria such as skill development, research skills etc it was evident that the workshop indeed attempted in creating some potential 'Start Ups' which may become relevant in addressing the emerging problems in the country besides contributing to society and mankind.

I. Amount Claim: Rs. 58,362/-



GPS Map Camera



Mumbai, Maharashtra, India

Technology Centre, Ground. Floor-(Basement) Near Seminar hall SIES College of Arts, Science & Commerce, Jain Society, SIES Ln, Sion West, Sion, Mumbai, Maharashtra 400022, India
Lat 19.041281°
Long 72.861317°
24/03/22 10:57 AM



GPS Map Camera



Mumbai, Maharashtra, India

Technology Centre, Ground. Floor-(Basement) Near Seminar hall SIES College of Arts, Science & Commerce, Jain Society, SIES Ln, Sion West, Sion, Mumbai, Maharashtra 400022, India
Lat 19.041362°
Long 72.861352°
25/03/22 12:27 PM



GPS Map Camera



Mumbai, Maharashtra, India

Sies College Of Arts, Science & Commerce, Sion West, Sion, Mumbai, Maharashtra 400022, India
Lat 19.0412°
Long 72.861281°
26/03/22 03:58 PM

Annexure:

i) Detail of the Resource persons Detail of the Resource persons:

Dr Satish S Sarfare, Vice Principal, Associate Professor, Head of the Department: Zoology,
Co-ordinator: Department of Bioanalytical Sciences, SIES College of Arts, Science and
Commerce (Autonomous), Sion (W), Mumbai

i. List of Participants

Sr No	Name of Student
1	Ketaki Manoj Rane
2	Sagar sadashiv atugade
3	Pavitra Ankam
4	Jaai Sunil Tillu
5	Anitha Esakkimuthu
6	Sobiyah Sayyed
7	Tejas deepak thombare
8	Shrikant Ramesh Jogdande
9	Jaiswal Payal Mohan
10	Aayushi Subhash Ghadi
11	Bhavana Gurrarn
12	Fardeenkhan
13	Abhishekkumar Ramsevak Mourya
14	Shubham Balkrishna Patil
15	KAVYA SIDDAPPA KOLLI
16	Jasran James
17	Joanna Barretto
18	POONAM SUBHASH JOGDANKAR
19	Akshata Sudhir Nikam
20	Tanvi Vasaniya
21	SAKSHI DEEPAK INGLE
22	Mubasshira khan
23	Khan shakira sharif
24	MUTHUANUSUYA ARUMUGASAMY
25	Neha Tiwari
26	Ankur Jagdish singh

27	Shaikh Saima Naushad Ahmed
28	Bhairavi Sandesh Bagkar
29	Omkar Dumbre
30	Ramaya Shrinivas Choppadandi
31	Saket Shelke
32	Vishal Dhage
33	Aishath Thahira
34	Shaziya Asifali Sayed
35	Sagar Prabhakar Gajjelli
36	Siddhesh dattatray auti
37	Sankalp Sagar Katale
38	Ganesh Chavan
39	Ayaaz Khan
40	Saayudh Ghatak
41	keshika gajbhiye
42	Patel Manan Rajesh
43	Samiksha Ganesh Raje
44	Shrutika Mokal
45	Gaurav Adhikari
46	Atul Bhaskar Sakpal
47	Aditya Sanjay Deore
48	Soham Powale
49	Gayatri Mohanty
50	Nilanjana Santra
51	Pravin Tiwari
52	SNEHAL NIVAS GARUD
53	Sneha Murlidhar Chilvery
54	Rinku Adhikrao Katkar
55	SHIVAM KAMLESH KUMAR PANDEY
56	Asma khalilullah khan
57	Reema Saheb Ali
58	ANSARI HUMAIRA SHAHIN RAEES AHMED
59	Sanika Sawant
60	Syed Mohd Kashif

61	Dimple Tambe
62	Harshal waghmare
63	Divyesh Balu
64	Priti Pramod Tiwari
65	Prachi Shivaji Parab
66	NIRANJAN CHAKOLE
67	Ankur Patil
68	FARZANA ABRAR MALIK
69	Janhavi Dalvi
70	Shazen mannu
71	Sabreen siddiqui Bismillah Ahmed
72	Munira Bano Javed Ali Shaikh
73	Michelle Dcosta
74	Sanika sandeep sawant
75	Kartikey Kuthari
76	Yadav Pooja Rajendra
77	Aarti Brijkishore Kushawaha
78	VAIBHAVI PATIL
79	Debashish Mukharjee
80	Muskan Sharma
81	Priyanka Pandit
82	Manasvi Kanekar
83	Jyoti Gupta
84	Rutuja Dabade
85	Sakshi Parate
86	Khan baby gazala
87	Calvin Aaron Dsouza
88	Iqra Ansari
89	Sumaiya sajid ansari
90	Thevar Anjali Krishnamoorthy
91	ARULJOTHI V
92	nikita santosh divate
93	Anitha Kaunder
94	Shailesh Gurrapu
95	RHUTUJA TIWARI

96	Manav Naik
97	Lekha Uday Giridhar
98	Shreya Sanjay Gujar
99	Rucha Sanjay Dhide
100	Khan zeenat firoz
101	Shifa Choudhary
102	Sanil Padvekar
103	Nausheera Akbarkhan Pathan
104	Bharati Tanaji More
105	Neha Ghate
106	Sayed Fatima Qamar abbas
107	Gayatri Nair
108	PRASHANT KUMAR JHA
109	Manali Patil
110	Sadan Shruti Shivan

ii. Photographs of Seminar/Workshop



Report Prepared by

Signature :-----



Name : Dr Satish S Sarfare

Department: Nirmitee Kendra

Designation : RUSA Co-ordinator

Signature of Principal

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)

SION (WEST) MUMBAI: 400022

DEPARTMENT OF BOTANY

RUSA SPONSORED WORKSHOP REPORT

A. Title of the Workshop: Skill-based Workshop on Organic Gardening

B. Background:

- Four days skill-based workshop on organic gardening was conducted.
- Mrs. Bhakti Khot (Proprietor, NuTreeGrow Consultants) was the resource person for the said workshop.
- Each day consisted of 45 minutes lecture session followed by 15 minutes question answers cum interaction and 2 hours hands-on training.
- Evaluation of the participants was done on the last day.
- Overall feedback was collected.

C. Aims/Objectives:

- To develop of hands-on skills among UG Botany students on organic kitchen gardening, microgreen cultivation, composting, medicinal plant cultivation, window gardening and organic control of pests and diseases.
- To motivate students towards using environment friendly practices required for plant cultivation in an urban set-up.
- To expose the participants towards career opportunities and consultancies in the field of organic gardening, for the development of entrepreneurial skills.

D. Location: Lab No. 2 Department of Botany, SIES College of Arts, Science & Commerce (Autonomous), Sion(W)

E. Target audience/participants with expected number: T. Y. B. Sc. (Applied Component – Horticulture and Gardening students). No. of Registered participants: 22



Dr. Mahavir Gosavi

Head, Department of Botany

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)

SION (WEST) MUMBAI: 400022

F. Details of Sessions:

Day	Content	Time
1 st day	Lecture session: <u>Organic Kitchen Gardening</u> <ul style="list-style-type: none"> • Definition, Objectives of organic gardening • Organic gardening as consultancy and business • Organic kitchen gardening – Introduction, Need, Scope • Organic cultivation of plants in kitchen gardens at home-scale level 	45 mins
	Interactive session: Question-answers and query addressing session.	15 mins
	Practical session: Common practices and techniques used in Kitchen gardening, potting, repotting, transplanting of saplings, cutting, pruning, weeding, etc.	2 hours
2 nd day	Lecture session: <u>Microgreen Cultivation</u> <ul style="list-style-type: none"> • Microgreens as superfood – Introduction, Nutritional health benefits, Plants used • Organic cultivation of microgreens at home-scale level 	45 mins
	Interactive session: Question-answers and query addressing session.	15 mins
	Practical session: Common practices and techniques used in Microgreen cultivation	2 hours
3 rd day	Lecture session: <u>Organic manures and fertilizers</u> <ul style="list-style-type: none"> • Organic manure and fertilizers – Overview, Applications, Composting. • Organic control of pests and diseases – Overview and applications 	45 mins
	Interactive session: Question-answers and query addressing session.	15 mins
	Practical session: Preparation of compost and liquid manures useful for plant cultivation, Preparation of organic farm liquid to control pests and diseases at home-scale level.	2 hours
4 th day	Lecture session: <u>Window Gardening & Cultivation of medicinal herbs and ornamentals</u> <ul style="list-style-type: none"> • Do's and don'ts of organic kitchen gardening • Do's and don'ts of Microgreen cultivations • Medicinal plants and their health benefits • Cultivation of medicinal herbs and ornamentals in window garden 	45 mins
	Interactive session: Question-answers and query addressing session.	15 mins
	Practical session: Organic cultivation of medicinal herbs at home-scale level, Growing ornamentals in window gardening	2 hours
<ul style="list-style-type: none"> • Evaluation and feedback collection at the end of the course. 		



Dr. Mahavir Gosavi

Head, Department of Botany

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)

SION (WEST) MUMBAI: 400022

G. Session and names of Resource Person: Mrs. Bhakti Khot, 2nd to 5th March 2022 - One session of three hours each per day.

H. Outcome:

- The participants learnt about the definition, concept, need and scope of organic farming.
- They got exposure towards hands-on skill development for soil, composting, vermicomposting, etc.
- They were able to create their own kitchen garden, microgreens.
- They learnt to utilize environmentally friendly practices such as use of organic fertilizers, use of biological growth promoters and organic control for pests and diseases.
- They were able to differentiate between good and bad practices of organic fertilizer & pesticides use in farming.
- The participants were exposed to current trends and career opportunities in organic kitchen gardening & commercial production of Microgreens.

WORKSHOP PHOTOGRAPHS



Day 1: Inaugural Function

Dr. Mahavir Gosavi

Head, Department of Botany

**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
SION (WEST) MUMBAI: 400022**



Day 1: Introduction of the Resource Person



Day 1: Organic Kitchen Gardening – Lecture Session

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)

SION (WEST) MUMBAI: 400022



Day 1: Organic Kitchen Gardening – Practical Session



Day 2: Microgreen Cultivation – Lecture Session

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
SION (WEST) MUMBAI: 400022**



Day 2: Microgreen Cultivation – Practical Session



Day 3: Organic Manures and Fertilizers – Lecture Session

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)

SION (WEST) MUMBAI: 400022



Day 3: Organic Manures and Fertilizers – Practical Session



Day 4: Window Gardening & Cultivation of Herbs and Ornamentals – Lecture Session

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
SION (WEST) MUMBAI: 400022**



Day 4: Participants' Evaluation



Day 4: Feedback by the Participant

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
SION (WEST) MUMBAI: 400022**



Day 4: Feedback by the Participant



Day 4: Valedictory Function

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS)
SION (WEST) MUMBAI: 400022**



Day 4: Certificate Distribution

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany

DEPARTMENT OF BOTANY

Environmental Awareness Week Celebration Report

- **Objective:** The motive behind this was to create awareness about environmental issues amongst students.
- **No. of Participants:** 130
- **Methodology/Details:** On Diamond Jubilee of the College, the Department of Botany celebrated 'Environmental awareness week' from 5th June to 12th June 2021. Three competitions were held during environmental awareness week.
 - **Essay writing competition:** The participants were supposed to write essay on anyone topic from the three. 1000 – 1200 words were expected in essay. The essay could be handwritten or in typed format. The participants were supposed to scan their essay, upload it in their google drive and then share the link of the file in the section in the google form for submission. In case of typed format directly upload the file in pdf format in google drive and then share the link. Topics for essay competition were My role in environment conservation, Impact of climate change on Himalayas, Impact of lockdown on environment.
 - **Poster making competition:** The participants were supposed to make a poster using their own creativity. For poster three topics were provided. Out of three any one topic was to be chosen by the participants for the poster. The participants were supposed to scan their poster, upload it in their google drive and then share the link of the file in the section in the google form for submission. The pdf file format was expected. Topics for poster making competition were Ecotourism and Urban forestry, Green energy resources, Mangrove ecosystem in India.
 - **Quiz competition:** The quiz competition was conducted through google form. Participants were supposed to solve 20 MCQ. Each question carried 1 point. Total 20 points were allotted for the quiz competition. Topic for quiz competition was We and our environment.

- **Outcome:** The event sensitized the student participants and volunteers towards their responsibility of protecting environment and utilizing the same in sustainable manner. It gave the opportunity to the participants to interact and share ideas of conserving the nature. The event got overwhelming response all over the Maharashtra. The participants and winners received the e-certificates.

Mahavir

Dr. Mahavir Gosavi

Head, Department of Botany



SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS), SION (W)

On the occasion of DIAMOND JUBILEE of the College, the Department of Botany is celebrating ENVIRONMENTAL AWARENESS WEEK from 5th June 2021 to 12th June, 2021 to create awareness about environmental issues amongst the students. Kindly join us to celebrate this environmental awareness week by participating in the following events.



✓ ELIGIBILITY
Students from any stream (UG & PG)

✍️ ESSAY WRITING

1. My role in environment conservation
2. Impact of climate change on Himalayas
3. Impact of lockdown on environment

<https://forms.gle/UAZUVKLMvenk2nAE9>

📄 POSTER MAKING

1. Ecotourism and Urban Forestry
2. Green Energy Sources
3. Mangrove Ecosystem in India

<https://forms.gle/W7Z8pE3jfvSgWYhs6>

🎯 QUIZ COMPETITION

We & Our Environment

<https://forms.gle/s9V8UQhVUclcvn839>

Contact:
Jeba Reshma: 9167204265
Raghavi: 8104876324

SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS),

SION (WEST) Mumbai: 400022

DEPARTMENT OF BOTANY

Departmental Festival – Kalpavriksha 2021 – 22 Report

- **Objective:** It was organized under the broad objective of soft skill development, team work, communication skills and imparting awareness about plant world amongst participants and volunteers.
- **No. of Participants:** 157
- **Methodology/Details:** Department of Botany organized online celebration of Departmental festival - 'Kalpavriksha' on 24th February 2022. It was held through MS Teams platform. Following inter-University events were conducted through the same:
 - ✓ Kalpavriksha-Floral Melody (Plant Poem)
 - ✓ Kalpavriksha-Paint to Bloom (Painting Event)
 - ✓ Kalpavriksha-PlantArt (Sketching and Doodling)
 - ✓ Kalpavriksha-Phytography (Creative event)
 - ✓ Kalpavriksha-Plant-o-Mania (Guessing event)
 - ✓ Kalpavriksha-Veggie Fest (Plant-based recipe)
- **Outcome:** The event sensitized the student participants and volunteers towards their responsibility of protecting environment. It introduced them to the vast and diverse world of plant kingdom. It also helped them to develop various soft skills such as communication, leadership, team-work, patience, decisiveness, planning and time management amongst them. It gave the opportunity to the participants to interact with students from other institutes and share their experiences. The event got overwhelming response from across the country. The participants and winners received their certificates and prize coupons.



Dr. Mahavir Gosavi
Head, Department of Botany



Report

- A. **Title of the Workshop:** Experimental (Tuesday, 7th September 2021)
- B. **Background:** Application of Chemistry
- C. **Aims/Objectives:** To convert theoretical reactant to skillful presentation product
- D. **Location:** Department of Chemistry, SIES College, Sion West, Mumbai (Online: <https://forms.gle/pEjec97Gj5o2fNdW7>)
- E. **Target audience/participants with expected number:** MSc and BSc students
- F. **Session and name of Resource Persons:** N/A
- G. **Outcome:** Improves the innovative thinking ability
- H. **Funding if any:** (N/A)
- I. **Annexures:**
 - i. **List of Participants:** N/A
 - ii. **Photographs (Geotagged):** N/A

Report Prepared by: Dr. Madhav Mane

Mr. Shekar Aiyar

(for) Signature of HOD

Department: Chemistry

Designation: Associate Professor



Report

- A. **Title of the Workshop:** UTKARSHA-2021-22-ChemSpeak
- B. **Background:** Application of Chemistry
- C. **Aims/Objectives:** To convert theoretical Chemistry to skillful presentation
- D. **Location:** Department of Chemistry, SIES College, Sion West, Mumbai
- E. **Target audience/participants with expected number:** MSc and BSc students
- F. **Session and name of Resource Persons:** N/A
- G. **Outcome:** Improves the innovative thinking ability
- H. **Funding if any:** (N/A)
- I. **Annexures:**
 - i. **List of Participants:** N/A
 - ii. **Photographs (Geotagged):** Attached below without GeoTag

Report Prepared by: Dr. Santosh Katariya

Mr. Shekar Aiyar

(for) Signature of HOD

Department: Chemistry
Designation: Associate Professor

Recording and transcription have started. For now, meeting transcripts are only available to select Teams users. Privacy policy

Where does all this waste originate from?

- STOICHIOMETRIC BRONSTED ACIDS & BASES** - Aromatic nitrations with H_2SO_4 / HNO_3 - Acid promoted rearrangements, e.g. Beckmann (H_2SO_4) - Base promoted condensations, e.g. Aldol ($NaOH, NaOMe$)
- STOICHIOMETRIC LEWIS ACIDS** - Friedel-Crafts acylation ($AlCl_3, ZnCl_2, BF_3$)
- STOICHIOMETRIC OXIDANTS & REDUCTANTS** - $Na_2Cr_2O_7, KMnO_4, MnO_2 - LiAlH_4, NaBH_4, Zn, Fe/HCl$
- HALOGENATION & HALOGEN REPLACEMENT** - Nucleophilic substitutions
- SOLVENT LOSSES** - Air emissions & aqueous effluent

Microsoft Teams interface showing a meeting with 17 participants. The slide content is visible in the main window.

Recording and transcription have started. For now, meeting transcripts are only available to select Teams users. Privacy policy

Microsoft Teams interface showing a meeting with 19 participants. The main window displays a video call with Principal Dr. Uma Shanker. The People list on the right includes names like Saratosh Tiwari, Anju Kothotte, and Aamita Dipak Halekane.

Figure 1: Principal Dr. Uma Shanker addressing the participants



Figure 2: Mrs. Gayatri Sehgal HOD addressing the participants

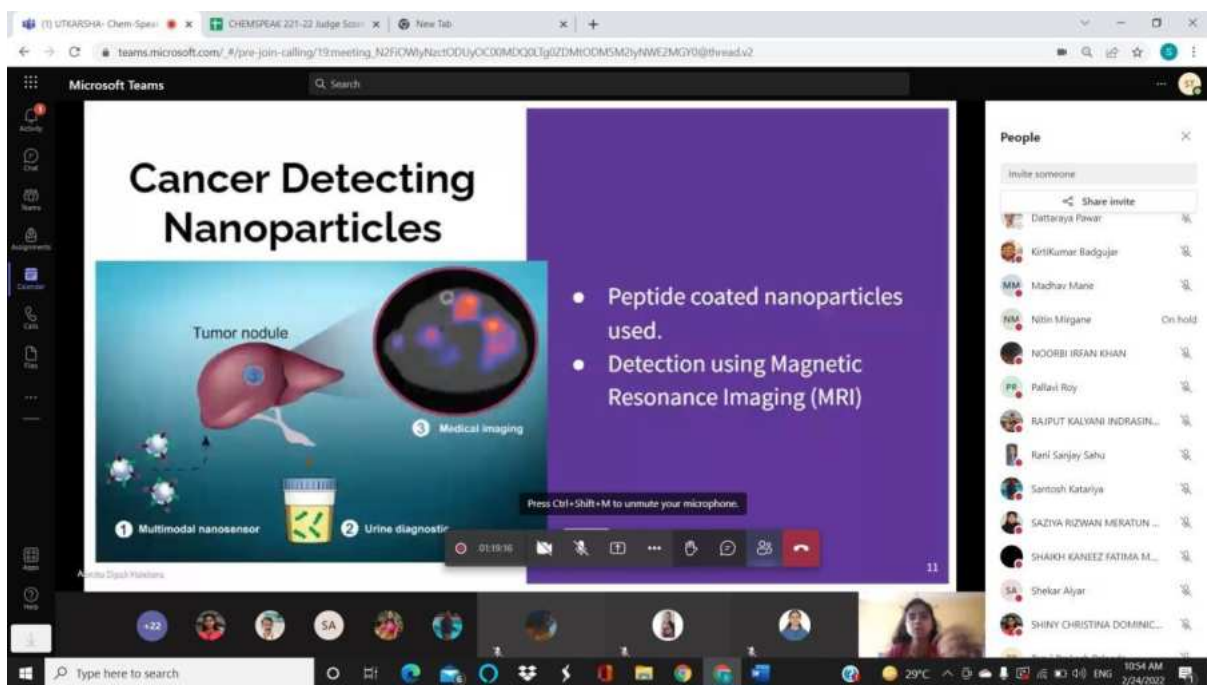


Figure 3: Presentation by the participant no 6 Asmita Halekana

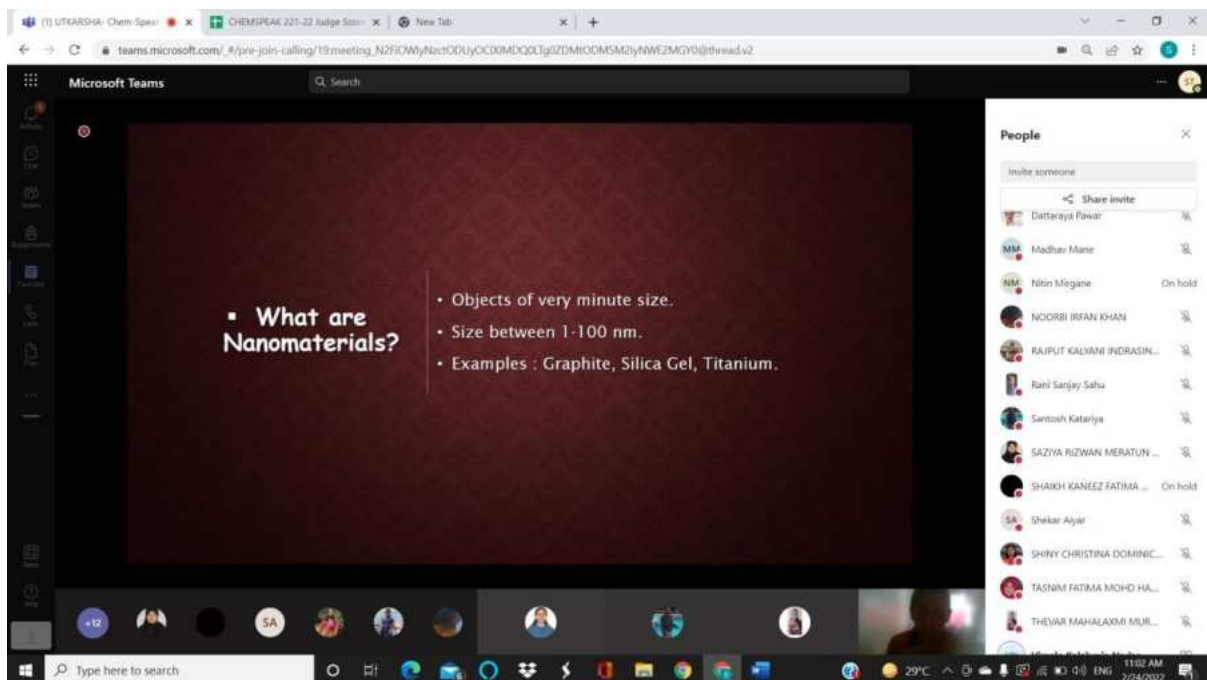


Figure 4: Presentation by Vimala Kalabraj Nadar

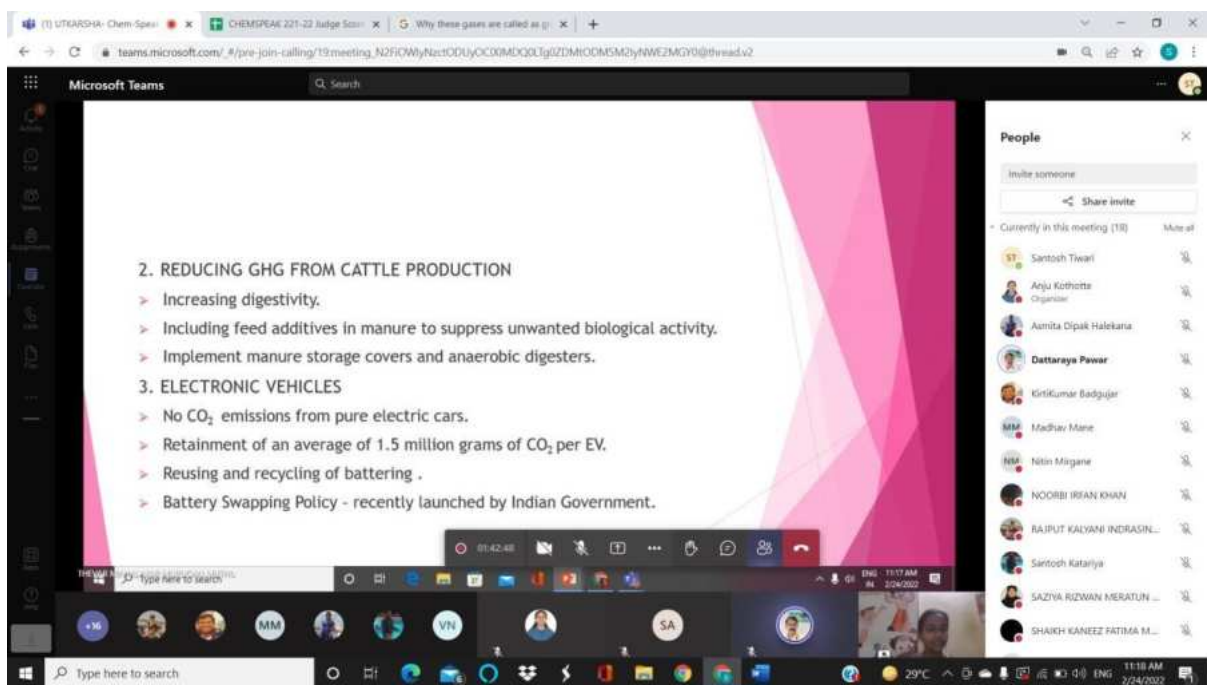


Figure 5: Presentation by Thevar Mahalakshmi

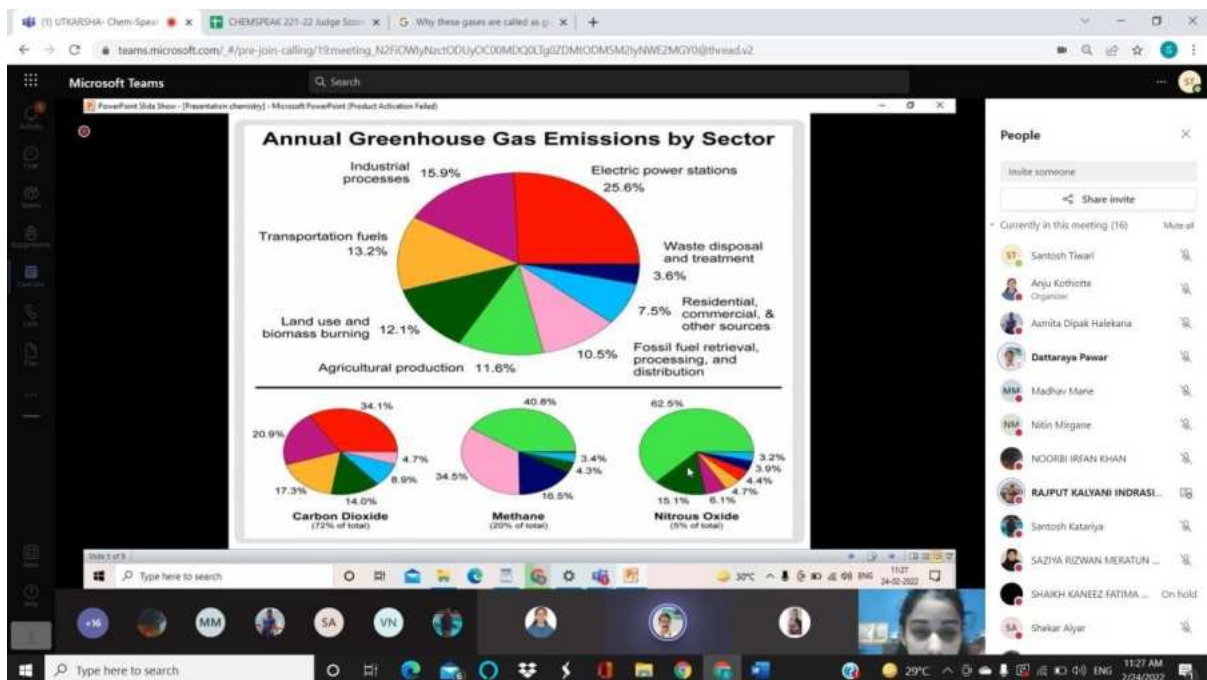


Figure 6: Presentation by Kalyani Indrasing Rajput

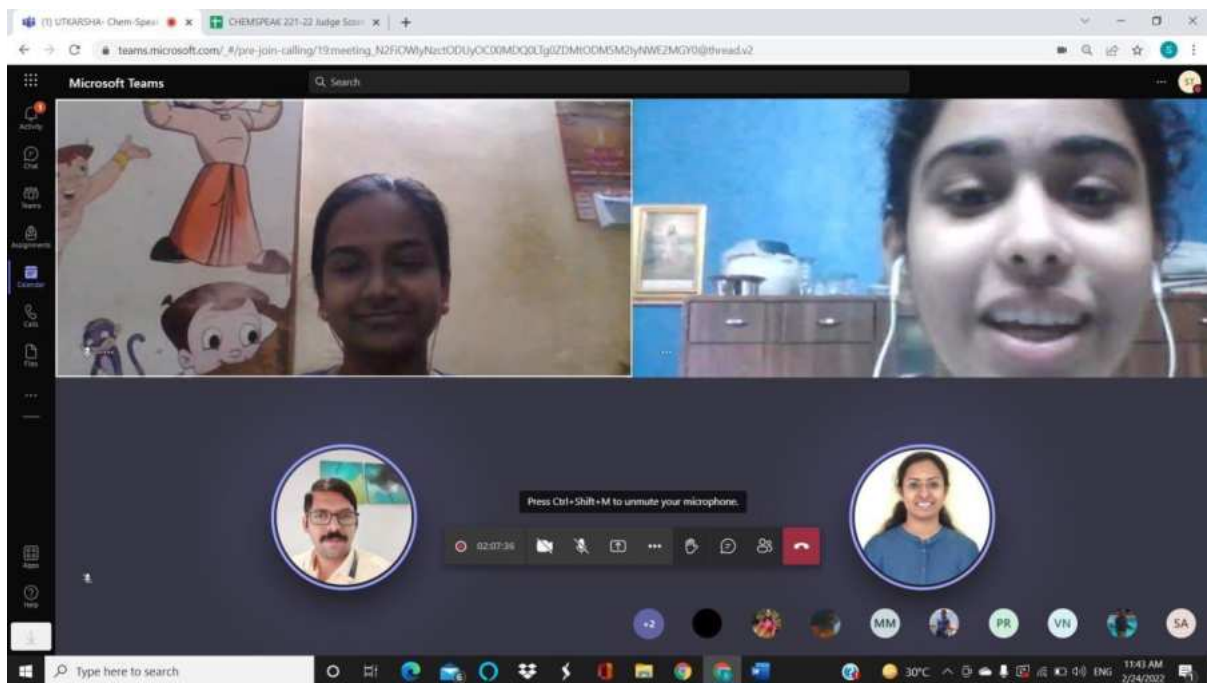


Figure 7: Feedback by Thevar Mahalachmi and Kalyani Indrasing Rajput

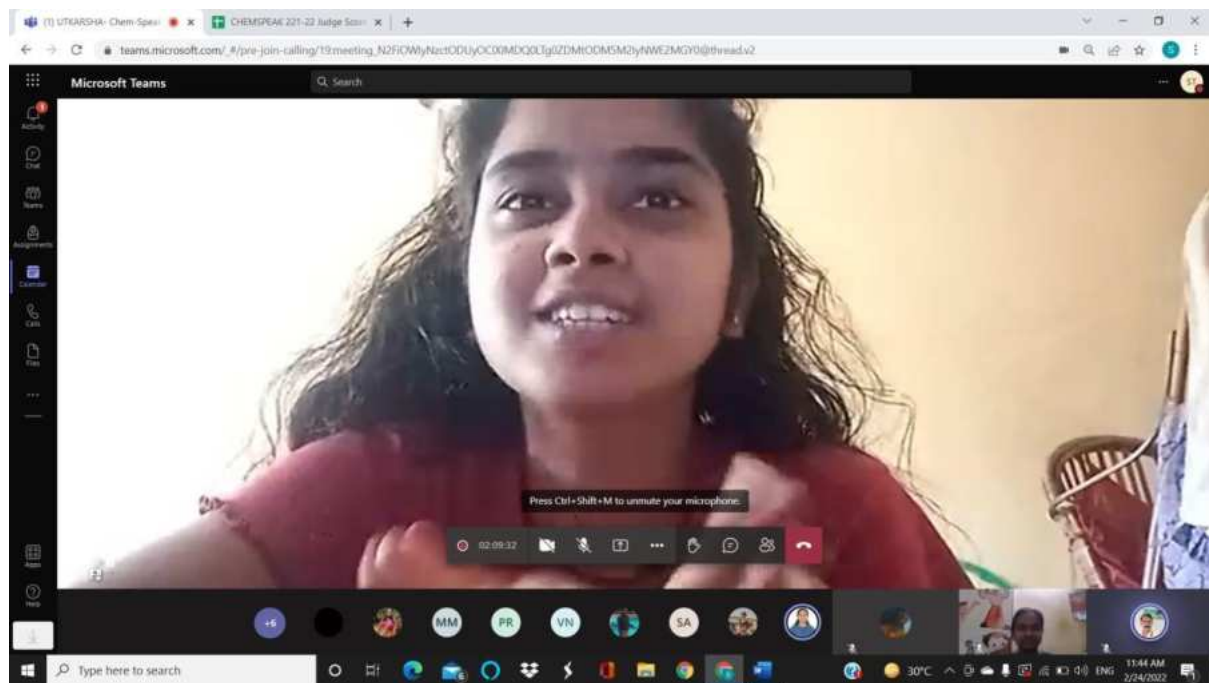


Figure 8: Feedback by the participant Asmita Halekana



REPORT

A. Title of the Workshop: **Workshop on Business Analytics Skills**

B. **Background :** In this new data driven age, companies struggle to find meaning in the large volume of data to help them make timely and appropriate operating and strategic decisions. Business Analytics is here to stay as it assists in reducing short-term and long-term risks. Gaining knowledge and skill in this area is imperative for graduates seeking employment.

C. **Aims/Objectives:** This workshop aims to orient the participants to the field of Business Analytics and its significance in improving business efficiency. It will bring out how data can be managed in a way that can make a difference in the bottom line of the company.

D. **Location:** Online Platform

E. **Target audience/participants with expected number:** TY and SY Students form B.Com,BMS,BA -Economics around 50 students in a batch but actually 45 students attended the workshop and completed it successfully.

F. **Details of Sessions:** 22 sessions of 1 hour each from 3rd February to 16th February 6.00pm to 8.30 pm

G. **Session and names of Resource Persons:** Dr. Subhajit Pahari from Vocskill.

VocSkill, an Edu-tech established by a group of IIT alumni and renowned educationalists is a certified training facility for the National Skill Development Corporation, Government of India.

Module	Content	Lecture Hour [22 sessions of 1 hour each]
Module-I	Introduction to Business Analytics,	2 hrs.
Module – II	Become proficient in Excel data tools like Sorting, Filtering, Data validations, Data importing	2 hrs.
Module – III	Use pivot tables filtering and sorting options in Excel to summarize and derive	2 hrs.

	information out of the business data	
Module – IV	Master Excel's most popular lookup functions such as Vlookup, Hlookup	2 hrs.
Module – V	Making Business Dashboards in Excel and Power BI	2 hrs.
Module – VI	Managing data using SPSS and Hypothesis Development	2 hrs.
Module – VII	Parametric Test using SPSS, Independent t test, paired t-test, ANNOVA	4 hrs.
Module – VIII	Non-Parametric Test using SPSS including Chi-square test	2 hrs.
Module – IX	Implement predictive ML models, simple and multiple linear regression	2 hrs.
Soft Skills	Presentation skills and Resume Building	2 hrs.

Each session will be of 1 hour each

Expected outcome: Participants will be motivated to further pursue this field in depth so as to equip themselves with a skill that will give them an edge over other applicants for jobs.

H. Amount Claim: Rs 65,000 funded by RUSA.

J (i) List of Participants:

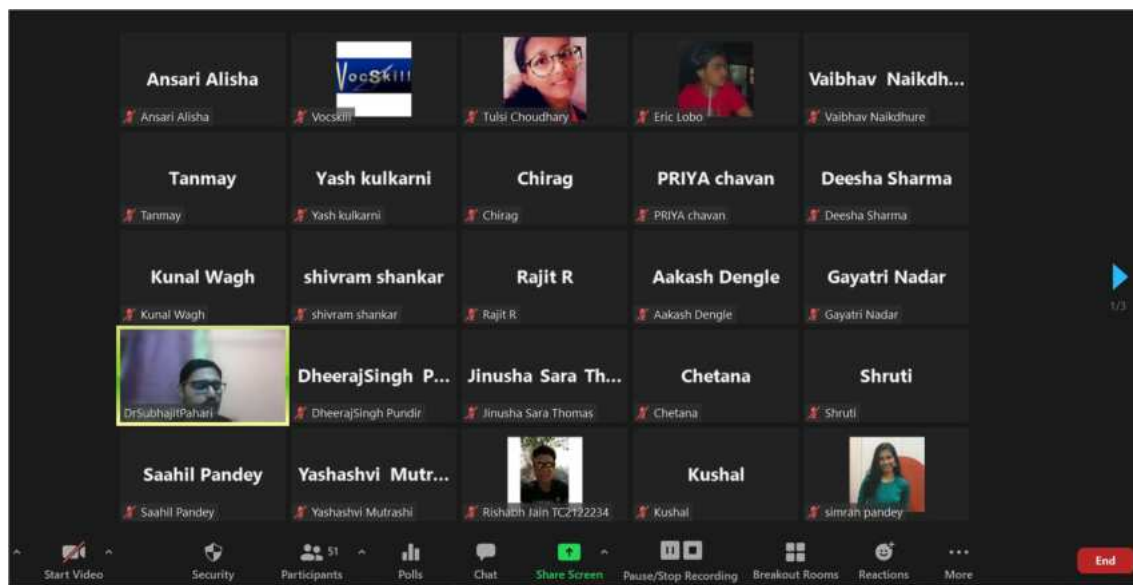
List of Students for Business Analytics Skills course [February 2022]			
Sr.No	Name	Email Id	Mobile No.
1	Amaan Ansari	ansariamaan2424@gmail.com	9029331883
2	Saahil Shailendra Pandey	saahilpande@outlook.com	8291465746
3	Eric frank lobo	loboe173@gmail.com	7678017292
4	Tanmay Murali	tanmaym0500@gmail.com	8451873600
5	Rithika kharwad	rithikakharwad1@gmail.com	9323156102
6	Ansari Alisha Shakeel Ahmed	ansari.raeesaa@gmail.com	9833097034
7	Tulsi Choudhary	tulsichoudhary488@gmail.com	9136913666
8	VAIBHAV SANJAY NAIKDHURE	vaibhavnaikdhure089@gmail.com	9322692409
9	Yash Kulkarni	yashkulkarni735@gmail.com	7977053011
10	Priya chavan	chavanpriya610@gmail.com	9653178232
11	Faiz Nawab Anwar Baig	fb842002@gmail.com	9326781872
12	Fehmeen khan	k.fehmeen786@gmail.com	9136883711
13	Rajit Rao	Rajit800@gmail.com	8850126970
14	Joel Jose	joeljazz2201@gmail.com	9082523073
15	Preeti Saini	preetisaini0760@gmail.com	9869765988
16	Shaikh Tarannum	shaikhtarannum0987@gmail.com	8355959507
17	Jinusha Sara Thomas	jinusha42@gmail.com	9136826575
18	Gloria Pengalanna	gloriapengal2001@gmail.com	9619515692
19	Rahul Ramareddy Eragolla	rahulera3@gmail.com	9137883440
20	Kiran Jadhav	jadhavkiran0027@gmail.com	7506534359
21	Tushar Mahadev Kottagudsha	tusharkottagudsha@gmail.com	7045931740
22	Chetana Rajbhar	chetanarajbhar7@gmail.com	9082922977
23	Aman Yadav	amanashok9920@gmail.com	7738405342
24	Shruti Rao	raoshrutidinesh1331@gmail.com	8369686028
25	Shivram Shankar	shivramshankar2001@gmail.com	7045266850

26	KUNAL M. WAGH	waghk189@gmail.com	9594783318
27	Misba Hajrat Ali Chaudhary	misbachoudhary0@gmail.com	9136181305
28	Florina Fernando	floryfernando121801@gmail.com	8779956679
29	Ramesh Kallandan Nadar	rameshnadar22092001@gmail.com	9892700152
30	Deesha Sharma	deeshasharma16@gmail.com	9664667777
31	Aakash Dengle	aakashdengle@gmail.com	8850256957
32	Sumi Gopalakrishnan	sumigopal01@gmail.com	7977128652
33	Hamsini Anantharaman Iyer	hamsiniiyer2021@gmail.com	9833086246
34	Ripu Kumar	ripusharma368@gmail.com	8355850551
35	Sharanya Nair	sharanyanair969@gmail.com	9146051089
36	Mayuri Harilal Turkewadkar	mayuriht26@gmail.com	8692989908
37	Siddhesh Santosh Padwal	siddheshpadwal46@gmail.com	7506920948
38	Yashica Gupta	yashicagpta@gmail.com	7738958223
39	Ashwati Sunilkumar	ashwatisk@gmail.com	9420425354
40	Akanksha Muruganandham	akanksha.m2609@gmail.com	9987918858
41	BHAGYASHREE MEDHEKAR	bmedhekar46@gmail.com	8779395641
42	Chirag Ramesh Rathod	drefanioun@gmail.com	9892428590
43	Shubhechha Rajesh Gadhave	shubhechhagadhave@gmail.com	8850819976
44	Raj Popat	rpopat51@gmail.com	9022282979
45	ABHISHEK IYER	abhishek.iyer0508@gmail.com	9920601011

J. (ii) Photographs: (The sessions were online so there are no Geo tagged photos)

3 February 2021

Session-1



Recording... View

Business Analytics with Advanced Excel, Power BI and SPSS

Kavita patel. Tc...
Kavita patel. Tc2122266
VocSkill
Vocskill
Sharanya
Sharanya
DrSubhajitPahari
DrSubhajitPahari

Unmute Start Video Security Participants 56 Polls Chat Share Screen Pause/Stop Recording Breakout Rooms Reactions More End

Recording...

File Home Insert Draw Page Layout Formulas Data Review View Share Stop Share Annotate Remote Control More Comments Share

Greater Than
Format cells that are GREATER THAN:
with Light Red Fill with Dark Red Text

	A	B	C	D	E	F	G	H	I
1					Age	Marks			
2					23	70			
3					23	72			
4					22	60			
5				Ranveer	C	20	73		
6				Komal	A	21	61		
7									
8									
9									
10									

DrSubhajitPahari
DrSubhajitPahari
VocSkill
Vocskill
Ansari Alisha
Ansari Alisha
Vishal Varma
Vishal Varma

Type here to search

03/02/2021

Session-2

From Saahil Pandey to Everyone
undo?

	Student Name.	Sec	Age
1	Virat	B	23
2	Sakshi	C	23
3	Rohit	A	22
4	Ranveer	C	20
5	Komal	A	21
6			61

DrSubhajtPahari
DrSubhajtPahari

VocSkill
Vocskill

Ansari Alisha
Ansari Alisha

Vishal Varma
Vishal Varma

Sl No	Name	Class Test 1 (20 Marks)	Class Test 2 (20 marks)	Presentation (10 marks)	Attendance (10 marks)	Total (40 Marks)
1	Aaron Beczman	17	18	8	10	
2	Justin Ritter	15	16	8	10	
3	Craig Reiter	19	16	8	10	
4	Katherine Murray	Absent	Absent	Absent	0	
5	Rick Hansen	16	14	Absent	10	
6	Jim Mitchum	16	15	8	10	
7	Toby Swindell	14	17	Absent	10	
8	Mick Brown	18	17	9	10	

DrSubhajtPahari
DrSubhajtPahari

VocSkill
Vocskill

Ansari Alisha
Ansari Alisha

Sharanya
Sharanya

Recording...

Name of the candidate	Test 1	Test 2	Test 3	Test 4	Total	Average
Ramesh	33	43	34	32	142	
Aditi	45	45	34	48	172	
Suresh	43	44	46	34	167	
Priya	39	36	37	38	150	
Max	45	45	46	48	172	0
Min	33	36	34	32	142	0

Zoom Meeting Controls: Unmute, Start Video, Security, Participants (65), Polls, Chat, Share Screen, Pause/Stop Recording, Breakout Rooms, Reactions, More, End

System Tray: Type here to search, 100%, 26°C, ENG, 19:25, 03-02-2022

Recording... DrSubhajtPahari is talking...

Joanne Rodrigues	Ramesh Nadar	Bushra Khan	Sayuktha Shetty	Kavita patel.
Rithika kharwad	Vocskill	bhagyashree	Asim Kitekar	Bhoomi Singh
Koperuvalavan...	Yashashvi Mutr...	Shruti Rao	Florina Fernando	PRIYA chavan
Vishal Varma	Faiz baig	Sejal	Yashica Gupta	Nirbhay
Sumi Gopalakrishnan	Kaif	Ashwati	Preeti Saini	Amaan Arisari

Zoom Meeting Controls: Unmute, Start Video, Security, Participants (64), Polls, Chat, Share Screen, Pause/Stop Recording, Breakout Rooms, Reactions, More, End

System Tray: Type here to search, 100%, 25°C, ENG, 19:43, 03-02-2022

Zoom Meeting | You are viewing DrSubhajitPahari's screen | View Options

Recording... | Mute | Start Video | Security | Participants | Chat | New Share | Pause Share | Annotate | Remote Control | More

Types of Data

Quantitative
Data that can be measured with numbers, such as duration or speed

- Discrete**
Whole numbers that can't be broken down, such as a number of items
- Continuous**
Numbers that can be broken down, such as height or weight
 - Interval**
Numbers with known differences between variables, such as time
 - Ratio**
Numbers that have measurable intervals where difference can be determined, such as height or weight

Qualitative
Non-numerical data that is categorical, such as yes/no responses or eye colour

- Nominal**
Data used for naming variables, such as hair colour
- Ordinal**
Data used to describe the order of values, such as 1 = happy, 2 = neutral, 3 = unhappy

Unmute | Start Video | Security | Participants | Polls | Chat | Share Screen | Pause/Stop Recording | Breakout Rooms | Reactions | More

Type here to search | 24°C Haze | 19:19 | 16-02-2022

Participants: Nirbhay's Galaxy M11, VocSkill, Abhishek Iyer 024, Shaikh Tarannum, Gloria Pengakone, **DrSubhajitPahari**

Activate Windows | Go to Settings to activate Windows | End

Zoom Meeting | You are viewing DrSubhajitPahari's screen | View Options

Recording... | Mute | Start Video | Security | Participants | Chat | New Share | Pause Share | Annotate | Remote Control | More

File | Home | Insert | Layout | References | Send | View | Review | Help

Analysis of 3 Yrs. Sales

Year: 2016, 2017, 2018 | Gross Sales Amt by Cust_Type: 41M, 15.56K, 409

Sales by Sales_Seg: [Bar chart showing sales by segment]

Gross Sales Amount by Month: [Bar chart showing monthly sales]

Fields: Search, Visualizations, Filters

Page 1 of 3 | Type here to search | 2004 | 16-02-2022

Unmute | Start Video | Security | Participants | Polls | Chat | Share Screen | Pause/Stop Recording | Breakout Rooms | Reactions | More

Type here to search | 23°C | 2004 | 16-02-2022

Participants: 43 | **DrSubhajitPahari**

Annexure:

- i. List of Participants
- ii. Photographs of Seminar/Workshop

Report Prepared by

Signature: 

Name: CA Avin K. Shah

Department: Commerce

Designation: Convener, Assistant Professor



Signature of HOD, Commerce



Report

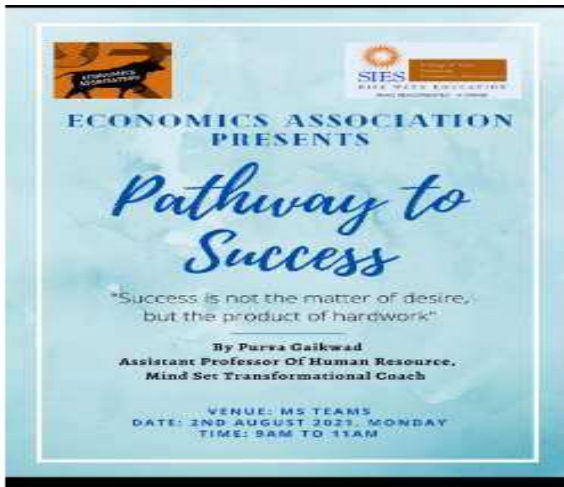
- A. Title of the Workshop: Pathways to Success**
- B. Background:** The workshop was interactive, and students were prompted to come out with their goals and how to make it achievable by INCRED process (Intelligible, Navigate, Challenging, Real and Exact).
- C. Aims/Objectives: 1.** to provide students with a platform to bring into them confidence to chart their goals and to show them how to live a successful & happy life.
- D. Location: MS Teams**
- E. Target audience/participants with expected number:** 46 (TYBA Economics Students).
- F. Session and name of Resource Persons:** Ms. Purva Gaikwad, Mindset Transformation Coach, and Professor of Human Resource Management.
- G. Outcome:** The overall feedback of students was positive, and they demanded to organize more of such programs.
- H. Funding if any: (Mention the name of the funding agency and amount received) NA**
- I. Annexures:**
- i. List of Participants**

Shruti Panday	Joined	8/2/2021, 8:58:05 AM
NAVIN CHANDRASEKHARAN	Joined	8/2/2021, 8:58:05 AM
NAOMI NITIN BANSODE	Joined	8/2/2021, 8:58:05 AM
ANEETA KISHOR SOLANKI	Joined	8/2/2021, 8:58:05 AM
BENITA BERNARD RODRIGUES	Joined	8/2/2021, 8:58:05 AM
BRITHA MUNIASWAMY NADAR	Joined	8/2/2021, 8:58:05 AM
REVATHY RAMCHANDRAN	Joined	8/2/2021, 8:58:05 AM
ATUL TOMS	Joined	8/2/2021, 8:58:05 AM
KULSOOM ASAD RAZA NAQVI	Joined	8/2/2021, 8:58:05 AM

		AM
		8/2/2021, 8:58:05
TARANNUM JILANI SHAIKH	Joined	AM
		8/2/2021, 8:58:06
VARUN PEETHAMBARAN NAIR	Joined	AM
		8/2/2021, 8:58:06
ANSHUMAN DOHARE	Joined	AM
		8/2/2021, 8:58:06
NIRBHAY SUNIL THAKUR	Joined	AM
		8/2/2021, 8:58:06
KALPANA RAJU KUPPAR	Joined	AM
HAMSINI ANANTHARAMAN		8/2/2021, 8:58:06
IYER	Joined	AM
		8/2/2021, 8:58:06
AAKARSHA SINGH	Joined	AM
GUNALAKSHMI LAKSHMI		8/2/2021, 8:58:06
NADAR	Joined	AM
		8/2/2021, 8:58:06
PRIYANKA TUKARAM KADAM	Joined	AM
		8/2/2021, 8:58:06
FLORINA MICHEAL FERNANDO	Joined	AM
		8/2/2021, 8:58:06
Purva Gaikwad (Guest)	Joined	AM
		8/2/2021, 8:58:17
Shaikh Noorul Islam Fiza	Joined	AM
		8/2/2021, 8:58:35
LOHIT DINESH UCHIL	Joined	AM
		8/2/2021, 8:58:35
Aftab Muzaffar Sayyed	Joined	AM
		8/2/2021, 8:58:51
DHANALAXMI MURUGESAN	Joined	AM
		8/2/2021, 8:58:52
Shubham Sagar Sutar	Joined	AM
		8/2/2021, 9:00:23
KIRTI SURESH KUMAR VERMA	Joined	AM
		8/2/2021, 9:00:25
JAQULINE JOSEPH PALATHRA	Joined	AM
Ankush Dashrath Dashrath		8/2/2021, 9:00:28
Prasad	Joined	AM
		8/2/2021, 8:59:07
ASHNI RAGHURAM SHETTY	Joined	AM
		8/2/2021, 8:59:17
Shresth Sanjay Jaiswal	Joined	AM
		8/2/2021, 8:59:26
SHADAAN EHSAAN KHAN	Joined	AM
		8/2/2021, 8:59:42
JANHAVI PRABEER DASS	Joined	AM
Komal Rajesh Singh	Joined	8/2/2021, 8:59:42

		AM
		8/2/2021, 8:59:48
AKANSHA MOHAN OBEROI	Joined	AM
		8/2/2021, 8:59:54
Shrutika Ashok Shinde	Joined	AM
		8/2/2021, 9:00:23
KIRTI SURESH KUMAR VERMA	Joined	AM
		8/2/2021, 9:00:25
JAQULINE JOSEPH PALATHRA	Joined	AM
Ankush Dashrath Dashrath		8/2/2021, 9:00:28
Prasad	Joined	AM
		8/2/2021, 9:00:29
ACHSAH KOTTAIDURAI	Joined	AM
		8/2/2021, 9:00:34
SHAIKH ANAS NISSAR	Joined	AM
		8/2/2021, 9:00:53
APEKSHA RAJENDRA SHETTY	Joined	AM
		8/2/2021, 9:00:54
Shivani Bhaskar Samala	Joined	AM
		8/2/2021, 9:00:54
Khushboo Dulal Das		AM
		8/2/2021, 9:00:54
Ritto Reji Chacko		AM

ii. Photographs (Geotagged)



Purva Gaikwad

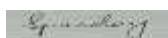
Signature of HOD



Report

- A. Title of the Workshop: Enhancing the Skill of Research: Use of R tools software for Data Analysis**
- B. Background:** The program was conducted through MS Teams, with the objective of introducing R tools for data analysis. Students were taught to download R studio, enter formula, and describe data characters. The entire workshop was followed by hands on training on HDI Data.
- C. Aims/Objectives:**
1. Enhancing the skill by learning Use of R Programming tools for research.
 2. Understand research design and analyze numerical data using Use of R Programming.
- D. Location:** MS Teams (Online)
- E. Target audience/participants with expected number:** Third Year Economics students, 19 students.
- F. Session and name of Resource Persons:** Dr Sandhya Krishnan , Faculty, MDAE, Mumbai and Bhavesh Salunkhe, Research Fellow, Mumbai University.
- G. Outcome:** 1. Students agreed that workshop was beneficial and fulfilled the objectives of introducing R tools and data handling through R.
- H. Funding if any: (Mention the name of the funding agency and amount received)**
RUSA funded, Amount, 10,450.
- I. Annexures:**
- i. List of Participants

Full Name	User Action	Timestamp
Shruti Panday	Joined	2/28/2022, 6:52:42 PM
KULSOOM ASAD RAZA NAQVI	Joined before	2/28/2022, 6:52:42 PM
VARUN PEETHAMBARAN NAIR	Joined before	2/28/2022, 6:52:42 PM
HAMSINI ANANTHARAMAN IYER	Joined	2/28/2022, 6:52:47 PM
SAMPATH SAMBASIVAN	Joined	2/28/2022, 6:53:18 PM
SAHERISH NAUSHAD SHAIKH	Joined	2/28/2022, 6:53:41 PM
NAVIN CHANDRASEKHARAN	Joined	2/28/2022, 6:54:10 PM
HASTI MUKESH SHAH	Joined	2/28/2022, 6:56:08 PM
BENITA BERNARD RODRIGUES	Joined	2/28/2022, 6:56:15 PM
JANHAVI PRABEER DASS	Joined	2/28/2022, 6:56:16 PM
TARANNUM JILANI SHAIKH	Joined	2/28/2022, 6:56:21 PM
ASHNI RAGHURAM SHETTY	Joined	2/28/2022, 6:57:00 PM
ATUL TOMS	Joined	2/28/2022, 6:57:32 PM
NAOMI NITIN BANSODE	Joined	2/28/2022, 6:57:35 PM
MANAAL MANOJ INDULKAR	Joined	2/28/2022, 6:58:19 PM
AAKARSHA SINGH	Joined	2/28/2022, 6:58:35 PM
Bhavesh Salunkhe (Guest)	Joined	2/28/2022, 6:59:10 PM
APEKSHA RAJENDRA SHETTY	Joined	2/28/2022, 6:59:56 PM
FLORINA MICHEAL FERNANDO	Joined	2/28/2022, 7:00:49 PM
ANEETA KISHOR SOLANKI	Joined	2/28/2022, 7:03:16 PM
LOHIT DINESH UCHIL	Joined	2/28/2022, 7:04:43 PM
REVATHY RAMCHANDRAN	Joined	2/28/2022, 7:05:43 PM
NIRBHAY SUNIL THAKUR	Joined	2/28/2022, 7:06:18 PM



Signature of HOD

Name: Dr shruti R Panday

Department: Economics

Designation: Head, Economics Department

Report of the RUSA sponsored 5-Day Online workshop ‘Skill Enhancement and Career Guidance’ conducted by the Department of English from 7-11 February 2022.

A. Title: ‘Skill Enhancement and Career Guidance after B.A.’

B. Background: The intention of conducting this workshop is to encourage students to explore different avenues in careers and to expose them to the various options available to them from the experts in the field.

C. Objectives: -

- To introduce students to diverse fields of study/occupation after TYBA
- To improve language skills
- To understand the requirements to become a professional translator
- To be aware of journalistic media and its various types
- To develop understanding of the concept, meaning and aims of education.

D. Location: Online (via M S Teams)

E. Target audience with expected no. : Third Year B.A. students, 100-150.

F. Details of sessions: The English Association of SIES College of Arts, Science and Commerce, Autonomous, Sion (W) organized a 5- day RUSA sponsored online "Skill Enhancement and Career Guidance Workshop" from Monday 7th February to Friday 11th February, 2022 for 2 hours from 4:00pm to 6:00 pm for all the final year students of the institution. More than 60 students and staff members attended the workshop from across different streams of the TY Batch of the college.

Day 1: The Department had invited Mr. Rajat Nair, IELTS Trainer, employed at Collegedunia as the guest speaker on 7th February, Day 1, of the workshop. Mr. Nair guided the students about the IELTS Examinations, its format, types of questions asked, and the criteria, along with the basis of the scoring band. He also held a live demonstration of cue card questions with the students that was very engaging and interesting for the students. The workshop was indeed an informative and valuable discussion regarding the various career aspects and certifications available to students after graduation. This was followed by a Q&A session where Mr. Nair answered all the questions voiced by the audience. The introduction and vote of thanks was proposed by TYBA English Literature students.

Day 2: On 8th February, Day 2 of Skill Enhancement and Career Guidance Workshop, the speaker for this session was Mr. Vikrant Pande, translator and author. The session was all about the field of Translation, its intricacies and nuances. Mr. Pande spoke for two hours relaying his first-hand experiences in the field of translation with great enthusiasm. He gave students examples of words and phrases from various languages by translating them and discussed the joys and difficulties of translating from the original work. Having piqued the curiosity of everybody present, the participants had a lot of questions at the end of the session relating to the field of translation. Mr. Pande gladly took them up and cleared all the doubts.

Day 3: On 9th February, Day 3 of the Workshop the resource person of the day was Mrs. Subha Pande, translator and CELTA trainer. Translation activities were conducted by Mrs. Pande, who gave the students passages in regional languages and asked them to translate the passages. A review of the work was then conducted. She also gave a brief summary explaining how and why translations are necessary and how translations can either make or break the essentialities of the original work. Mrs. Pande then took steps towards the career aspects as a translator and opened the gates to a variety of options available to us. She shared various resources and encouraged the students to use them in their work. More than 50 students and staff attended this session.

Day 4: On 10th February, Day 4 of the Workshop, the guest speaker was Ms. Shayonnita Mallik, a Media Professional in Journalism and Advertising. Ms. Mallik started off the session by explaining Journalism in detail and then went on to explain the job roles and workings of a newsroom. Students were given an idea about how much hard work goes on behind the scenes of a television news broadcast and publishing of newspapers. She also shared valuable and vital tips that gave the students clarity regarding Journalism as an interesting career option, the courses available and job opportunities. It was a very interactive session and many questions were addressed. The session include an interactive activity given to the students, which involved active participation from the students as well as the staff.

Day 5: 11th February, Day 5 of the workshop was divided into two 1 hour sessions. The first session from 4:00 p m to 5:00 pm was conducted by Miss Shilpa Uparkar, an alumna of the Department of English, SIES College and currently working as an English teacher and the Head of department at the B.D. Somani International School. Miss Uparkar listed out for the participants the duties and responsibilities of teaching English in an International school and the requirements of being eligible to teach in an international board in the country and the differences in eligibility requirements from other national curriculums. She also explained in detail the pros and cons of teaching an international curriculum, citing examples from her own professional experiences. This session was especially noteworthy for the number of questions that poured in from attendees and the interaction that ensued from the session. Participants were curious to know from Miss Uparkar about the difference in teaching in an IB Board from an ICSE Board, eligibility to teach in a government institution and Kendriya Vidyalaya, preparations required for M.A. in English, which route is better-doing B-Ed after M.A or M.A after B-Ed, the skills required for an English teacher to make students grasp the language. The second session on Day 5 of the Workshop began precisely at 5pm with the resource person, Miss Padma Brahma who currently teaches the International Baccalaureate Programme in an international school in Bangalore. Since she had travelled to places all over the country like Dehradun, Udaipur and Surat, and taught in various boards Miss Brahma had gained a lot of experience in teaching in residential schools and she began her session by explaining the pros and cons of teaching there. Then she moved to briefing the advantages and disadvantages of teaching in day schools so that the attendees, especially those who aspire to become teachers in the future, get a clear idea of the difference in teaching in both environments. After that, Miss Brahma described a career in teaching in an International Baccalaureate (IB) school and talked about things like the diversity of subjects, range of schools, skill development, teacher training avenues and affiliated careers. She gave examples from her own experience and showed how it is important to be tech savvy and research about every opportunity to gain experience before landing the dream job. She ended her talk by providing online resources for IB certificates in teaching and learning. This was followed by a question-and-answer session where attendees

asked Miss Padma Brahma about internship opportunities at the British Council since she was a freelancer there, about teaching opportunities in Bangalore, about the essential things that recruiters look for while hiring teachers for IB schools. The session was truly fruitful and Miss Padma Brahma had valuable advice and tips for aspiring teachers.

The workshop was a success gauged by the feedback which was collected after the sessions, as the students gained a clear insight into the workings of all these different fields they can enter in the future after their graduation. Altogether 63 TY students and 4 staff members attended the sessions.

Names of Resource Persons:

1. Mr. Rajat Nair
2. Mr. Vikrant Pande
3. Mrs. Subha Pande
4. Ms. Shayonnita Malik
5. Ms. Shilpa Uparkar and
6. Ms. Padma Brahma

G. Expected Outcome:

Participants will learn about:

the details of working on translations from English to regional languages and vice versa, job opportunities and funding available in that field.

The studies involved and the pattern of IELTS examination and the opportunities available after IELTS training.

Media and its workings, the job opportunities and training in that field.

Explore the training and job opportunities in the field of education.

And Language skills will be improved.

Funding agency: RUSA

H Amount Claim:

Mr. Rajat Nair Rs. 2000/

Mr. Vikrant Pande Rs. 2000/

Mrs. Subha Pande Rs. 2000/

Ms. Shayonnita Malik Rs. 2000/

Ms. Shilpa Uparkar -Rs. 1000/-

Ms. Padma Brahma-Rs. 1000/

Total amount : Rs. 10,000/-

J. Photographs Annexure: 1

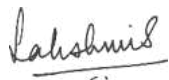
i. Detail of the Resource persons:

1. Mr. Rajat Nair works as a Senior IELTS trainer with Collegedunia Pvt. Ltd, a leading EdTech firm headquartered in Delhi.
2. Vikrant Pande has (till Jan 2022) published 12 translations from Marathi bestsellers into English some of them being Ranjit Desai's Raja Ravi Varma, Shreeman Yogi (Shivaji the Great Maratha) and Radheya (Karna the Great Warrior), NS Inamdar's Rau, The Love Story of Bajirao-Mastani, Milind Bokil's Shala amongst others. His translation of Girish Kuber's Tatayan as The Tatas- How a Family Built a Business and a Nation got the Gaja Capital best business book award for the year 2019.
3. Subha Pande is a translator based in Vadodara, Gujarat. She is fluent in six Indian languages. She works with multiple languages. She has several translated publications to her credit.
4. Shayonnita Mallik is a media professional with 5+ years of experience in journalism and advertising. She started her journey as a spirited News Producer at TV channel Mirror Now alongside Faye D'Souze producing breaking news and Morning Television.
5. Ms. Shilpa Uparkar is currently an English teacher and the Head of department at the B.D. Somani International School. She is also completing her PhD from Mumbai University.
6. Padma R. Brahma has an M.Phil in Literature from Mumbai University. She has worked as a freelancer at British Council, Mumbai after which she moved to various places like Dehradun, Udaipur and Surat on school teaching assignments. She now lives in Bengaluru and teaches IBDP Language and Literature at an international school.

ii. List of Participants: Attachment 1

iii. Photographs of Workshop: Attachment 2

Signature:



Name : Dr. Lakshmi Muthukumar

Head, Department: English

Attachment 2- Photographs of the RUSA sponsored 5-Day workshop on Skill Enhancement and Career Guidance

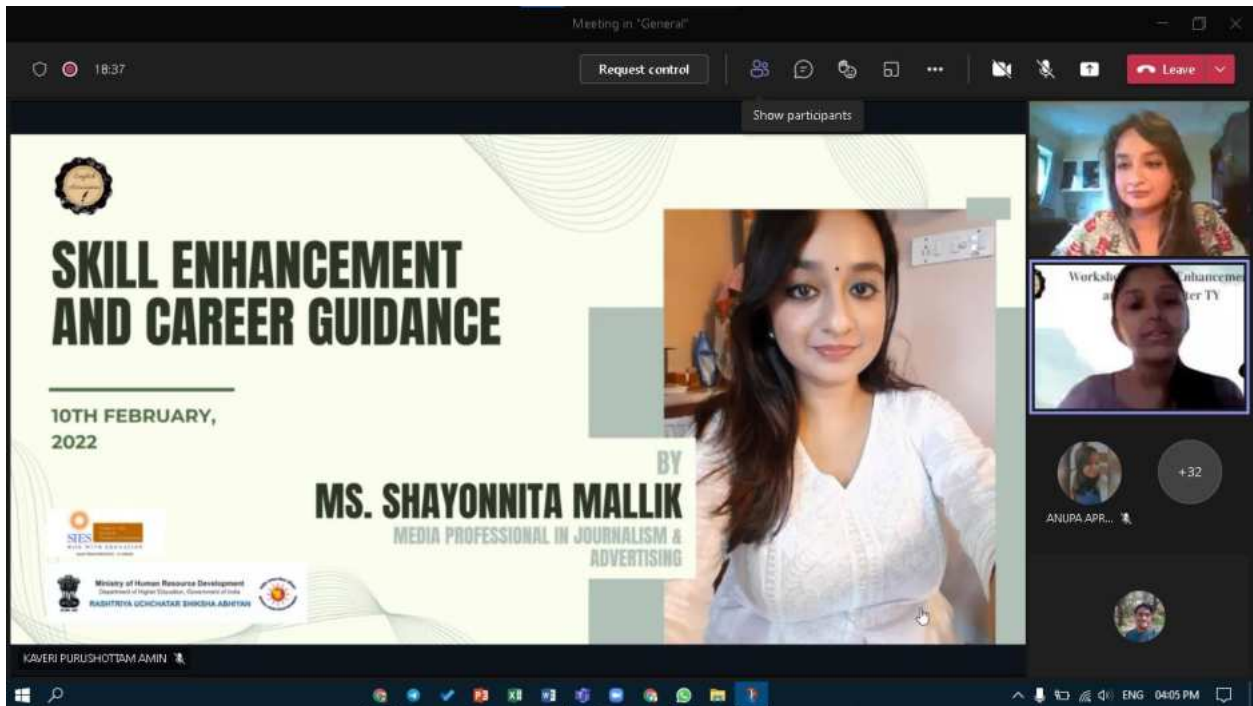


Mr. Vikrant Pande

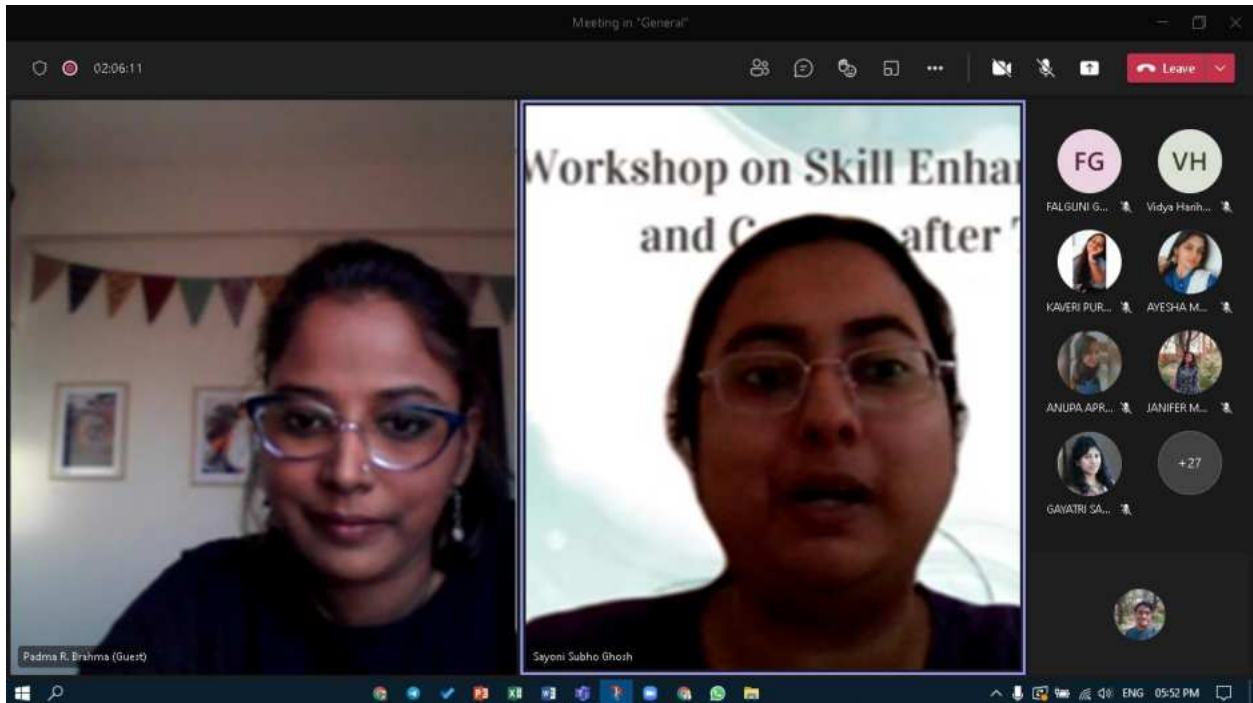


Mr. Rajat Nair

Attachment 2- Photographs of the RUSA sponsored 5-Day workshop on Skill Enhancement and Career Guidance



Ms. Shayonnita Mallik



Ms. Padma Brahma

Department of English

Attachment 2- Photographs of the RUSA sponsored 5-Day workshop on Skill Enhancement and Career Guidance



The attendees with Ms. Shilpa Uparkar

Attachment 2- Photographs of the RUSA sponsored 5-Day workshop on Skill Enhancement and Career Guidance

Sr no.	Name	Day 1	Day 2	Day 3	Day 4	Day 5	Total %
1	Amisha Hanumantha Marathe	✓	✓	✓	✓	✓	✓
2	Ananya Paramban	✓	✓	✓	✓	✓	✓
3	Angel Cyril Dias	✓	✓	✓	✓	✓	✓
4	Anu Shaji	✓	✓	✓	✓	✓	✓
5	Anupa Mukhopadhaya	✓	✓	✓	✓	✓	✓
6	Ashish Edwin	✓	✓	✓	✓	✓	✓
7	Ayesha M. Asif Khan	✓	✓	✓	✓	✓	✓
8	Deanne Dsilva	✓	✓	✓	✓	✓	✓
9	Deesa Chetan Nagda	✓	✓	✓	✓	✓	✓
10	Deshpande Sanika Rajesh	✓	✓	✓	✓	✓	✓
11	Elizabeth Raphy Chazookaran	✓	✓	✓	✓	✓	✓
12	Gayatri Sapan Roy	✓	✓	✓	✓	✓	✓
13	Janhavi Prabeer Dass	✓	✓	✓	✓	✓	✓
14	Janifer Madhi Gunasheelan	✓	✓	✓	✓	✓	✓
15	Jeni Flora Mathews	✓	✓	✓	✓	✓	✓
16	Kaveri Purushottam Amin	✓	✓	✓	✓	✓	✓
17	Leahra Travasso	✓	✓	✓	✓	✓	✓
18	Mikhail Keith Peacock	✓	✓	✓	✓	✓	✓
19	Misba Idrisi	✓	✓	✓	✓	✓	✓
20	Nidhi Rachel Saji	✓	✓	✓	✓	✓	✓
21	Nimisha Achari	✓	✓	✓	✓	✓	✓
22	Pooja Durairaj Chettiar	✓	✓	✓	✓	✓	✓
23	Samuel A. Kumar	✓	✓	✓	✓	✓	✓
24	Sayoni Ghosh	✓	✓	✓	✓	✓	✓
25	Shaina Shah	✓	✓	✓	✓	✓	✓
26	Shejal Raju Thomas	✓	✓	✓	✓	✓	✓
27	Siya Sood	✓	✓	✓	✓	✓	✓
28	Sneha Jacob.	✓	✓	✓	✓	✓	✓
29	Stephy Thomas	✓	✓	✓	✓	✓	✓
30	Vadakkan Shreya Martin	✓	✓	✓	✓	✓	✓
31	Zainab Rashid Sayyed	✓	✓	✓	✓	✓	✓
32	Falguni Ghole	✓	✓	✓	✓	✓	✓
33	NACHIKETA RAJESH THAKER	✓	✓	✓	✓	✓	✓
1	Pradeep Jogi	✓	✓		✓	✓	
2	Primuswala Zainab Naushad	✓		✓	✓	✓	
3	Reon Pinto		✓	✓	✓	✓	
4	Evanshi Mavani	✓	✓		✓	✓	

Attachment 2- Photographs of the RUSA sponsored 5-Day workshop on Skill Enhancement and Career Guidance



SIES College of Arts, Science and Commerce. Autonomous.

Sion West. Mumbai 40022

Gender Sensitization Cell Report 2021-22

Following events were conducted by Gender Sensitization Cell in the academic year 2021-22

Name of the event: **“Expressions”** Under Utkarsha the literary fest of the College

Event type: Intercollegiate poster and slogan competition

Date: 22nd February 2022

Participants: 29 Students

Brief note about the event: Students expressed their views on the topics: Gender and Violence, Changing Gender Role and Gender equality by submitting Posters and Slogans. The event was judged by Dr. Swasti Dhar, Assistant Professor from MES's Pillai College of Education & Reseach, Chembur.

Name of the event: **“The Protection of Women from Domestic Violence Act, 2005”**

Event type: Guest lecture

Date: 28th January 2022


Participants: Students (62 students participated)

Brief note about the event: The key speaker of the session was Adv. Arun Ramchandra Gaikwad, an esteemed Criminal lawyer. Adv. Gaikwad discussed the definition of Domestic violence as per the act, types of domestic violence and Rights mentioned under articles 14, 15 and 21. Questions like: Who can file the case? Who can be held responsible for domestic violence was very well explained by the speaker.

Report

- A. Title of the Course: Diploma Course in Translation Hindi to English & Vice-Versa.**
- B. Background: Topics related to Translation are there in the Syllabus at Graduation level. Students were keen to know about various processes, skills, opportunities and challenges in field of Translation.**
- C. Aims/Objectives:** 1) To explore & sharpen the skills of students required for Translation.
2) To give students detailed information about various types & processes of Translation.
3) To introduce & impart all the required skills for creative writing & official documents of translation.
5) To make students aware about the new trends & challenges in the field of Translation.
- D. Location: SIES College of Arts, Science and Commerce (Autonomous), Sion (West) Mumbai-4000 22**
- E. Target audience/participants with expected number: 07 Students**
- F. Details of Sessions: 2 Semesters Diploma course with 2 different papers: 1) Anuvaad: Saidhantik Vivechan 2) Anuvaad: Anuprayog avam Vyavahaarik Anuvaad karya.**
- G. Session and name of Resource Persons: Dr. Dinesh Pathak teach both the papers.**
- H. Outcome:** 1. Diploma Course imparted students detailed information about various types & processes of Translation.
2. Imparted all the required skills for creative writing & translation skills for official documents translation.
3. Made aware students about the new trends & challenges in the field of Translation.
- I. Funding if any: -**
Annexures:
i. List of Participants

Report Prepared by

Signature: 

Name: Dr. Dinesh Pathak

Department: Hindi

Designation: HOD


Signature of HOD

Report

- A. Title of the Seminar: Patrakarita Va Anuvaad mein Rojgaar ke Avsar, Avashyak Kaushal Tatha Chunautiyan (2Days National Seminar 11th & 12th March, 2022)
- B. Background: Topics related to Journalism and translation are there in the Syllabus at Graduation level. Students were keen to know about various processes, skills, opportunities and challenges related to both fields.
- C. Aims/Objectives: 1) To explore & sharpen the skills of students required for Journalism & Translation.
2) To give students detailed information about various types & processes of Journalism.
3) To give students detailed information about various types & processes of Translation.
4) To introduce & impart all the required skills for creative writing & official documents of translation.
5) To make students aware about the new trends & challenges in both professions.
- D. Location: SIES College of Arts, Science and Commerce (Autonomous), Sion (West) Mumbai-4000 22
- E. Target audience/participants with expected number: 50 Students
- F. Details of Sessions: 1 Inauguration & 5 Technical Sessions were there in both days of the seminar.
- G. Session and name of Resource Persons:
1) Dr. Kripashankar Pandey 2) Dr. Sanjay Dwivedi 3) Dr. Anil Singh 4) Shri Neelkanth Pratakar 5) Shri Sunderchand Thakur 6) Dr. Suchi Yadav 7) Runa Ashish 8) Harish Pathak 9) Dr. Satish Pandey 10) Dr. Ravindra Katyayan 11) Shri Bhuvendra Tyagi 12) Dr. Balkavi Suranje 13) Shri Ramesh Yadav 14) Dr. Hubnath Pandey 15) Dr. Usha Mishra 16) Shri Ramakant Sharma 17) Shri Lalit Chhajed
- H. Outcome: 1) The Seminar has given in detail information regarding the fields of journalism and translation.
- I. Funding if any: RUSA 1,41,000/-
- J. Annexures:
i. List of Participants
ii. Photographs

Report Prepared by

Signature:



Name: Dr. Dinesh Pathak

Department: Hindi

Designation: Department of Head


Signature of HOD



Inaugural Session.



क्रम सं.	नाम	Resource - persons & delegates		हस्ताक्षर
		संस्थान	मोबाइल नं.	
1	डॉ. भावती प्रसाद उपाध्याय	संत जैविधर महाविद्यालय	7738546598	भावती
2	नीलकंठ पारकर	वरिष्ठ फार्मासूट	9757426513	नीलकंठ
3	डॉ. वैशाली जायसिंगे	स्नातकोत्तर महाविद्यालय	9820766683	वैशाली
4	प्रो. कृष्णराव पाठे	हिंदी प्रिमास, एम. ए. प्रि. प्रि. प्रि.	9904523706	कृष्णराव
5	प्रो. संजय दिवेदी	भारतीय जनसंघ संस्थान, दिल्ली	9893598888	संजय
6	Dr. Shuchi Padar Sunderchand Thakur	Centre for Media Studies, J.N.U., N. Delhi. NBT Mumbai	9818408501 9987500520	Shuchi
7	Dr. Mithilesh Sharma	R.J. College, Uhatkolapur	9321192900	Mithilesh
8	Harish Pathak		9532731770	Harish
9	रवींद्र आताप	intainecon@gmail.com	9324389238	रवींद्र
10	प्रदीप चतुर्वेदी	डूबले केंद्र मुंबई	907910421	प्रदीप
11	डॉ. बालकवि सुरेजे	बी.के. किल्ला महाविद्यालय (स्वायत्त), कल्याण	8080367507	बालकवि
12	डॉ. रमेश शंकर	केतन बैंक, मुंबई	9820759088	रमेश
13	डॉ. उषा मिश्रा	श्रीमती एम.एम.बी. शाह महिला प्रवि. शाळा	982137828	उषा
14	मुकेन्द्र टाणी	नवभारत टाइम्स	9869176433	मुकेन्द्र
	कुंजनाथ पांडे	मुंबई विश्वविद्यालय	9969016972	कुंजनाथ
15	डॉ. मंगल दुबे	केंद्रीय संस्कृत विश्वविद्यालय	9920287301	मंगल
16	डॉ. गीता दुबे	संस्कृत आदर्श संस्कृत महाविद्यालय		गीता
17	ललित एम.एस. I-jyo Media Director	केंद्रीय संस्कृत विश्वविद्यालय क. जे. जे. जे. वरिष्ठ, मुंबई	9867827234	ललित
		I-jyo Media Pvt. Ltd Mumbai		
18	डॉ. रमेश शर्मा	भारतीय रिजर्व बँक	9833443274	रमेश

क्र. सं.	नाम	संस्थान Students	मोबाइल न.	हस्ताक्षर
1)	जैनेश्वर देशमुख	एस. आई. ई. एस महाविद्यालय	9136601000	<i>Saini</i>
2)	अंशुया बानू तंबोली	एस. आई. एस महाविद्यालय	9167547112	<i>Anshu</i>
3)	अश्लीया आलम	एम. एम. पी साह कॉलेज	8898526437	<i>Anshu</i>
4)	खान शानिया वकार	एम. एम. पी साह कॉलेज	7506715893	<i>Shu</i>
5)	मालिक शरमीन	एम. एम. पी साह कॉलेज	7045720547	<i>Shamim</i>
6)	रैबेका राजू	एम. एम. पी साह कॉलेज	7020640186	<i>Reba</i>
7)	शेख अलमास	एस. एस. पी साह कॉलेज	8828191297	<i>Shah</i>
8)	सिमरन कुशीब	के. सी. कॉलेज	7208895342	<i>Simran</i>
9)	प्रिया मिश्रा	के. सी. कॉलेज	7718935072	<i>Priya</i>
10)	प्रति चव्चर	एस. आई. ई. एस महाविद्यालय	9136202287	<i>Preeti</i>
11)	दिव्या गोपकुमार	एस. आय. ई. एस महाविद्यालय	6238968920	<i>Divya</i>
12)	नेहा दुबे	एस. आय. ई. एस महाविद्यालय	9769613618	<i>Neha</i>
13)	खान अक्सा अजीम	एस. एन. डी. टी युनिवर्सिटी माटुंगा	9326612603	<i>Aksh</i>
14)	अनम इंदिरा	एस. एन. डी. टी. युनिवर्सिटी माटुंगा	7045434467	<i>Anam</i>
15)	खान अरसमा	एस. एन. डी. टी. युनिवर्सिटी माटुंगा	9867131036	<i>Arsum</i>
16)	संध्या गेंड	एम. एम. पी साह कॉलेज	9930549347	<i>Sandhya</i>
17)	कुलसुम शैख	एम. एम. पी साह कॉलेज	9372864495	<i>Kulsum</i>
18)	शिवानी परमार	एम. एम. पी साह कॉलेज	8689864731	<i>Shivani</i>
19)	शामा इय्यरिमी	एस. आई. ई. एस महाविद्यालय	8104699705	<i>Shama</i>
20)	खान सायमा	— / / —	9137514399	<i>Saima</i>
21)	दुबका दुवा देसाई	— / / —	9892933133	<i>Dubka</i>
22)	सोनी विश्वकर्मा	एस. आई. ई. एस महाविद्यालय	8828176407	<i>Soni</i>
23)	आरुशी शाह	एस. आई. ई. एस महाविद्यालय	9082751850	<i>Arushi</i>
24)	खानसाना	एस. एन. डी. टी कॉलेज	9004097017	<i>Khansana</i>
25)	प्रतिमा गुप्ता	एस. एन. डी. टी कॉलेज	8356994156	<i>Pratima</i>
26)	रक्षा मिश्रा	SIES	9326445861	<i>Raksha</i>
27)	नमीमा मंरुरी	SIES College	8104815090	<i>Namima</i>
28)	अनीशा	SIES College	7738855096	<i>Anisha</i>
29)	अमराह कुश्या	Sies college	9819562636	<i>Amraha</i>
30)	प्रमती गोदिल	Sies college	858689967247	<i>Prmati</i>

क्रमांक	नाम	संस्थान	मोबाईल नं	हस्ताक्षर
31.	शिवरिनि खान	SIES college	9029284002	
32.	उदय कैंकरा	S.I.E.S college	7506429031	
33.	अनिरुध टाटा	S.I.E.S College	9869796935	
34.	फारहीन शेख	SIES College	9653339794	
35.	Ayesha Shai'kh	S.I.E.S College.	9867602524	
36.	अंजली भारती	S.I.E.S college	9967236785	
37.	मयुरी रुपारेल	S.I.E.S college	9821803362	
38.	मेहवीरा शेख	S.I.E.S college	9619153325	
39.	शारिजा खान	S.I.E.S College	8355934562	
40.	Abarna Marthumar	S.I.E.S college	9987618484	
41.	Ganiksha Naiv	S.I.E.S college	7506637594	
42.	मसानंम कोनर	S.I.E.S college	7304181774	
43.	हेतवी भाला	S.I.E.S college	8692858023	
44.	अक्षता सायियन	S.I.E.S. college	9920922907	
45.	निवाला शकुल	S.I.E.S college	7304338674	
46.	शकुल गडोड	K.C. College	8097621628	



मेरी के हिंदी
संकेत में
नजर आये
बरुग?
•P10

NPT

संडे नवभारत टाइम्स

पुस्तक के विशेष
के लक्षण के
विश्लेषण के
से रकम
•FP



रुसा द्वारा संपोषित एवं एस.आई.ई.एस. महाविद्यालय के हिंदी विभाग द्वारा आयोजित राष्ट्रीय संगोष्ठी के उद्घाटक डॉ. संजय द्विवेदी (महानिदेशक, भारतीय जनसंचार संस्थान, नई दिल्ली) का स्वागत करते हुए महाविद्यालय की प्राचार्य डॉ. उमा शंकर, डॉ. कृपाशंकर पांडेय एवं अन्य अतिथि। 'पत्रकारिता व अनुवाद में रोजगार के अवसर, आवश्यक कौशल एवं चुनौतियाँ' विषयक संगोष्ठी में डॉ. संजय द्विवेदी ने कहा कि ज्ञान समाज के निर्माण में भारतीय भाषाओं की भूमिका महत्वपूर्ण होगी। नीलकंठ पराटकर, डॉ. शुचि यादव, भुवेंद्र त्यागी, रुना आशीष, हरीश पाठक, डॉ. सतीश पांडेय, डॉ. रवींद्र कात्यायन आदि ने संबोधित किया। अतिथियों का परिचय हिंदी विभाग के अध्यक्ष डॉ. दिनेश पाठक ने दिया।

Report

- A. Title of the event : Subramaniya Bharti intercollegiate poetry recitation competition
- B. Background: students are aware of Subramaniya Bharti & his contribution, to inculcate the values of nationalism & swadeshi , self-reliance such competition was started. (24th February , 2022)
- C. Aims/Objectives: 1) to inculcate the values of nationalism.
2) to inculcate the values of swadeshi , self-reliance.
3) To nurture the poetic & literary tendencies among the students.
4) to promote poetry writing & presentation skills among the students.
- D. Location: SIES College of Arts, Science and Commerce (Autonomous), Sion (West) Mumbai-4000 22
- E. Target audience/participants with expected number: 17 participants from different colleges.
- F. Details of Sessions: Inauguration & poetry recitation
- G. Session and name of Resource Persons: Prof. Chanpreet Kaur
- H. Outcome: the competition help to promote values of nationalism among the students. It also helped them to prepare for writing & presentation of poetries at intercollegiate level.
- I. Funding if any: nil
- J. Annexures:
i. List of Participants

Report Prepared by

Signature:



Name: Dr. Dinesh Pathak

Department: Hindi

Designation: Department of Head


Signature of HOD

18 फरवरी, 2022

प्रति,
प्राचार्य/ हिन्दी विभागाध्यक्ष,

महोदय / महोदया,

आपको सूचित करते हुए हम हर्ष का अनुभव कर रहे हैं कि विगत वर्षों की भाँति इस अकादमिक वर्ष 2021-22 में भी हमारे महाविद्यालय का हिन्दी विभाग राष्ट्रकवि सुब्रह्मण्य भारती की पावन स्मृति में ' राष्ट्रकवि सुब्रह्मण्य भारती अंतर महाविद्यालयीन स्व-रचितकाव्य पाठ स्पर्धा ' का आयोजन कर रहा है। इस बार यह आयोजन ऑनलाइन (MS Team) होगा। आप से अनुरोध है कि इस प्रतियोगिता में भाग लेने हेतु अपने महाविद्यालय से दो विद्यार्थियों को भेजकर प्रतियोगिता को सफल बनाने में सहयोग करें।


प्रतियोगिता का विवरण निम्नवत है -

दिन -गुरुवार
दिनाँक -24 फरवरी, 2022


समय -प्रातः 11.30 बजे
स्थान -ऑनलाइन (MS Team)

सधन्यवाद।

भवदीय,


डॉ. दिनेश पाठक,
अध्यक्ष, हिन्दी विभाग




डॉ. उमा एम.शंकर
प्राचार्या

सुक्रमण्य भारती अंतरमहाविद्यालयीय काव्य-पाठ स्पर्धा

24 फरवरी, 2022

प्रतिभागी नाम	महाविद्यालय	भाव 10	भाषा 10	शैली 10	विशेष 10	योग 40
1 हैल्की गाला	एस. आई. ई. स्वर महावि.	07	08	08	09	32
2 तिगमा शूजा	एम. एम. पी. शाह महावि.	07	08	08	08	31
3 इंदिरा शर्मा	एस. आई. ई. स्वर महावि.	06	06	07	06	25
4 रोहिणी अंकलगी	रामनारायण रुइमा महावि.	06	07	06	06	25
5 आकांक्षा साठवे	रामनारायण रुइमा महावि.	09	09	09	10	37
6 शीतल सिंह	भवन्स नॉलेज	08	08	08	08	32
7 रेमन अंजुन	सोफिया महावि.	08	09	09	08	33
8 प्रीति माधव	के. सी. महावि.	09	10	09	10	38
9 गायत्री बेंका	के. सी. महावि.	06	07	06	06	25
10 मधु चौधरी	रॉयल महावि.	06	06	07	06	25
11 रंजना सेराज	गुंजादेवी आदरी संस्कृत महावि.	08	08	08	08	32
12 अमित झा	के. जे. सोनिया परेमा महावि.	08	08	09	08	33
13 आसना अविशर्मा	— " — " —	09	09	09	10	37
14 अंकित कुमार झा	एम. एम. पी. शाह महावि.	08	08	08	08	32
15 मीनाक्षी अक्षयकुमार	सेंट सेवियर्स नॉलेज	07	06	06	06	25
16 अजय खन्ना	भवन्स नॉलेज	10	09	09	10	38
17 गणपति कुमार झा		06	07	06	06	25
18						

Department of Mathematics

Title: Design and Presentation of a Poster

on Friday, 29th October, 2021; 11.00 am - 01.00 pm

Objectives of the workshop:

On attending this workshop, students will learn effective poster presentation skills.

Resource Person:

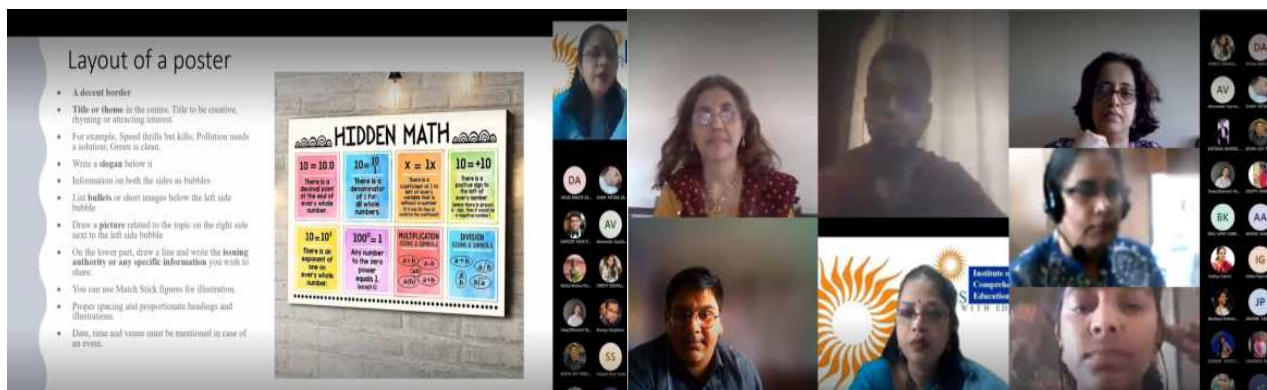
Dr. Vidhya Satish, Director, SIES Institute of Early Childhood Care Education, Sion west, Mumbai

Participants:

81 students along with 5 teachers from Degree college attended the webinar.

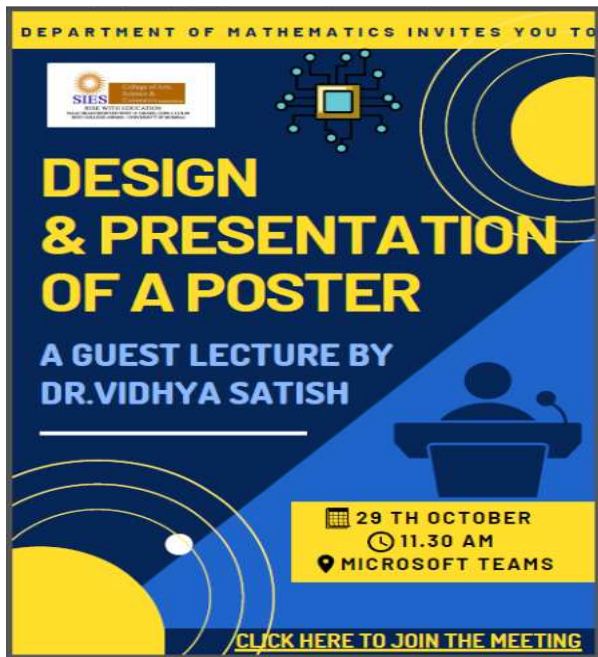
Description: The resource person, through her presentation described the Dos and Donts of making a good poster. She explained the components of a poster and how one can effectively express oneself through it.

Screenshots:



Click her to access the recording of the webinar: [Link of Recording:](#)

Signature of Head,
Department of Mathematics



Attendance of the webinar: Design and Presentation of a Poster 29.10.2021			
Full Name	Timestamp	Full Name	Timestamp
Alexander Austine Vattakkattu	10/29/2021, 10:51:48 AM	JAIWAR AKASH ANAND MAYADEVI	10/29/2021, 11:31:48 AM
PRABHU NANDANA SANDEEP ARCHANA	10/29/2021, 11:00:47 AM	DEEPTI MANOJ GHOGLE	10/29/2021, 11:31:49 AM
KEVIN JOY THENGIL	10/29/2021, 11:01:01 AM	KESHARWANI KHUSHI RAJENDRA PRASAD SUNITA DEVI	10/29/2021, 11:31:49 AM
Deep Bhavesh Padharia	10/29/2021, 11:04:21 AM	KHAN KHATIJA BANO MOHAMMED SALIM YASMIN	10/29/2021, 11:31:50 AM
Akshaya Srehari Gogi	10/29/2021, 11:05:55 AM	CHAUHAN ANANYA DIGVIJAY BABITA	10/29/2021, 11:31:52 AM
Vaishnavi Lalit Deore	10/29/2021, 11:07:05 AM	HURSALE SIDDHI DNYANESHWAR RUPALI	10/29/2021, 11:32:05 AM
DHRITI DEVRAJ MANE	10/29/2021, 11:07:21 AM	ARORA SAAKSHI DEEPAK ASHA	10/29/2021, 11:32:11 AM
SINGH STACEY SANJAY GAIL	10/29/2021, 11:09:27 AM	Anshu Ganesh Shah	10/29/2021, 11:32:25 AM
Ishika Taposh Ghosh	10/29/2021, 11:17:06 AM	CHANDAT SARASWATI RANCHOD GANGA	10/29/2021, 11:32:33 AM
Surjeet Kaur Gurpreet Singh	10/29/2021, 11:18:34 AM	DUBEY PRATIKSHA GAURISHANKAR SARLA	10/29/2021, 11:32:46 AM
Anoop Varghese	10/29/2021, 11:23:20 AM	BANERJEE ANANDITA AROOP SHIVANI	10/29/2021, 11:32:51 AM
Rekha Watve-Paradkar	10/29/2021, 11:23:49 AM	BANERJEE SUSHMITA AROOP SHIVANI	10/29/2021, 11:32:52 AM
KAPOOR RISHI RAKESH NAMRATA	10/29/2021, 11:25:42 AM	JESLIN JOSEPH CELIN	10/29/2021, 11:32:55 AM
SHETTY KHUSHI SANTOSH SHUBHALAXMI	10/29/2021, 11:25:52 AM	Ruban Sivan Perumal	10/29/2021, 11:33:10 AM
NADAR TARUNRAJ RAMCHANDRAN MAHALAXMI	10/29/2021, 11:26:01 AM	HARSHA BABU K LATHA	10/29/2021, 11:33:33 AM
Vaishali Falnikar	10/29/2021, 11:27:26 AM	Rohit Surendra Shrivastav	10/29/2021, 11:33:37 AM
RICHA NAIK PRASAD	10/29/2021, 11:27:29 AM	GUPTA DHEERAJ SANTOSHKUMAR ANITA	10/29/2021, 11:33:42 AM
Arshi Mohammed Iqbal Kasu	10/29/2021, 11:28:03 AM	DIVYA MARY	10/29/2021, 11:34:19 AM
Mahavidya Satishkumar	10/29/2021, 11:28:32 AM	Geeta Paluskar	10/29/2021, 11:34:53 AM

Vidhya Satish	10/29/2021, 11:28:42 AM	KHAN MUNEEBA TAHIR SUMAIYA	10/29/2021, 11:34:57 AM
GADHAVE RUCHIRA RAJESH SUVARNA	10/29/2021, 11:28:48 AM	KHAN RAMSHA RIZWANULLAH MEHRAJ	10/29/2021, 11:38:04 AM
KUMAR VYUSTI SHARDA	10/29/2021, 11:29:54 AM	Manav Nitin Patel	10/29/2021, 11:38:23 AM
KURDIA JATIN SURENDRA ARCHANA	10/29/2021, 11:30:01 AM	KYADARI NEHA SANTOSH VANI	10/29/2021, 11:39:31 AM
KUDTARKAR SIDDHI DILIP RANJANA	10/29/2021, 11:30:31 AM	Pratiksha Sunildutt Soni	10/29/2021, 11:41:16 AM
JADHAV SAAVI VIJAY PRIYA	10/29/2021, 11:30:38 AM	GAIKWAD TRUPTI MILIND SMITA	10/29/2021, 11:42:19 AM
DESAI ANKUR SAMEER ANKITA	10/29/2021, 11:30:51 AM	PAWAR SAHIL VIJAY ANITA	10/29/2021, 11:42:29 AM
BAG SANY SUBRATA KRISHNA	10/29/2021, 11:31:00 AM	YADAV JANHAVI TARENDRAKUMAR SUNITA	10/29/2021, 11:42:50 AM
GHOSH MANOJ SHANTI CHANDANA	10/29/2021, 11:31:02 AM	Shivek Sagar Daswani	10/29/2021, 11:42:51 AM
SHAH FATIMA ZAKIR	10/29/2021, 11:31:04 AM	SANOBER MUNNA AHMAD ANSARI FARZANA ANSARI	10/29/2021, 11:43:42 AM
KIRTANA MURUGAN DEEPA	10/29/2021, 11:31:07 AM	SALIAN ADITYA RAJESH SHASHIKALA	10/29/2021, 11:43:52 AM
KHAN FATMA KHALILULLAH FARZANA	10/29/2021, 11:31:12 AM	Sujit Uddhav Salunkhe	10/29/2021, 11:43:55 AM
IYER KARTHIK NAVANEETH PARVATI	10/29/2021, 11:31:14 AM	SINGH ABHAY BHUPENDRA RENU	10/29/2021, 11:43:59 AM
JAIN VANSI RAJESH SANGEETA	10/29/2021, 11:31:15 AM	KHAN MOHAMMAD RAFAY SHAHALAM ANJUMARA	10/29/2021, 11:44:01 AM
CHAUDHARY TASMUNNISHA ATIULLAH SAKIRUNNISA	10/29/2021, 11:31:25 AM	SHARMA ADINA SRISTI BAPPI JACINTA RITA	10/29/2021, 11:44:09 AM
DHANAWADE SOHAM SUDHIR VANDANA	10/29/2021, 11:31:27 AM	RODRIGUES JACQUELINE JEEVAN MARIA	10/29/2021, 11:44:41 AM
PATEL RAMYA AMIT ANUJA	10/29/2021, 11:31:29 AM	VIJAYLAXMI SHEKHAR CAUNDER ALAMELU	10/29/2021, 11:45:10 AM
KAMBLE SIDDHI ARUN RESHMA	10/29/2021, 11:31:29 AM	GUPTA ROSHNI DINANATH PUSHPA	10/29/2021, 11:45:16 AM
ANSARI FIZABEE AHMAD HUSAIN SHAHNAZ BEGUM	10/29/2021, 11:31:41 AM	SHELAR TANVI VISHAWANATH ARTI	10/29/2021, 11:45:58 AM
GUPTA AKANKSHA SANTOSH KIRAN	10/29/2021, 11:31:42 AM	SREYA SANTHOSH KUMAR RADHA	10/29/2021, 11:46:22 AM
ASHISH SUDHAKAR SHETTY	10/29/2021, 11:31:46 AM	CHITTANATTIL RESHNA SURESH SWAPNA	10/29/2021, 11:46:48 AM
ARYAN KUNNOTH SMITHA	10/29/2021, 11:31:47 AM	KARTHIK RAJA MURUGESAN KONAR	10/29/2021, 11:47:01 AM
JOSHI MADHURI TEKRAJ JULA	10/29/2021, 11:48:39 AM	DEVADIGA AKSHATA JAYKAR MALATHI	10/29/2021, 11:47:51 AM
NAYAK PRIYANKA HARIKRISHNA MAMTA	10/29/2021, 11:49:37 AM	AHINAVE ISHWARI VISHWAS SEEMA	10/29/2021, 11:47:55 AM
Saniya E Fatma Mohd Salim Shaikh	10/29/2021, 11:52:05 AM	PON ADITYAN JEYAMURUGAN THIRUNAMASELVI	10/29/2021, 11:48:07 AM

3. Name of activity: COVID 19 VACCINATION DRIVE 1 & 2

Name of the scheme: Ministry of Aayush

Date: 30/10/2021

Event details: On 30/10/2021 and 29/11/2021 the vaccination drive for COVID-19 was conducted at college. The vaccination drive was arranged for all the faculties and the students and their family members as well. The number of beneficiaries is 230

Level: UNIT

Number of teachers coordinating the activity: 1

Number of cadets participated: 25

Impact and number of beneficiaries: 230



Swar
Principal



[Signature]
NCC ANO

4. Name of activity: BEACH CLEANING

Name of the scheme: PUNEET SAGAR

Date: 01/12/2021

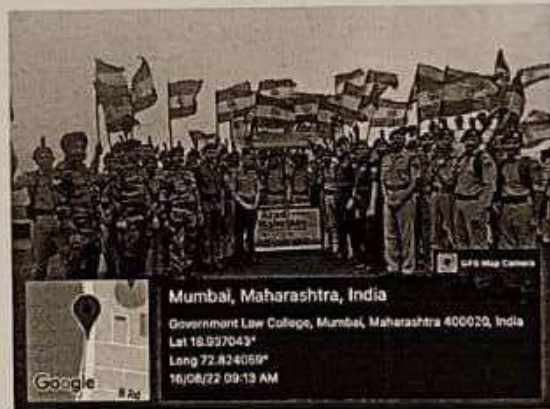
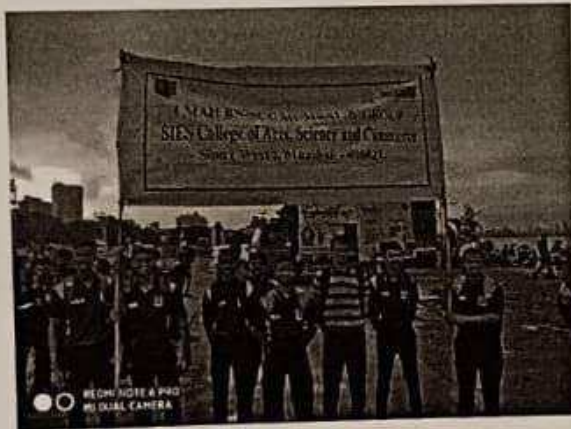
Event details: The campaign was launched on December 01, 2021, by the National Cadet Corps, to keep seashores and beaches free from plastic and other waste materials. Mumbai 'B' Group conducted this event to clean the Girgaon Chowpatty. Many cadets from SIES NCC Unit went there to assist other cadets and make the beach clean

Level: Battalion

Number of teachers coordinating the activity: 01(ANO) 15 (PI STAFF)

Number of cadets participated: 15

Impact and number of beneficiaries: 190



[Signature]
Principal



[Signature]
NCC ANO

Pulse Polio Drive


Date: 27.06.2021 to 02.07.2021

Venue: Matunga and Sion, Mumbai


The NSS Unit volunteers in association with the Medical Representatives of MCGM F/North Ward extended support and human help in administering Polio vaccine to children below age of 5 years in Matunga and Sion area. The volunteers vaccinated such children at Sion Railway Station and also conducted door to door vaccination. A total of 500 children were vaccinated between 27th June, 2021 to 2nd July, 2021. A total of 50 volunteers active and continuous participation in the prolonged event.



NSS Volunteer administering Polio Vaccine at Sion railway Station


Dr. Dinesh Pathak
NSS Programme Officer




Dr. Uma M Shankar
Principal

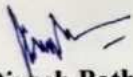
UDAAN – Teaching Event

Date: 12.09.2021 to 16.12.2021

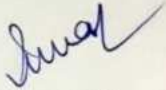
Venue: Sion, Mumbai

Platform: MS TEAMS

The NSS Unit organised a teaching event for underprivileged children in the nearby vicinity of the College to enhance a desire for education and further learning in their lives. From the area of Sion, five girl children belonging to financially weak families were selected and were taught basics of English and Math. Due to the lockdown, the complete teaching programme was conducted online through MS TEAMS platform. Upon completion, the girl children seemed to have boosted confidence and will power in speaking and are energized with potential to learn and uphold their family. A total of 24 volunteers actively participated in the teaching programme.


Dr. Dinesh Pathak
NSS Programme Officer




Dr. Uma M Shankar
Principal

COVID 19 Vaccination Drive

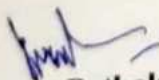
Date/s: 30.10.2021 and 29.11.2021

Venue: SIES College of Arts, Science and Commerce (Autonomous), Sion (W)

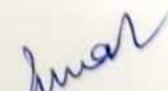
The NSS Unit organised COVID 19 Vaccination drive in the College premises in association with MCGM F/North Ward medical officers and their team. Necessary logistical arrangements were done in the College premises and the auditorium was used to administer vaccines to various individuals. The recipients included NSS volunteers itself, College students, their parents, people in the neighbourhood and even other less known and unknown people. Vaccination was administered upon verification of Aadhar followed by understanding medical background and finally administer of vaccine. Like such, two vaccination drives were conducted successfully by the Unit and administered vaccines to a total of 251 recipients.



A college student getting his first dose of Covishield - COVID 19 vaccine


Dr. Dinesh Pathak
NSS Programme Officer




Dr. Uma M Shankar
Principal

Old Clothes Distribution Drive


Date: 07.11.2021

Venue: Sion, Mumbai

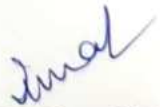
The NSS Unit organized a collection drive of old clothes which were distributed to poor individuals and roadside dwellers in the nearby. All types of clothes were collected except innerwear and were graded as per size and gender. All the collected clothes were then handed over to 12 individuals creating a small change in their lives. A total of 34 volunteers actively extended support for executing this drive.



NSS volunteers distributing old clothes to the needy


Dr. Dinesh Pathak
NSS Programme Officer




Dr. Uma M Shankar
Principal

Blood Donation Drive - 1

Date:21.11.2021

Venue: Dadar Railway Station

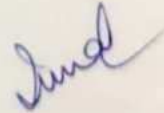
The NSS Unit organised a Blood Donation Drive at Dadar Railway Station in association with Sri Satya Sai Seva NGO and LTMG Sion Hospital Blood Bank. All necessary logistical arrangements were provided for and volunteers took charge of convincing and getting donors from the station area itself. Maximum precaution was taken by the whole team w.r.t. COVID 19 disease. A total of 21 volunteers extended active support and 90 blood units were collected and handed over to LTMG Sion Hospital Blood Bank. Considering the equation of 1 unit of blood saving 3 lives, the unit savoured 270 lives.



Blood Donation Drive at Railway Station



Dr. Dinesh Pathak
NSS Programme Officer



Dr. Uma M Shankar
Principal

Beach Clean-up Drive

Date: 19.12.2021

Venue: Dadar Chowpatty, Mumbai

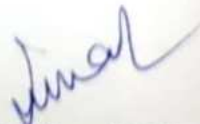
The NSS Unit organised a beach clean-up drive at Dadar Chowpatty with necessary permissions from the municipal and the police authorities. The central idea of the event was to sensitize visitors and nearby citizens about the importance of having a clean marine surrounding and existence of fair marine life. A total of 350 individuals would have witnessed the clean-up drive and 60 NSS volunteers extended their hands towards the clean-up task.



NSS Volunteers extending hand towards Dadar Chowpatty clean-up


Dr. Dinesh Pathak
NSS Programme Officer




Dr. Uma M Shankar
Principal

Blood Donation Drive - 2

Date:03.03.2022

Venue: SIES College of Arts, Science and Commerce (Autonomous), Sion (W)


The NSS Unit organised a Blood Donation Drive in the College premises in association with the LTMG Sion Hospital Blood Bank. All necessary logistical arrangements were provided for, and volunteers took charge of drawing an effective PR for making students and people in the neighbourhood aware about blood and its donation. The volunteers also approached passers-by thereby convincing them to donate blood. A total of 44 volunteers extended active support and 80 blood units were collected which was under the administration of LTMG Sion Hospital Blood Bank.



Blood Donation Drive at SIES College premises


Dr. Dinesh Pathak
NSS Programme Officer




Dr. Uma M Shankar
Principal

Mangroves Clean-up Drive

Date: 27.03.2022

Venue: Airoli, Navi Mumbai

The NSS Unit organised a Mangrove Clean-up drive at Coastal and Marine Biodiversity Centre, Airoli, Navi Mumbai under the guidance of Beach Please India NGO. The aim was to ensure sensitization about clean marine resources and make Indian beaches clean. The clean-up program has been witnessed by 350 individuals and a total of 60 volunteers participated.



Mangroves Clean-up drive at Airoli, Navi Mumbai by NSS volunteers

Dr. Dinesh Pathak
NSS Programme Officer



Dr. Uma M Shankar
Principal

REPORT

A. Title of the Workshop: **DOT Listening Skills from 8th February to 3rd March, 2022**

B. Background: The workshop trained the beneficiaries through a series of interactive sessions, thought exercises, role play and assignments that gave practical, insightful learning experience to assess oneself, others and situations.

C. Aims/Objectives: To develop better listening and communication skills.

D. Location: College Mini Auditorium (Offline)

E. Target audience/participants with expected number: **30 Beneficiaries**

F. Details of Sessions:

G. Session and name of Resource Persons: **Mr. Sachin Chitambaran**

Founder and Lead Trainer, The Connect Hut

Session I- Introduction to Communication and Listening

Session II- Components of Communication

Session III- DOT Listening Styles

Session IV- DOT Listening Values

Session V- DOT Emotional Responses

Session VI- DOT Listening Framework

Session VII- Review: Testing and Evaluation

H. Outcome: The workshop was continuously engaging, enabling the participants to find a middle path as a deep listener through mindful exercise, role plays. It gave them an opportunity to self-reflect, understand the meaning of empathy and find new meaning of the values such as honesty, compassion, acceptance and curiosity. The workshop was an insightful self-understanding journey giving practical implications of meaningful communication and in bringing positive impact in their daily life.

I. Amount Claim: **Rs. 43,844.16**

J. Annexures:

- i. List of Participants
- ii. Photographs of Workshop

i List of Participants

Sr. No.	Name of the participant	Sr. No.	Name of the participant
1	Aditya Yadav	16	Melissa Buthello
2	Ananya Sunil Nair	17	Nikita Bhattacharya
3	Anushka Patil	18	Pranika Jogesh Bindra
4	Anzal Tasneem Ansari	19	Pritika Katak
5	Darshini Ganesh	20	Rajlaxmi Mehta
6	Dhairya Rana	21	Riddhi Shah
7	Disha Hegde	22	Ronak Krishnan
8	Gayathri Gopakumar	23	Saraswati Ranchod Chandat
9	Ketki Panchal	24	Shreshta Krishnan
10	Khadija Khan	25	Shreya Sachin Naik
11	Khusboo Kumari Kanhaiya Prasad	26	Siddhant Pawar
12	Kruttika Kiran Kale	27	Sushane Atul Kapoor
13	Lay Shah	28	Tanmeet kaur Sehgal
14	Malhar Rane	29	Vaishnavi Nambiar
15	Mansi Naik	30	Ved Ashish Nanoty

ii Photographs of Workshop



Report Prepared by

Signature:

Name: Dr. Kamala Srinivas
Department: Philosophy
Designation: Assistant Professor

Signature of Principal



DEPARTMENT OF PSYCHOLOGY

REPORT OF THE WORKSHOP ON

“15 hours Credit-course on “Interpersonal Relationship Skills”

(4th April to 13th April 2022)

A. Title of the Workshop: Credit course on Interpersonal relationship skills

B. Background:

Interpersonal skills are critical for success in life. Ability to listen actively, empathize, communicate effectively, resolve conflicts are all important skills for healthy functioning. Although their importance is recognized, interpersonal relationship skills are rarely taught. Department of Psychology organized a credit course to help students learn interpersonal relationship skills.

C. Objectives:

1. Help students understand importance of different interpersonal relationship skills
2. Help students learn in detail about and apply interpersonal relationship skills

D. Location:

Online (MS teams)

E. Target audience/participants with expected number: 200 FY students of SIES college

F. Details of Sessions:

Date	Time	Topic	Facilitator
4.4.22	5pm to 7pm	Listening Skills	Ms. Rasika Karkare
5.4.22	5pm to 7pm	Emotional regulation for effective relationships	Ms. Urveez Kakalia
6.4.22	5pm to 7pm	Importance of Empathy in relationships	Ms. Amruta Padhye
7.4.22	5pm to 7pm	Communication skills for effective interpersonal relationships	Ms. Amruta Padhye
8.4.22	5pm to 7pm	Conflict resolution in relationships	Ms. Urveez Kakalia
9.4.22	5pm to 7pm	Assertiveness for effective relationships	Ms. Shama Todurkar
12.4.22	5pm to 7pm	Working in teams	Ms. Shama Todurkar
13.4.22	5 pm to 6pm	Application of skills learnt, feedback	Ms. Shama Todurkar
			Ms. Amruta Padhye

G: Outcome:

1. The course enlightened the learners about what are the important aspects of interpersonal skills
2. The course helped them not only clear misconceptions about interpersonal skills like listening skills, communication skills, assertiveness but also provided helpful tools for emotional regulation, effective communication and for working in teams

I: Annexure:**List of Participants:**

Sr No	Name of student	Roll No.	Class
1	Aaryan Dharmshi Nakum	FS2122495	FYBSc
2	Aayush Ganesh Shetty	FIT2122105	FYBSc - IT
3	Aditya Arun Kumar Pandey	FIT2122074	FYBSc - IT
4	AISHA ABDUL WAHEED SHAIKH	FIT2122098	FYBSc - IT
5	Aishwarya Shashidhar Shetty	FIT2122106	FYBSc - IT
6	Aiswarya Thomas	FIT2122003	FYBSc - IT
7	Ajil Renji George	FIT2122029	FYBSc - IT
8	Akanksha Rai	FCS2122096	FYBSc - CS
9	Akansh Shrikanth	FCS2122004	FYBSc - CS
10	Akrutti Singh Sehwaq	FA2122419	FYBA
11	Amal sajeev	Fit2122089	FYBSc - IT
12	AMRITHA RAVICHANDRAN IYER	FS2122488	FYBSc
13	Anjali Ashwini Kumar Tiwari	FA2122076	FYBA
14	Ansari Anzal Tasneem Seemab	FA2122421	FYBA
15	ARYA VIJATHKUMAR NAIR	FIT2122068	FYBSc - IT
16	Attar KaifAli Akhlakh	FIT2122007	FYBSc - IT
17	Bansi Ajay Patel	FA2122215	FYBA
18	Begare Sumeeta Vivekanand	FS2122500	FYBSc
19	Bhagate Tanmay Shantaram	FIT2122008	FYBSc - IT
20	Bhaskar mariappan mudaliyar	FCS2122063	FYBSc - CS
21	BHATTACHARYA NIKITA ASHOK REENA	FA2122435	FYBA
22	Brabina Rajendran	FA2122256	FYBA
23	CHETTIAR ASHTTALAKSHMI MAILERUMPERUMAL	FIT2122015	FYBSc - IT
24	CHOUDHARY MUSFIRAH FAISAL	FS2122450	FYBSc
25	DALAVI SALONI SUBHASH	FCS2122019	FYBSc - CS
26	Daniya ayub khan	FIT2122038	FYBSc - IT
27	Dency Palraj Nadar	FS2122582	FYBSc
28	Dikshita Tanaji Kadam	FS2122272	FYBSc
29	DINESH RAJAN RAJAN PANDIAN	FCS2122083	FYBSc - CS
30	DIVYA MANJUNATH PAI.	FA2122506.	FYBA
31	Drishti Devdas Hegde	FIT2122033	FYBSc - IT
32	Durga Mohit Adelkar	FBT2122002	FYBSc - BT
33	Gajengi Siddesh Nagesh	FIT2122025	FYBSc - IT
34	Ganga Vijayan Pillai	FCS212209P	FYBSc - CS
35	GANTYALA SAHITHI SURESH	FIT2122027	FYBSc - IT
36	Girija Bhikulal Baldawa	FA2122124	FYBA
37	Girija Sanatan Talekar	FA2122348	FYBA
38	Glory Suresh Gunvantha	FIT2122032	FYBSc - IT
39	Gopal Uday Malkar	FIT2122046	FYBSc - IT
40	GOUNDER HEMA MURUGAN SWARNALAKSHMI	FIT2122031	FYBSc - IT
41	Gupta Neha Ramesh	FS2122575	FYBSc
42	Harijan Surya Mani	FA2122012	FYBA

43	HARISH KARUPPANNAN VANNIYAR	FIT2122122	FYBSc - IT
44	Harshal Ashok Chavan	FIT2122014	FYBSc - IT
45	Hashika Pradeep Odapalli	FA2122224	FYBA
46	Hemakshi Uttam Patel	FIT2122077	FYBSc - IT
47	HITAKSHI PRAKASH TIKADIA	FA2122164	FYBA
48	Hritika Hanumanthkari	FC2122032	FYBSc - CS
49	IDRISI SANIYA SANAULLAH	FIT2122034	FYBSc - IT
50	Iffat Shabbir Patel	FIT2122078	FYBSc - IT
51	Jayshree Srinivas Bhandari	FA2122037	FYBA
52	Jessica Jerome Mendonca	FA2122317	FYBA
53	JESTIN OOMMEN ZACHARIAH OOMMEN	FCS2122040	FYBSc - CS
54	Kaavya Balasubramanian	314	FYBA
55	Kamal jitesh vasa	Fcs2122132	FYBSc - CS
56	Kamtam soundarya Bhumesht	FS2122512	FYBSc
57	Kavita Raju Chengati	FS2122449	FYBSc
58	Kezia Ann Mathew	FA2122220	FYBA
59	KHAN ARSHI MOHD IBRAHIM	FS2122574	FYBSc
60	KHAN AYSHA TAHREEM	FS2122519	FYBSc
61	Khan Saba Parveen Munier Noorjahan	FS2122524	FYBSc
62	Khan Saniya Julfekar	FS2122109	FYBSc
63	Khan sumaiya ishtiyak ahmed	FS2122586	FYBSc
64	KHAN ZOYA NOOR AHMED	FS2122455	FYBSc
65	Kharat Sneha Santosh	FIT2122039	FYBSc - IT
66	KHUSHALI SAHNI	FS2122464	FYBSc
67	Khushi Dharmesh Makwana	FIT2122044	FYBSc - IT
68	Khushi Thakker	FA2122297	FYBA
69	Kiran Vishwakarma	FS2122479	FYBSc
70	Kirti Anant Mandare	FS2122016	FYBSc
71	Kodi Priyadarshani Gopal.	FIT2122040	FYBSc - IT
72	Konar Mahalaxmi Sudalaimani	FIT2122041	FYBSc - IT
73	Krish Paresh Raje	FA2122327	FYBA
74	Kumbhar Ritika Rajesh Kumar	FIT2122042	FYBSc - IT
75	Leeja h	FS2122573	FYBSc
76	Madani Ansari	FA2122432	FYBA
77	Mahesh selvakumar	FIT2122055	FYBSc - IT
78	MALIK SAIMA KHTOON SHAHABUDDIN	FIT2122045	FYBSc - IT
79	Mallikah Kazi	FA2122298	FYBA
80	Malvina Nadar	FS2122459	FYBSc
81	Manakijyothi Bhaskar Chellammal	FS2122534	FYBSc
82	Manav Ramesh Kumar	FCS2122052	FYBSc - CS
83	Mansi Prakash Gilbile	FCS2122029	FYBSc - CS
84	Mayur Hemakar Shetty	FIT2122107	FYBSc - IT
85	MAYURESH VIJAY JAWAL	FS2122268	FYBSc
86	Mehak santosh mane	FA2122088	FYBA
87	Mishra Tannu Manoj Anita	FA2122101	FYBA
88	Mohnish Kalaimani	FCS2122061	FYBSc - CS
89	MOMIN NIHAL SOHEL	FIT2122052	FYBSc - IT

90	Monchiraju Anagha Prasanna Kumar	FA2122137	FYBA
91	MRUNMAYI KISHOR JOSHI	FA2122129	FYBA
92	Nadar Abhisha Thiraviaraj	FA2122056	FYBA
93	Nadar Ishamirdula Murugesan	FIT2122054	FYBSc - IT
94	Nadar Micheal Sweety	FIT2122056	FYBSc - IT
95	NADAR ROBINSON JOHN SELVARAJ	FIT2122059	FYBSc
96	NADAR UDHAYA KANAGA VICTOR JOSHEP	FIT2122062	FYBSc - IT
97	Nadar Vishnu sagar ravi	FIT2122063	FYBSc - IT
98	NAGAPUSHVAM AKASH DHANASEKAR	FIT2122065	FYBSc - IT
99	NAIK KIMAYA PRAMOD	FCS2122072	FYBSc - CS
100	Nair Parvathy Harikumar	FIT2122069	FYBSc - IT
101	NAKKA UDAY SHRINIVAS	FIT2122070	FYBSc - IT
102	Naksha Ramesh Shetty	FIT2122108	FYBSc - IT
103	NAMBIAR ABHINAV DINESAN	FIT2122071	FYBSc - IT
104	NANDANA SANDEEP PRABHU	FA2122147	FYBA
105	Navya Arun Walia	FA2122009	FYBA
106	Niharika	FA2122299	FYBA
107	Nikhil Dinesh Waghela	FIT2122128	FYBSc - IT
108	Nikhil Hiralal Chaurasiya	FIT2122013	FYBSc - IT
109	NIMISHA SURESH KUMAR PRAMEELA	FS2122474	FYBSc
110	NISHIL JAYESH SHAH	FIT2122095	FYBSc - IT
111	NOEL JAMES JAMES	FCS2122080	FYBSc - CS
112	Omega Jayprakash	FA2122258	FYBA
113	PANJEE PURBA PRASANTA	FA2122228	FYBA
114	Parth Ramesh Dedhia	FCS2122020	FYBSc - CS
115	Pillai Anushka Vinod	FIT2122080	FYBSc - IT
116	Piyush Ramavtar Chak	FIT2122012	FYBSc - IT
117	Poorva Shivaraman	FIT2122081	FYBSc - IT
118	PRAILIN PRIYANKA	FCS2122093	FYBSc - CS
119	Pranav Badhri Iyengar	FCS2122905	FYBSc - CS
120	Prarthana Dineshkumar Singh	FA2122513	FYBA
121	Prasanth Prabakaran	FIT2122082	FYBSc - IT
122	Preksha kamlesh jain	FA2122148	FYBA
123	Prerana Sumant Acharekar	FS2122462	FYBSc
124	Priyanshi singh	FS2122481	FYBSc
125	PURAMERI ADITYA PRASHANT	FS2122473	FYBSc
126	Purnima Radharaman Shrivastav	FS2122248	FYBSc
127	Purva Sampat Ghadge	FCS2122027	FYBSc - CS
128	Qureshi Ekrar Ahmed	FS2122249	FYBSc
129	Ragutla Jyoti Balaiah Pushpa	FS2122546	FYBSc
130	RAI MUSKAN VIJAY SEEMA	FS2122535	FYBSc
131	RASHIDA SAIIFY FATEMA SAIIFY	FA2122440	FYBA
132	Rithend Sushanth	FCS2122101	FYBSc - CS
133	Rohini Manmohan	FCS2122102	FYBSc - CS
134	ROHIT VIJAY DESHMUKH	FIT2122018	FYBSc - IT
135	Rohit vilas pawar	FIT2122079	FYBSc - IT

136	Ronit Vayada	FS2122565	FYBSc
137	RUTUJA SANJAY BIDOO	FS2122463	FYBSc
138	Saakshi Deepak Arora	FA2122442	FYBA
139	SAHU KAJOL KUNA JYOTSNA	FIT2122088	FYBSc - IT
140	Saily shandilya	FIT2122104	FYBSc - IT
141	SAIMA BANO MOHAMMED MUBEEN SHAH	FIT2122096	FYBSc - IT
142	SAKSHI RAHUL KOTHARI	FCS2122051	FYBSc - CS
143	SARMA RANGANATHA RAJESH	FIT2122091	FYBSc - IT
144	Saumya Deepak Sharma	FA2122509	FYBA
145	SAYYED SHANA MUZAMMIL	FS2122467	FYBSc
146	Seegarla Kinjal Krishnakant	FIT2122093	FYBSc - IT
147	SHABANANDRAJ KUMAR	FIT2122094	FYBSc - IT
148	Shaikh aishah aslam	FIT2122099	FYBSc - IT
149	Shaikh kaneez Fatima	FS2122513	FYBSc
150	Shaikh Mehekh Badvisha	FS2122554	FYBSc
151	SHAIKH MOHAMMED SOHAIL	FCS2122111	FYBSc - CS
152	SHAIKH MUBASHIR MEHMOOD	FIT2122100	FYBSc - IT
153	Shaikh Zoya Mohd Shahid	FS2122557	FYBSc
154	Shalu Brijeshkumar Tiwari	FA2122013	FYBA
155	Shamita Vijay Kotian	FS2122456	FYBSc
156	Shanmuga sundari Ganeshan Pandaram	FA2122165	FYBA
157	Shanoor Mohammed Ziauddin	FA2122049	FYBA
158	Shaziya Ahmed Sayyad	FA2122231	FYBA
159	Shetty Saakshi Dinesh	FBT2122032	FYBSc - BT
160	SHETTY SPARSHA SHASHIKUMAR PRAMILA	FA2122450	FYBA
161	SHIVANGI ASHWINI TULASIRAO	FIT2122111	FYBSc - IT
162	Shravani Anant Sawant	FA2122092	FYBA
163	SHREYA SASHIKUMAR NAIR	FA2122434	FYBA
164	Shruti Anand Iyer	FS2122590	FYBSc
165	Shruti.Ankam	FCS2122006	FYBSc - CS
166	Siddhita Swagat Patke	FA2122512	FYBA
167	Singh Sakshi Dharamraj	FA2122028	FYBA
168	Soham Naik	FIT2122067	FYBSc - IT
169	Sreenidhi KV	FA2122334	FYBA
170	Stanislaus Nimosha	FS2122559	FYBSc
171	Stephen Samson Nadar	FS2122241	FYBSc
172	SUBA PONRAJ	FIT2122061	FYBSc - IT
173	Subiksha Subedar Yadav	FS2122568	FYBSc
174	Suganya Naidu	FCS2122126	FYBSc - CS
175	Sumaiya khatoon Anish Shaikh	113	FYBSc - CS
176	Tejas Sunil Sikka	FIT2122112	FYBSc - IT
177	THAKUR TANISHA LAXMAN SINGH BHAGIRATHI	FA2122357	FYBA
178	Thanusha Shetty	FIT2122109	FYBSc - IT
179	Thevar ChithraDevi Kannan	FIT2122116	FYBSc - IT
180	Tiyasa Dasgupta	FS2122480	FYBSc

181	Vaishakh Vinodkumar	FCS2122130	FYBSc - CS
182	VAISHNAVI BHARAT GILBILE	FCS2122030	FYBSc - CS
183	Vaishnavi Nagesh Shanbhag	FA2122448	FYBA
184	Vaishnavi subhash sunchu	FS2122561	FYBSc
185	Vanshika Vivek Bhalerao	FA2122160	FYBA
186	Varma Sushma Sushilkumar	FIT2122123	FYBSc - IT
187	VAZISHTA ROHINTON MAHUVAWALA	FS2122532	FYBSc
188	Vedant Rajesh Khokrale	FS2122527	FYBSc
189	Venkatesh Swamy	FIT2122126	FYBSc - IT
190	Vidula Salgaonkar	FS2122416	FYBSc
191	Vikram Venkatesh Naidu	FIT2122066	FYBSc - IT
192	Vinitha Venugopal	FCS2122133	FYBSc - CS
193	VIOLA KAMEL DSILVA	FIT2122022	FYBSc - IT
194	Vishal Anil Chaskar	FCS2122015	FYBSc - CS
195	VISHWKARMA PRIYA SUBASH MANJU	FS2122566	FYBSc
196	Yadav Dhanapriya Vellaswami	FIT2122129	FYBSc - IT
197	YADAV JYOTHI LAXMI VENKATACHALAM ESSAKKIAMMAL	FS2122567	FYBSc
198	Yadav Maheshwari Mahakrishnan	FS2122266	FYBSc
199	Yukta Somanath Poojary	FA2122146	FYBA
200	Zalak Chheda	FA2122423	FYBA

Report Prepared by: Ms. Shama Todurkar



Head, Department of Psychology: Ms. Shama Todurkar

Designation: Assistant Professor

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: Lend a Hand, Save the Land

Name of the Project: Lend a Hand, Save the Land	Venue: Tagore Nagar, Vikhroli East
Start Date: 28-9-2021	End Date: 30-9-2021
Start Time: 8:00 AM	End Time: 4:00 PM
Avenue: Community Service	Project Level: Club
Project Frequency: Once	Chairperson of the project: Rtr. Rajvee Gala
No. of teachers coordinating such activity: 0	No. of Volunteers: 5
Impact & No. of Beneficiaries: 70	Any Award Won? -

Aim/Concept:

This event aims to fulfill several things on our checklist which include: Reduce the use of plastic by selling bags. Also, educate children about how harmful plastic is and why we should switch to eco-friendly products. Teaching underprivileged children, new cloth painting techniques. Another motive behind carrying out this event - The money from the sale of the tote bags is used for the educational needs of the children.

Ground Work:

15 days before the event, the plan was prepared and the same was approved by the Vice-Presidents. Authorizations and other formalities were coordinated with Ms Yogita Salvi, owner of Swayam Mahila Mandal.

The Project Chairpersons decided to organize the event in collaboration with Swayam Mahila Mandal and Vaishnavi Mahila Mandal.

A total of 100 carrier bags, 2 boxes of fabric paint and paintable vegetables were purchased 10 days before the event.

A JPEG and PR message was posted in the official RCSES WhatsApp group and circulated to other groups to publicize the project and its purpose. A Google form was created and circulated by Project Chairpersons for ordering tote bags. On September 29, 2021

Project Chairpersons along with the club members visited children in Vikhroli. The event started at 2pm. It started with introduction of Chairpersons and the Rotaract Club.

Then they asked all the children to introduce themselves and a nice introduction session gave the event a positive and cheerful note. They informed the children why plastic is harmful and also explained to them why they are raising money through the event to help them with their education. They also explained to them the difference between regular paint and fabric paint and how they would use fabric paint to design the tote bags. The volunteers taught them to paint vegetables on fabrics with a lady finger. When the painting was finished, they wrote a note that read "Please help us" and their names on the note. The goal was simply for the buyer to know the name of the person they were donating for. The volunteers clicked pictures with it and handed out cookies. Miss Yogita Salvi, Editor-in-Chief of the newspaper 'Tarun Bharat', covered the entire event live on Facebook. The profit made from the sale of these bags was used for educational purposes for the children. All the bags were delivered to the respective buyers.

Summary:

Children learn new painting techniques and have hands-on experiences to be creative. We have promoted the use of canvas bags over plastic bags among shoppers and children. Contribute to the education of disadvantaged children. In a way that they don't feel like someone is doing a favor on them as they took the effort to paint the bag. The price of one bag was Rs 14 and sold for Rs 35.

Follow-up (Feedback):

Children were convinced that plastic is bad for the environment and they should use eco-friendly products.

They also decided to further promote this message. Miss Yogita Salvi (owner of Swayam Mahila Mandal) appreciated us for being from Generation Z and still understanding the importance of using bags like we used to and how dangerous plastic is.

She also mentioned that the Rotaract Club of SIES College, Sion (W) always has unique event ideas.

The children had fun and asked us to do more such events with them. Miss Manju (owner of Vaishnavi Mahila Mandal) asked us to hold more events with them and this time for the empowerment of women in their mandals. We thanked both organizations for allowing us to run the event.

Pictures:



U. Shankar
Mrs. Umadevi Kokku
Rotaract Convenor 2021-22



Uma Shankar
Dr. Uma Shankar
Principal

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: Talent Dikhlaja 6.0

Name of the Project: Talent Dikhlaja 6.0	Venue: Multiple Locations Across Mumbai
Start Date: 25/1/2022	End Date: 17/5/2022
Start Time: 11:00 AM	End Time: 5:00PM
Avenue: Community Service	Project Level: Club
Project Frequency: Flagship	Chairperson of the project: Rr. Rajvee Gala, Rtr. Riya Tiwari and Rtr. Saahithi Balakrishna
No. of teachers coordinating such activity: 1	No. of Volunteers: 35
Impact & No. of Beneficiaries: 355	Any Award Won? - Nominated for Best Flagship Project at AARA-Rotaract District 3141

Aim/Concept

- Talent Dikhlaja 6.0 is our Rotaract Club's Mega-Flagship event. This is the sixth year of the project. Talent Dikhlaja began 5 years ago with the noble purpose of providing a forum for the community's specially abled children to demonstrate their unique talents and abilities. The event was held to show society how essential special individuals are and how skilled they can be despite their impairment
- The primary goal of Talent Dikhlaja 6.0 is to create a forum for the impoverished members of our society to showcase any of their talents. As our tagline suggests, "where community takes the stage", we believe that everyone deserves the opportunity to learn more about themselves and their surroundings. Dance, singing, instrument playing, poem writing, mono acting and painting are all welcome at this event. We want to create a non-judgmental, non-competitive platform for our society's jewels to play their hearts out while being recognized and appreciated.

- There are no rankings in this event, all participants receive an equal and abundant amount of gratitude and acknowledgement in the form of certificates and presents, making society a better place for everyone and ensuring that everyone has an equal opportunity to express themselves.

Summary

- Day one : Underprivileged kids Organization: Gully Classes Foundation, Ghatkopar (West)
- Date: 25th January, 2022 - 11:00am to 1:30pm
- The organization kids had agreed to prepare performances of dance, singing, acting etc. and when asked, all of them chose the theme of Republic Day for their performances
- As requested by the organization, a healthy snack breakfast was arranged for the participants. We began the event by introducing our club and inaugurating the event at the location. First, we distributed breakfast to the children and then proceeded with the event. We received a brilliant participation of 40 children on our Day 1 itself. Each one performed amazing group dances on patriotic songs, a street play on "SAVE TREES", Rap on social issues, solo dance, solo singing, kids aged 4 to 8 years also participated and performed a group dance. We were very overwhelmed watching these talented kids. After all the performances, certificates and water bottles as a gift were given to all the participants as an appreciation for their talent. A citation was presented to the organization for their great cooperation and support in the event. We presented the vote of thanks for the day and concluded Day 1 of Talent Dikhaaja 6.0.
- Day 2: Underprivileged Women & Senior Citizen Organization:
- Sawali Seva Foundation, Mankhurd Date: 30th January, 2022 - 3:00pm to 6:00pm.
- Both the categories of underprivileged women; senior citizens were conducted on the same day with the same organization. This day was very close to our hearts as we all see our grandparents, mothers working day and night for us but only few of them get a chance where they can take some time out for themselves. We made sure we did not miss this opportunity and enjoyed it to our fullest. We began with a brief introduction of our club and most importantly our motive for the event.
- To our surprise all the ladies were so interactive they danced, sung a song, asked us riddles, and acted bits of performances in front of everyone. The senior citizen women hesitated at first but when they saw us dance freely, they also started dancing with us. One of the old ladies narrated a story to us. Overall, we enjoyed our time with them and our aim to make their day a fun and memorable was completely successful. Later they were given blankets (sponsored by rotary) and mugs as a token of appreciation. Keeping in mind the sensitivity of the category, we avoided distribution of certificates.
- Day three : Gurukul School for Special Children, Ghatkopar Date: 11th February, 2022 - 2:00pm to 3:00pm. The event was supposed to happen offline in the school but due to rising COVID-19 and government restrictions, schools were shut again. But that didn't stop us. We used the power of technology to the fullest and decided to execute this event on the Zoom Meetings app as the kids were familiar with it.

- There was constant cheering and applause going on in the chat box. The participants were happy after seeing their videos getting so much love and appreciation. After all the videos were played, a vote of thanks and an E-citation was presented as a token of appreciation to the school. Later, when the school reopened, CPs and VCPs visited the school and handed over participants their certificates and water bottles as a gesture of appreciation to the children and concluded the event for the day.
- Day 4: Anti-trafficking Center Organization: Prerna Foundation, Khetwadi Date: 27th April, 2022 - 4:00pm to 6:00pm. Finally, after relief from COVID and exams we were back with the opportunity of TDJ 6.0 being held in person. This organization's kids loved face painting so they insisted on doing that. Following the drill, we visited the organization and introduced our club and the event. We distributed the kids in the group of 6 and provided them with colors. All of them were so talented they painted Spiderman, smileys, bunny, scenery, tiger on each other's faces. All of them were looking so adorable with painted faces and innocent smiles. The kids were very well-mannered and cooperated with us. We played a few fun games with them to interact and get to know them. Once they were done painting, we appreciated them with certificates and pouches (sponsored). A vote of thanks was given by the Chairperson and the day was concluded. The organization had a strict child protection policy under which we were not allowed to click photos. The organization members clicked pictures and sent us the same but we are not allowed to upload or use anywhere on social media.
- Day 5: LGBTQ Organization: The Rainbow Alliance Date: 14th May, 2022 - 6:00pm to 7:30pm
- This event collaboration was very impactful for us. The Rainbow Alliance is a part of SIES College, Sion (W). We prove that different organizations from college can come together and create an amplified impact in the community. The Rainbow Alliance is an organization set up by students to create a better environment for the LGBTQ community. As the college was not functioning, we decided to do an event online where we had a drive link wherein the participants uploaded their videos. We had online meetings with the organization for the flow of events and participation from their end. Around 3 mock trials were taken with the MOCs making sure the event goes on smoothly. A Zoom meeting link was sent across the Rotaract groups and the Rainbow Alliance organization. We started the event with an introduction of the club, event and the organization. Later, the videos were screenshared followed by a lot of cheering and appreciation in the chat box. A special introduction for each participant was given before playing the video. Many participants performed amazing dances, songs, drum playing, guitar playing, drawings, photography, poems etc. At the end, a vote of thanks and citation were presented. The day came to a delightful end.
- Day 6: Juvenile Organization: Juvenile Home, Sandhurst Road Date: 15th May, 2022 - 2:00pm to 4:00pm. After endless efforts, we finally got permission to conduct our event with the juvenile kids. We were strictly not allowed to talk to them about anything personal or share our contact numbers if they asked for it. As it was already informed by the organization we had to conduct a drawing competition. We provided them with drawing paper, colors and sketch pens. Following topic was decided for them~ "What do they want to be in the future?" Some of them made a hospital as they wanted to become doctors, some made school, airplane etc. Each one of them participated actively and made the best drawings. We played a few games with them. As there were some restrictions we couldn't interact or click pictures. Overall, it was a fun day for them and they enjoyed it. They even asked us to visit again next week. We provided them with certificates and water bottles and the day ended.
- Day 7: Orphanage Organization: The Salvation Army - Children Home, Sion (E) Date: 17th May, 2022 - 9:00am to 11:00am. The organization gave us the permission to conduct the event but strictly in the given time as they had other daily routines lined up. All the participants were girls and

they were very cheerful and interactive. The organization had conducted dance workshops in the past so everyone was very good at dancing. The girls were very active and participated in the event actively. They performed group dance, solo dance, and sung songs. We were happy to know that they were given dance training and it clearly showed in their performances. Also, here for safety purposes we weren't allowed to take many pictures. We played passing the parcel with them for fun and interacted quite a lot about their hobbies, what they wanted to be in future etc. We provided them with biscuits as requested by the organization. Lastly, certificates and water bottles were given as an appreciation to children and the day ended with bright smiles and happy memories.

- Day 8: Tribal Kids Organization: Kawthewadi, Neral. This category as the name suggests was far away from where we stayed. Thanks to our enthusiastic OC as they traveled carrying all the gifts and speakers. This organization radiated a different kind of energy, full of zeal and literally brought out the charm of Talent Dikhlaja being a festival. They were all prepared with their dances. Their hospitality was amazing. As soon as we reach them they offer us water, food etc. We started the event with the introduction of the club and event. We had to converse with them in their local language Marathi. So for the first time we prepared the introduction in Marathi language. They have a big hall where all participants were ready in their amazing outfits all dressed up for their performances. It was so cute to see small girls wearing their traditional Maharashtrian sarees. We had a lovely audience, all the people from the village gathered to encourage their kids. Kids performed group and solo dances on Marathi songs, the dance form was also tribal. It was so good to see the traditions of our state. Constant cheers and applause were going on as a new participant performed. We provided them with certificates and water bottles as appreciation. We thanked the audience, participants and the organization heads for giving us permission and being co-operative. The event finally concluded with happy faces and cheer in the atmosphere.

Follow-up (Feedback)

- We got a lot of positive feedback about the event from our sponsors and college heads. The organizations were glad and thanked us for conducting the event with them and giving their kids a platform.
- We shall be continuing the same project in coming years as well. Making sure we add some new categories to it. Adding LGBTQ category this year, we extended our support towards them.
- We would try adding new categories like acid attack survivors, domestic violence survivors, mouth and feet painting, blind kids in our future project which we couldn't do this year because of COVID-19 restrictions.

Pictures

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U. Kokku
Mrs. Umadevi Kokku
Rotaract Convenor 2021-22



Uma Shankar
Dr. Uma Shankar
Principal

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: Science Made Easy

Name of the Project: Science Made Easy	Venue: Zoom Meetings
Start Date: 24-07-2021	End Date: 24-07-2021
Start Time: 4:00 PM	End Time: 5:30 PM
Avenue: Partners-in-Service (S)	Project Level: Club
Project Frequency: Once	Chairperson of the project: Rtr. Smruti Tawde and Rtr. Kamala Thakur
No. of teachers coordinating such activity: 0	No. of Volunteers: 19
Impact & No. of Beneficiaries: 91	Any Award Won? -

Aim/Concept:

The aim of this event was to make learning interesting and exciting through live experiments for the Interactors of Interact Club NES High School. Learning can be very interesting and enjoyable if properly learned. Since children are very impatient, there is no better way than to show them this by experimenting. We wanted them to understand that science can be interesting.

Ground Work:

The motive behind conducting Science Made Easy is to introduce experiments that Interactors can carry out inside their house. This makes learning science in a new and fun way. We picked out 2 easy yet effective science experiments to carry out at home. The first experiment was to educate them approximately acid-base reactions, in which they were requested to get turmeric, washing powder, lemon juice and water. Rtr. Kamala Thakur, Sports and Partners-In-Service Director carried out this experiment where she started off by adding turmeric to the water and requested the interactors to comply with her, she then added washing powder to the turmeric water and asked the interactors about the change in the color of water. They answered saying the color had changed to RED from YELLOW. Later she asked them to add lemon juice to the mixture, the water again turned to YELLOW. This shows how acids and bases react when mixed together. Since the second experiment dealt with a lit candle it was a little dangerous, so Rtr. Smruti Tawde performed it while the interactors watched. She wrote RCSISSW with LIME JUICE on a piece of paper and held the paper above the lit candle. Slowly the white paper started to show the text written with the lemon juice and it started turning BROWN. This shows the invisible ink experiment. The event ended successfully with Project Chairpersons appreciating and

acknowledging the efforts of the interactors.

Follow-up (Feedback):

No post work meetings were required for this event. All the participants truly enjoyed the event and loved the idea behind it. The teacher Coordinator Sujata Ma'am of the NES School, joined the event too and thanked us for conducting such an event which will also help the students academically. Most students who attended the event had the following similar feedback: Teacher I like both the experiments very much I really like the experiment.

Pictures:



for Mrs. Umadevi Kokku
Rotaract Convenor 2021-22



Uma
Dr. Uma Shankar
Principal

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: Akanksha 6.0 - Colors of Life

Name of the Project: Akanksha 6.0 - Colors of Life	Venue: Zoom Cloud Meetings Application
Start Date: - 19-02-2022	End Date: 28-02-2022
Start Time: 04:00 pm	End Time: 07:30 pm
Avenue: Partners-In-Service	Project Level: State Level
Project Frequency: Flagship	Chairperson of the project: Rtr. Pritika Kanthak, Rtr. Bhavya Dave, Rtr. Mahavidya Satishkumar and Rtr. Suraj Karnati.
No. of teachers coordinating such activity: 1	No. of Volunteers: 37
Impact & No. of Beneficiaries: 151	Any Award Won? - "Acer – Best Partners-In-Service Project Joint Rotaract-Interact" by Rotaract District 3141

Aim/Concept

"True happiness involves the full use of one's power and talents."

- Akanksha is a Flagship Project of the Rotaract Club of SIES College, Sion (W), supported by the Rotary Club of Bombay Pier, Innerwheel Club of Bombay Pier and the Interact Clubs of SIES and NES High Schools. Akanksha was founded six years ago with the noble goal of providing a platform for all children to express their talents in Performing Arts, Literary Arts and Fine Arts.
- We added a new category this year - 'INFORMALS'. This category was created with the sole objective of bringing informal competitions into mainstream and increasing their mental health.
- This event was held with the goal of spreading the venture to an ever-increasing number of schools and providing a platform for more students.

- Because social greatness is such an important part of a students' career, this event provided a platform for them to find their abilities and then seek enhancements for them, something that no school, including underprivileged ones, could do.

Day 1

Day 1 of Akanksha 6.0 was a Fine Arts Workshop. It was led by our facilitator, Khizra Rehman. The workshop was held on the Zoom Cloud Meetings App on 24th February from 5.00 PM onwards.

Rtr. Lavanya Parmar, the MOC for the day, energetically invited everybody for the Day 1 of Akanksha 6.0 - The Fine Arts Workshop. Every one of the kids were exceptionally invigorated and enthusiastically trusting that the occasion would start.

The Chairpersons, Rtr. Pritika Kantak & Rtr. Bhavya Dave and Vice-Chairpersons, Rtr. Mahavidya Satishkumar & Rtr. Suraj Karnati were called upon to introduce themselves. After the introduction, they informed everybody briefly about Akanksha 6.0.

Rtr. Lavanya Parmar expressed gratitude towards the team and without deferring further, she called upon the facilitator, Khizra Rehman.

She gave a speedy clarification about her experience in Akanksha 5.0 i.e the previous year wherein she taught the students to make paintings with the help of polythene sheets and water colours. This year, she planned to teach 'Mini Canvas Painting' as something complex to level up their skill.

She utilised materials like canvas, acrylic tones and paint brushes of different sizes which were effectively accessible at nearest stores. She utilised acrylic tones to give the white canvas a vivid colourful striped background and drew a cute bear with an uncommon method.

The workshop was led in an orderly and intuitive way. Participants showed interest and asked a few questions. The facilitator addressed every single query and ensured that every one of the participants understood everything that was taught.

Rtr. Lavanya Parmar thanked the facilitator and presented the Citation as a Token of Appreciation.

In conclusion, Rtr. Pritika Kantak concluded by saying thanks to everybody for joining and requesting that they show up for the further series of events of Akanksha.6.0.

Day 2

Day 2 of Akanksha 6.0 was the Performing Arts workshop held on 25th February, (in the Zoom Meetings App from 5:00 pm onwards. For this workshop Mr. Akash Kanakkannthra was invited as the facilitator.

Our MoC for the day, Rtr. Preeti Iyer ardently welcomed everyone for day 2 of Akanksha 6.0 and called upon Team Akanksha 6.0 to give their introduction.

The students were very thrilled for this workshop as everyone switched on their cameras, all set for the dance show.

Without any further delay, Rtr. Preeti Iyer called upon our facilitator to start our event. Along with Mr. Akash Sir, we had his colleague to accompany him Mr. Arnav Harsh.

The Interactors of SIES High School and NES School were invited to attend the workshop as well. A mock was conducted ahead of time to ensure the MOCs felt prepared and confident. A zoom link was created in advance and shared across the groups.

The event started with an introduction of the Chairperson, Vice Chairpersons and a brief of Akanksha 5.0, its aim and concept.

It was followed by the introduction of the facilitator, Mr. Akash Kanakkanthra.

The students were incredibly interactive and energetic throughout the workshop. They were taught the dance steps to the popular Bollywood song, Rang Chadha Hai.

It was an opportunity for them to learn something new in a fun, engaging manner.

After the workshop, Chairperson Rtr. Bhavya Dave expressed her gratitude on behalf of the entire Akanksha 6.0 team.

A citation was presented to the guest for his support and valuable insights to the project.

Day 3

Day 3 of Akanksha 6.0 was the opening ceremony where winners of the various competitions held for std 1st - 4th were announced. It was conducted on the Zoom Meetings app on the 26th February, 4:00 pm onwards.

Rtr. Pooja Kumawat was the Moc for the day and she warmly welcomed everyone for the day 3 of Akanksha 6.0. Everyone present there was very excited to know the results for the categories they all had participated in.

The Chairpersons, Rtr. Pritika Katak & Rtr. Bhavya Dave and Vice-Chairpersons, Rtr. Mahavidya Satishkumar & Rtr. Suraj Karnati were called upon to introduce themselves. After the introduction, they gave a brief introduction about Akanksha 6.0.

Rtr. Pooja Kumawat thanked the team and requested our beloved President, Rtr. Ronit Milag to begin the collaring ceremony.

Rtr. Pooja Kumawat and Team Akanksha 6.0 thanked President Ronit Milag and the event began with a positive term.

To fuel the existing excitement and enthusiasm, our MoC started an engagement activity with the participants. The activity was called " Spot The Difference" .

Various pictures were shown to them and they were asked to spot the difference and list it in the chat box. The chat box then started overflowing as all were actively responding with the answers.

Rtr. Pooja Kumawat entertained the participants by helping them figure out the differences and then the activity session came to an end .

Soon after this, the winner announcements for 1st-4th began . The winners from the two categories i.e Performing arts which included events like (Solo Dance , Solo Singing , Fancy Dress) & Literary Arts which included events like (Poetry Recitation , Handwriting Competition , Story Writing) were announced .

Since the cameras were turned on we could see all the smiling faces of kids and the winners of the events . Everyone congratulated the winners in the chat box section .

Rtr. Pooja Kumawat thanked all the participants and called upon Rtr. Urmi Jagirdar to sing one of her favourite songs to set the stage for the further announcements.

As Rtr. Urmi started singing, we could see all the participants singing along with her and vibing to the song sung in her delightful voice. Rtr. Pooja Kumawat then expressed her gratitude on behalf of Team Akansha by presenting her with a Citation as a token of Appreciation .

Rtr. Pooja Kumawat then handed over the session to team Akanksha 6.0. Rtr. Pritika Kantak took over with one more fun activity which was a very fun and famous one, " Tongue Twisters ".

Various slides consisted of different statements. This segment started with the most common tongue twister i.e "kacha papad pakka papad". Rtr Pooja Kumawat was called upon to try this as an example for the upcoming statements.

All the participants were asked to raise their hands to participate in this activity. Rtr. Pritika Kantak gave a chance to all those who raised their hands. It was a great engagement activity as everyone laughed together and enjoyed the entire segment.

Soon after this, the announcements to declare the winners continued for the last two categories i.e Fine Arts which included events like (Drawing & Craft) Informals which included events named as (Spell Bee).

Rtr. Pooja Kumawat thanked all the participants and encouraged them to participate in more such upcoming events organised by the Rotaract Club of Sies College.

Rtr. Pritika Kantak concluded by expressing her heartfelt gratitude to everybody who joined and participated and made Akansha a memorable experience for all of us.

Day 4

Day 4 was the closing ceremony of Akanksha 6.0 and the winners for standards 5th to 10th were announced. The ceremony was held on 27th February in the Zoom Meetings App from 11:00 am onwards.

Rtr. Darshini Ganesh and Rtr. Swaroop Iyer, the MoCs for the day, introduced themselves after which Rtr. Darshini Ganesh gave everyone a heartfelt welcome.

She also stated that the best school will be announced and asked the participants to show their excitement in the chat box as students were very enthused and excited for the results.

After this Rtr. Swaroop Iyer called upon Team Akanksha 6.0 to give their introduction. The Chairpersons Rtr. Pritika Katak, Rtr. Bhavya Dave and the Vice-Chairpersons Rtr. Mahavidya Satishkumar and Rtr. Suraj Karnati introduced themselves and explained in brief about what Akanksha is and their motto.

The MoCs thanked team Akanksha 6.0 and Rtr. Darshini Ganesh started with a small activity wherein the background music of a song would be played and everyone had to guess the song, participants were very much thrilled and the chat box flourished with numerous answers. Some of them even sang the songs for the audience.

As soon as the activity was done, without any further delay Rtr. Swaroop Iyer announced the winners for Performing arts which included the events Solo Dance, Solo Singing, Fancy Dress, Mono Acting and Duet Dance for standards 5th to 7th. Children were enthralled and happy to hear the results and we could see the happy faces of the winners. Moving on to the next category that is Literary Arts, Rtr. Darshini Ganesh announced the winners for the events Elocution, Handwriting, Quiz and Essay writing.

After this we had a live performance for which Rtr. Darshini Ganesh introduced the artist Rtr. Urmi Jagirdar who was also a member of our club i.e. RCSIESSW, started her passion of singing right from the age of 8. Rtr. Urmi Jagirdar enlightened the audience with her delightful performance by singing the song Kasoor.

Rtr. Darshini Ganesh thanked Rtr. Urmi and presented her the citation for her contribution in our ceremony on behalf of our club.

Without any further delay the winners for the Fine arts category which included the events Poster making and Best out of waste and Informals category which included the events Ad Mad Show and Doodling were announced. The chat box was filled with people congratulating the winners and participants showed enthusiasm for the declaration of winners for the next category.

Following this we had Team Akanksha take over for an activity which included challenging tongue twisters for the audience. Many students came forward to give it a try and this activity ended up to be the most exciting one as students participated actively and Rtr. Pritika Kantak also gave a try to a tongue twister upon the request of our audience.

Rtr. Swaroop Iyer then announced the winners for the Performing Arts category for standards 8th to 10th. This category included the events of Solo Dance, Solo Singing and Mono Acting. Following this Rtr. Darshini Ganesh announces the winners for Literary Arts category wherein events like elocution, debate, essay writing and quiz were included.

A live performance was followed by this which was given by our very own Jt. Secretary Rtr. Raji Ramanujan. Rtr. Swaroop Iyer gave a short introduction about her and Rtr. Raji rendered her performance which left the audience captivated for a moment. Rtr. Swaroop Iyer thanked Rtr. Raji Ramanujan for her divine performance and presented the citation of appreciation on behalf of our club.

The winners for the Fine Arts category including Poster making, Best out of waste and Informals category including Doodling, Ad Mad Show were announced by our MoCs. After this winners for a special event i.e. Scavenger hunt was announced as this was the only event conducted for all the participants right from standard 1st to 10th and without any fee.

Rtr. Darshini Ganesh conveyed her heartfelt compliments to all our winners and then called upon our president Rtr. Ronit Milag to say a few words and announce the best school of Akanksha 6.0.

Rtr. Ronit Milag congratulated all our winners and expressed his gratitude towards all the participants and rotaractors for making this project a success and then announced the best school of the year.

Rtr. Darshini Ganesh then called upon Team Akanksha 6.0 to give their vote of thanks. Team Akanksha 6.0 thanked the DRR, ZRRs, our college principal and our convenor for being there as constant pillars of support for us. They then thanked our parent rotary club i.e. Rotary club of Bombay Pier,

Innerwheel club of Bombay Pier and the Interactors for their support throughout the years. The mentor, Organising Committee and the participants were also acknowledged and finally Team Akanksha 6.0 officially signed off for the year.

Team secretariat was called upon by our MoC Rtr. Swaroop Iyer gave their secretariat announcement and then our president Rtr: Ronit Milag came forward to uncollar himself and call the meeting to adjourn.

With that the MoCs thanked everyone for attending the ceremony and signed off.

Impact

Akanksha gives an opportunity to many college students who are constantly keen to showcase their abilities. It revealed their hidden abilities. It created a feel of familiarity and satisfaction among themselves.

Due to the pandemic and online schooling, college students have been lacking out on extracurricular sports and the possibility to take part or perform. Through Akanksha we as a Club ought to offer them a platform for their abilities.

The college students, their parents and faculty instructors have been encouraged to take part in more such events.

The interactors also had an opportunity to apprehend the drift of events, take part in and analyse more about Rotaract.

Being a Partners- In- Service, one of the principal goals of AKANKSHA is to deliver the 3 branches – Rotary, Rotaract and Interact collectively to make a big occasion like this possible. Interactors have been nicely versed with the info and flaws of the occasion making plans and control method so that you can be useful for them withinside the future.

The support of the Rotary Club of Bombay Pier was an integral part of this initiative, and Rotarians attending the events improved the RotaryRotaract Relation. This year, the OC team learned and adapted a new format for implementing a mega project.

Everyone involved in the project learned something new. With the participation of schools across Mumbai in Akanksha this year, the project has succeeded in providing a platform for more students and has the potential to have a greater impact. The enthusiasm and commitment of the participants and their parents stood out. Participating in online events was also a challenge for them as many of them came from underprivileged schools, but fortunately with the help of OC teams and teachers, this barrier has almost been overcome.

Lastly, Akanksha 6.0 received a total participation of participants and more than entries in all.

Follow-up (Feedback)

- Akanksha gave an opportunity to many students who are always eager to show off their talents. It brought out the hidden talents and skills that students themselves did not know they possessed due to lack of opportunity. It created a sense of familiarity and pride amongst themselves.
- Due to the pandemic and the online schooling system, students were missing out on extracurricular activities and the opportunity to participate or perform. Through Akanksha we as a Club could provide them a platform for their talents.
- The students, parents and school teachers were impressed by the smooth functioning of the project.
- The interactors too had an opportunity to understand the flow of events, participate and learn more about Rotaract.
- Being a Partners- In- Service one of the foremost aims of AKANKSHA is to bring the three branches – Rotary, Rotaract and Interact together to make a huge event like this possible.
- The support of the Rotary Club of Bombay Pier was an integral part of this initiative, and Rotarians attending and judging the events, improved the Rotary-Rotaract Relation. With members interacting with Rotarians they came to know more about the rotary and their involvement and support in the betterment of Rotaract.
- This year the OC Team too learned and adapted to a newer format of conducting mega projects, every individual involved got to learn something new in the process..
- Lastly, AKANKSHA Received 1000 entries from participants representing over 40 Schools

Pictures



for
Mrs. Umadevi Kokku
Rotaract Convenor 2021-22



Dr. Uma Shankar
Dr. Uma Shankar
Principal

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: GIFT

Name of the Project: Gift	Venue: PRISM Healing Institute, Grant Road.
Start Date: 06-12-2021	End Date: 06-12-2021
Start Time: 09:30 AM	End Time: 04:30 PM
Avenue: Partners-in-Service (S)	Project Level: District
Project Frequency: Once	Chairperson of the project: Lekha Poojary
No. of teachers coordinating such activity: 0	No. of Volunteers: 24
Impact & No. of Beneficiaries: 175	Any Award Won? -

Aim/Concept:

Thalassemia is a blood disorder involving lower-than-normal amounts of an oxygen-carrying protein. The aim of this event was to hold a Human Leukocyte Antigen Test, for Thalassemia patients and their families. The test was conducted under the guidance of a professional. Our aim was to serve the community through this event and also ensure Rotaractors gain exposure and interact with experienced professionals as they run the tests with the help of professionals. The event also aimed to strengthen Rotary, Rotaract and Inner wheel relations while creating impact in the society.

Ground Work:

Volunteers were assigned portfolios such as Crowd Management, Swab Testing, Verification and Registration. Once the event began, patients and families of patients with Thalassemia began arriving.

24 members from our club made sure everything was carried out smoothly and with proper care. The volunteers were given detailed instructions and guidelines on their responsibilities. The instructions were as followed:

1. After a form is filled up by the responsible person, it must be thoroughly cross-checked for all the fields by another person, before taking the cheek swab. It's very important.

2. The person responsible for entering the data in the system must ensure that the entries in the system tally with the total number of forms.
3. This rule applies to the person responsible for scanning the forms as well.
4. The volunteers responsible for managing the crowd must ensure that there are not more than two families at Mr. Madan Chawla will brief the whole process to all the volunteers on the spot before the camp begins, and he will be there till the end for any guidance and support.

Some members were at the registration desk, dealing with administrative work. A few of the members were allocated for crowd management, handling the patients and family members who had begun to arrive. Some members were responsible for collecting the swab tests while some were collecting data from everyone.

As everyone entered the premises, their personal information like their name, etc. was noted down at the desk. Once they had provided the necessary details and were registered, they were directed to the swab testing location.

Rotaractors then collected their swab tests with all the necessary precautions to be taken. The Rotaractors had their masks and gloves on while taking the swab test. These swab tests will be sent to a German lab for testing and each test is of market price 12,000/-

Once the swab test was completed, we had Dr. Dua who was examining everyone. He had a record of the patient's medical history and had their previous reports as well.

The event was very insightful as he shared his knowledge and expertise about this field with us. After the tests were done, the volunteers were provided with snacks. Team Vice Presidents presented their vote of thanks. The event concluded with Volunteers expressing our gratitude for having been a part of the wonderful event and the chance to serve the community and create a tangible impact. Event chairpersons thanked everyone for being part of such great initiative and also hoped that members will continue doing their part as a rotaractor.

Summary:

The project helped the Rotaractors to understand and learn firsthand more about Thalassemia. It was an insight as to what Thalassemia is, how it affects patients and how they cope with the disorder. We also got the experience of working under a professional and came to know how the swab testing is done. The project was a medium for the members to understand and work with alongside the Rotary and the Inner wheel. Through the project, we could reach out and help 175+ individuals.

Follow-up (Feedback):


No post-work meetings were required for this event. All the volunteers loved the opportunity to work under a medical professional and perform a swab test. They truly enjoyed the event idea of serving society in a way that affects the lives of patients. They were happy that they could learn more about thalassemia under a professional. When we discussed the feedback for the event, the members said that they would like to volunteer for such activities more often, and the Rotaractors who weren't able to attend expressed their desire to do more such projects since they also wanted to be a part of more such events. Rtn. Suni Chhabawala, Innerwheel President was extremely pleased with the volunteers of our club and was happy to do this project with us.

Pictures:



for 
Mrs. Umadevi Kokku
Rotaract Convenor 2021-22




Dr. Uma Shankar
Principal

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: Hello Hydration

Name of the Project: Hello Hydration	Venue: Vikhroli
Start Date: 30-11-2021	End Date: 30-11-2021
Start Time: 03:00 PM	End Time: 05:00 PM
Avenue: Community Service	Project Level: College
Project Frequency: Once	Chairperson of the project: Rtr. Rajvee Gala
No. of teachers coordinating such activity: 0	No. of Volunteers: 15
Impact & No. of Beneficiaries: 75	Any Award Won? -

Aim/Concept:

With the upcoming winters, Mumbai seems to pay no heed to lowering temperatures, rather recording the hottest and wettest days of November. We aim to make a change in everyone's lives. Hydration is the most basic necessity for an individual, so we decided to provide it to our hard working laborers. Lemonade with Glucon-D will help the laborers stay hydrated in the scorching heat and give them an icy cool break from work. But who will prepare it for them? We approached the wonderful women of Mahila Mandal to help us prepare the drink for them.

Ground Work:

After the event blueprint was approved by the team, we went ahead with the preparations of the event. A jpeg and PR message were created and released on the club's official WhatsApp group. An order of 10 litres of lemonade was placed with the supportive and cooperative women of Vaishnavi Mahila Mandal. We bought paper glasses and also placed an order of 50 hot and freshly prepared samosas with a local vendor. On the day of the event, 3 volunteers visited the Mahila Mandal and collected the lemonade from them. At 3:00pm, all the volunteers gathered at Gajanan Maharaj Chowk, Vikhroli. Volunteers visited the construction sites and introduced our club to the workers around. We also explained to them that we have brought some freshly prepared lemonade and hot samosas for them and we would be glad to help them. The Head at the site granted us permission to proceed and we went ahead with the distribution. The lemonade was filled in paper glasses and samosas were distributed among the workers. A garbage bag was provided to collect the glasses and to avoid mess. We were able to cover 3 construction sites in the neighborhood. A total of 75+ workers were benefited by this initiative and the volunteers went home with smiling faces.

Summary:

We initially thought of distributing water to the workers to beat the heat. But they strive all day to earn a living, and work in the scorching sun to fill their

stomachs, why not add some taste to their drinks and make them smile? The workers were very content to have received a tasty snack and drink in the middle of work and blessed us for this initiative. The women of Mahila Mandal were grateful to us for placing an order with them and contribute to providing employment to the women of the Mandal. They also insisted on getting more orders for food tiffins. The volunteers felt a sense of responsibility and gratitude to help the laborers and take part in this initiative.

Follow-up (Feedback):

We would like to help and provide employment to Vaishnavi Mahila Mandal by ordering food tiffin and promoting their work in future events. We also presented a citation to the women of Vaishnavi Mahila Mandal for their amazing contribution. Members insisted on conducting the same event in coming quarters on a larger scale.

Pictures:



Umadevi
Mrs. Umadevi Kokku
Rotaract Convenor 2021-22



Uma Shankar
Dr. Uma Shankar
Principal

SIES COLLEGE OF ARTS, SCIENCE & COMMERCE (AUTONOMOUS)
ROTARACT CLUB ACTIVITIES REPORT
ACADEMIC YEAR 2021-22

Name of the Project: Let's Upcycle

Name of the Project: Let's Upcycle	Venue: Zoom Meetings App, Chembur
Start Date: 16-12-2021	End Date: 28-12-2021
Start Time: 03:00 PM	End Time: 06:00 PM
Avenue: Community Service	Project Level: College
Project Frequency: Once	Chairperson of the project: Rtr. Eshaan Pinto, Rtr. Tharani Gorky
No. of teachers coordinating such activity: 0	No. of Volunteers: 26
Impact & No. of Beneficiaries: 28	Any Award Won? -

Aim/Concept:

Ever wondered where the chips packets or toffee wrappers end up going? A look around might tell us that it might be part of the litter spread on the road, or still lying around in the nearby dumpster. We're all aware of the grave state of plastic contamination in our oceans and how plastic has become everyone's number one enemy. So, what if we told you there's a way to cut down on the quantity of plastic that ends up in the ocean? Plus, it only takes 2 minutes of your time and you can do it from the comfort of your own home? What precisely is this amazing method that has capacity to solve the world's most pressing issue right now? Eco bricks are one solution to reuse this plastic waste and build something useful from it. Instead of throwing the plastic waste and bottles we can make eco bricks with them. It is a small yet very important step towards conserving the environment.

Ground Work:

After the approval of the blueprint, we went ahead with the preparations for the event. This event was divided into two phases: Phase 1 was an online session conducted on the Zoom Meetings App. The highlights of the session were: The chairpersons, Rtr. Tharani and Rtr. Eshaan aimed to provide an in - depth knowledge to our volunteers about the concept of eco bricks. A presentation was presented to the volunteers to explain the process through visual representation. We talked to the volunteers and guided them on how eco bricks are made. A step by step process was provided to all the volunteers. We informed them about the materials and what can be included in an eco-brick and what must not be a part of an eco-brick. We also told them about the use of eco bricks at various levels and how it is economic and sustainable.

After Phase 1, A separate WhatsApp group of volunteers was made who would collect plastic waste in 11 days span and then join us on ground to make eco bricks. Keeping in mind the COVID situation, we restricted the number of people to 15 volunteers for the on ground phase. RSVPs took daily update of plastic collection on the group. Volunteers were suggested to inform the stores in their locality where plastic usage happens on a daily basis to store these plastics for the good cause. They were also asked to spread message regarding eco-bricks to their friends, family and local store owners. On 28th December we gathered at a terrace in Chembur and started preparing eco bricks. As instructed, volunteers brought a bag full of plastic waste, scissors, and stick. Plastic waste from each volunteer was gathered and we started cutting small pieces of plastic. All the volunteers filled the bottles and compressed the waste using a stick. We were successful in making 7 eco bricks. We wish to continue this process until we make a good number of eco bricks. We would donate it to a NGO where they already make shelters from eco bricks and are in need of more.

Summary:

An Eco brick is a reusable building block made by packing solid non-biodegradable garbage into plastic container to a specific density. The bottles are excellent building blocks for nearly any construction because they are packed with a set density. They can also be filled with non-biological non-recyclables that are dangerous to the environment if not contained.

Because plastic trash is a long-lasting and robust substance, Eco bricks are a sustainable solution to utilize non-biodegradable plastic waste. As a result, plastic is kept out of the ecosystem, preventing environmental contamination. A proper reuse of plastic was done by this initiative. Not only we were able to manage our plastic waste and give our bit to the environment but also we will be able to make a shelter for animals at a very minimal amount. Members of our club as well as the general public were educated about Eco bricks as a result of this effort. Even small contribution counts, which is why we were pleased to learn that local store owners, general public were thrilled with this concept and went out of their way to support the cause by informing their customers and friends and family.

Follow-up (Feedback):

E-Citation of appreciation was presented to all the volunteers. Event chairpersons did take follow up with all the volunteers regarding the plastic collection and motivated them to do this wholeheartedly.

We wish to conduct more such initiatives with different sections of the society to create awareness.

Pictures:



for *Shankar*
Mrs. Umadevi Kokku
Rotaract Convenor 2021-22



Uma
Dr. Uma Shankar
Principal



Value Lab Extension Activity Report 2021-2022

The Value Lab Association joined hands with Start Up-cycling Now (SUN) an NGO dedicated to be generous to the planet and learn the various ways we could recycle and upcycle waste.

1. Name of the Event: Remedy for Refuse

Type of Activity: Informative session

Resource Person: Mrs. Natasha D'costa

Theme of Workshop: Based on the value of the month GENEROSITY

Date: 21st February 2022 to 21st March 2022

No. of Teaching Staff participants:1

No. of student participants: 21 value lab volunteers and college students

Organisers: Value Lab & NSS

Report: For Generosity as the value for the month of February, the speaker Mrs. Natasha, the CEO of SUN gave an insight on sustainable practices, on effective management of our waste and encouraged all of us to start segregating garbage in the house. Listening to the side effects of throwing out E waste without segregation was a revelation to everyone listening. Mrs. Natasha asked the students to fill out a form if they would become e waste ambassadors and help collect their locality's e-waste. To make things more exciting she announced it as a competition and if we were able to collect 100 kgs of e waste, she would give us some fun events (gift coupons) to enrol for free.

As a follow up of the talk, The Value Lab Association in collaboration with SUN Start Upcycling Now and the NSS of SIES College of Arts Science & Commerce conducted an Electronic Waste Drive. **The target for the drive was 100 kgs.** The CEO of SUN, Mrs. Natasha D'Costa encouraged the SIES students to volunteer as e-waste ambassadors and conduct the drive at our own local levels, collecting electronic waste from societies, friends, family members and other associations that the students might belong to.

In the SIES college premises itself, cardboard cartons were placed in the foyer. A total of 21 students, 15 from NSS and 6 from Value Lab volunteered as e-waste ambassadors. At the end of the drive, a **total of 350 kgs of E-waste** was collected. Value lab collected around 200 kgs, NSS collected 80 kgs of e-waste. Pick-up trucks were sent to the localities of the e-waste ambassadors as well as the college to collect the waste, some to be disposed of correctly while others to be upcycled.

The E-waste drive was a huge success. It gave us students the opportunity to take charge, be ambassadors for the planet and initiate sustainable ways of living on the earth. All the volunteers received participation certificates by the SUN organization.

Annexures to the report:

Annexure 1: Event flyers

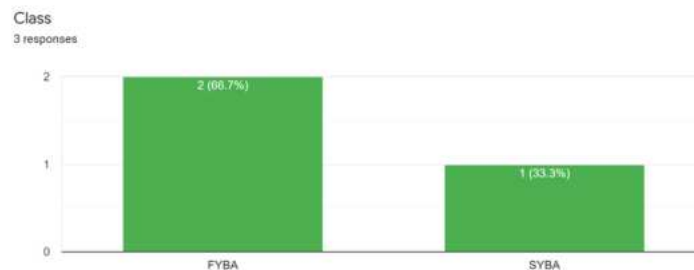


Annexure 2: Workshop Record Link

https://siescms-my.sharepoint.com/:v:/r/personal/sharlene386_ascs_sies_edu_in/Documents/Recordings/The%20Remedy%20for%20Refuse-20220218_160615-Meeting%20Recording.mp4?csf=1&web=1&e=pP5eCs

Annexure 3: Feedback report Remedy for Refuse

As per analysis of feedback form audience was from Arts & Humanities department



Few amazing responses to

How would you like to show your generosity towards the planet?

By saving and conserving water and electricity, growing more plants and by disposing of waste materials such as plastic, cardboard and e - waste.

The least that one can do is not litter their surroundings and instead use a bin.

3R formula is also very effective : Reduce Recycle Reuse

What is your personal take away from the talk?

We learnt about the community impact of waste segregation and management, dry and e - waste facts, how landfills pollute the environment, dry waste management, how crucial and significant it is to curb pollution by reusing, reducing and recycling waste.

Audience expects the value lab to host more sessions on topic like Stress Management, Self-Management, the Impact of Covid-19 on India's economy and so on!

FEEDBACK ANALYSIS:

As per analysis, the majority of our audience belonged to the Humanities department. 66.7% of responses were from students from FYBA and 33.3% were from students from FYBA.

With respect to the data collected, we can conclude that the audience was moved and intrigued and inspired by the session to a great extent.

When asked how they would like to show their generosity towards the planet, the common responses were by saving and conserving water and electricity, growing plants, disposing of waste items properly and recycling plastic, e-waste etc. They also feel that the least one can do is not litter the surroundings and use a bin, which is a very valid point too.

Some even quoted the 3R formula to be very effective, ie Reduce, Reuse and Recycle.

The main takeaway from the session was that the students/ audience learnt about the community impact of waste segregation and management, and important facts about dry, wet waste and e-waste. They also learnt how landfills pollute the environment, methods to manage dry waste, and the significance and necessity of curbing the pollution by using the 3R formula.

The audience expects the Vale Lab Association to host more sessions on various topics like Stress Management, Self-Management, the Impact of Covid-19 on India's economy and so on!

Value Lab Outreach Activities Report 2021-2022

As part of its outreach activities, Value Lab joined hands with SIES High School, Matunga to collaborate various activities with an aim to take 'values to school.' All the activities were conducted online with the help of MS Teams, Google Forms and social media apps.

2. Name of the Event: Be Generous with Yourself

Type of Activity: Interactive session

Resource Person: Mr. Deep Padharia, SyBsc Student of Sies college of Arts, Science & Commerce, completed 4 years in the teaching field, his core subjects being mathematics and Physics, Director at Deep Educations (Registered Under Startup India 2021)

Theme of Workshop: Based on the value of the month GENEROSITY

Day: Wednesday

Date: 9th March 2022

Timing :3:30pm-4:30pm

Place: MS Teams

No. of Teaching Staff participants:1

No. of Non-teaching staff participants (if any): NIL

No. of student participants: 25

Organisers: Value Lab

Report: The Value Lab Association organized an enlightening guidance session 'Be Generous with Yourself' on 9th March 2022 from 3:30 pm to 4:30 pm on Microsoft teams platform. Mr. Deep Padharia, SYBSc Student of SIES college of Arts, Science & Commerce, completed 4 years in the teaching field, his core subjects being mathematics and Physics, Director at Deep Educations (Registered Under Startup India 2021) was the speaker for this session.

This session was organized for the students of std Xth of SIES High School, Matunga. Since the SSC boards were about to begin in a month, this session was conducted for them to express their stress, anxiety and worries into words so that the students could find comfort in each other and feel confident. The Speaker, Deep Padharia encouraged the students to be expressive and clear some of their academic doubts as well as find solace in each other, as all the students were sailing in the same boat.

A total of 25 students attended the session. The students were hesitant in unmuting themselves in the beginning, however a few of them spoke up and initiated the conversation. Through the session, the students could realize that they aren't alone in all the mixed emotions they are going through and that they could find a safe space in their classmates to be generous and support each other

Annexures to the report:

Annexure 1: Event flyer



Annexure 3: Workshop Record Link

https://siescms-my.sharepoint.com/:v:/g/personal/sharlene386_ascs_sies_edu_in/ES8o08oApwdJp0zj2qYVOn4Bmll1YBShz7wo0SWKY2J2oQ

3. Name of the Event: Crafting Self Esteem

Type of Activity: Origami workshop

Resource Person: Ms. Shreshta Krishnan, Mr. Vigneshwar Pillai, Value Lab volunteers

Theme of Workshop: Based on the value of the month SELF-ESTEEM

Day: Saturday

Date: 26th November, 2021

Timing : 4:30pm-5:45pm

Place: MS Teams

No. of Teaching Staff participants: 1

No. of Non-teaching staff participants (if any): NIL

No. of student participants: 70

Organisers: Value Lab

Report: The Value Lab Association organised an Origami Workshop – Crafting Self- Esteem on the 26th November 2021 from 4:30 pm- 5:45 pm for the 7th & 8th std students of SIES High School, Matunga. A total of 70 students joined the workshop. Two members of Value Lab, Shreshta Krishnan and Vigneshwar Pillai volunteered to teach the students the origami. The students were first explained as to what self- esteem is, and why having a healthy self-esteem is important in our lives by the Value Lab Head – Sharlene Fernandes.

The students seemed enthusiastic and excited to learn and create the origami articles. They were taught patiently and intently. They were taught to prepare a pull up card wherein they had to write a

letter to themselves and the other article was an origami bookmark. The students actively participated and were very disciplined. Dr. Kamala Srinivas, the Chairperson of Value Lab congratulated the team for their efforts and encouraged the school students to participate in the events that will be hosted in the future.

Annexures to the report:

Annexure 1: Photos of the event



Annexure 2: Event flyer



Annexure 3: Workshop Record Link

https://siescms.sharepoint.com/sites/ValueLab2/Shared%20Documents/General/Recordings/Origami%20Workshop-20211126_164110-Meeting%20Recording.mp4?web=1

4. Name of the Event: Secrets of Happiness

Type of Activity: Interactive Workshop

Resource Person: Dr. Aravind Raghavan, The Chinmaya Mission

Theme of Workshop: Based on the value of the month spirituality

Day: Saturday

Date: 25th September, 2021

Timing : 3:00 pm to 4:30 pm

Place: MS Teams

No. of Teaching Staff participants: 2

No. of Non-teaching staff participants (if any): NIL

No. of student participants: 130

Organisers: Value Lab

Report: Everyone wants to be happy in life. A human's end goal is also to reach complete happiness. But it is rare to find one who knows how to achieve happiness. The Value Lab Association of SIES College of Arts, Science and Commerce (Autonomous) organized a workshop on the Secrets of Happiness. On the 25th of September 2021, Dr. Aravind Raghavan gave an eye-opening and interactive talk. With this month's value being Spirituality, this event was exemplary.

The audience were the students from classes 9th & 10th of SIES High School, Matunga. The session was interactive with students enthusiastically wanting to share their thoughts. Dr. Aravind Raghavan, started by asking what we seek in life. It could be eating your favourite meal, getting the first rank in class, being angry at a person and so on. He continued speaking that if we remove anger all that is left is peace and calm. The endeavour of human life is happiness. Now, where can one find happiness? For a person, happiness can be having a new phone or being rich, but real happiness lies within us. It is in our own mind and body we can find happiness. Dr. Raghavan said the secret to our happiness is to be *Awake*. With every letter in the word 'Awake' having a meaning, one can find happiness. The first A stands for *Aim of Life*. Our aim in life should be permanent happiness and freedom from sorrow. Our life is an accident, because the world consists of an internal world of thoughts and feelings and an external world of consciousness, and we value experiences over feelings. This was followed by a small video clip from the animation movie Kung Fu Panda, where the main character finds inner peace during his final battle. Naturally as human beings we all have needs but from time to time we keep a check on them. The W in awake stands for *Work as Worship*. The next A stands for *Alter of Concentration*. Here, a fun activity was performed. Three students were to volunteer to sign their favourite song. Each of the students sang different songs individually and then all together at one go. This activity showed us how chaos takes place in our minds. If there is chaos there is no concentration. We should hold on to one line of thinking. To strengthen our concentration, we can indulge in concentration exercise daily for a few minutes. K stands for *Know Yourself*. We are so interested in gossip about outsiders that we don't listen to our own body and mind. If we spend some time just by ourselves, our mind will be cleared. We should ask questions about the things we have taken for granted. We don't appreciate the little things in life and by doing so we can be at peace. E

stands for *Equipoise*. Here we learnt how we should never be attached to anything for too long. We all hear the common saying ‘This shall pass’ when someone is feeling low. But while experiencing happiness the mantra ‘This too shall pass’ is used. Because we should never be attached to it. Whatever the moment is, we should be in it at that time and then move on.

He concluded the seminar by explaining that if we indulge in all the five letters, we can achieve happiness in our life. He told us how an awakened person is a person who functions from happiness instead of happiness. This workshop was followed by an active question answer session and concluded successfully with a formal vote of thanks.

Annexures to the report:



Annexure 1: Photos of the event

Annexure 2: Event flyer



Annexure 3: Workshop Record Link

https://siescms-my.sharepoint.com/:v:/g/personal/reemam11_hsm_sies_edu_in/EcHB6njJuAZNhH-ePBhLi-YBdUVPmheN-doimHsA50h2hA

5. Name of the Event: Why What How Hope

Type of Activity: Guest Lecture

Resource Person: Ms. Benaifer Khisay, Remedial educator, school counsellor

Theme of Workshop: Based on the value of the month HOPE

Day: Monday

Date: 12th July, 2021

Timing: 3:00 pm-4:30 pm

Place: MS Teams

No. of Teaching Staff participants: 5

No. of Non-teaching staff participants (if any): NIL

No. of student participants: 100

Organisers: Value Lab

Report: Hope is a wonderful sense of pleasure where one finds light after facing darkness all alone. The Value Lab of SIES College of Arts, Science and Commerce (Autonomous), with Hope as the value for the month of July held a splendid interactive session with special guest Benaifer Khisay, a Remedial Educator and specialises with children with learning disabilities, along with her Dr. Uma Shankar the Founding Person of Value Lab and Principal of SIES College (A); Dr. Kamala Srinivas the Chairperson of Value Lab; Mrs. Kalyani Arumugam Headmistress of SIES School, Matunga and Mrs. Usha Jayaprakash, Mrs. Manju Phull teachers, SIES School were part of this session.

This session was mainly held for the school students of SIES School, Matunga, who were between the ages 12 to 15 years. Benaifer being experienced with school children knew how to communicate and relate with the 12- to 15-year-olds. Started off with how everything has changed since the pandemic and every walk of life is going through some difficult situation and having hope could bring back that normalcy. "Who can give you Hope?" an open question she asked to the attendees. Little voices of 'my family', 'my mother', 'teachers' and many more were the answers. Why hope? Why do humans crave that feeling? Benaifer explained, scientifically, research found out that people who believe highly in hope have lower levels of anxiety and depression, they are also more creative and better at problem solving. Most of these people are positive in nature and don't take failure personally. She mentioned to reward ourselves for every step we complete, to keep ourselves happy and reassure ourselves. A very important statement she made that moved the audience was to never compare ourselves to someone superior to us. As human beings we are so used to comparing ourselves to something unattainable that it has become completely normal, not realising what a toll it is taking on our mental health. From time to time, we should take two steps back, look at the picture as a whole, someone may be facing a harder situation than us and we should be glad that isn't us. This helps us to see things in a different perspective and we can handle the situation better. "Things Take Time" an inspiring message that helped Benaifer in her tough spot. Telling us to be patient and wait for our achievement to be rewarded.

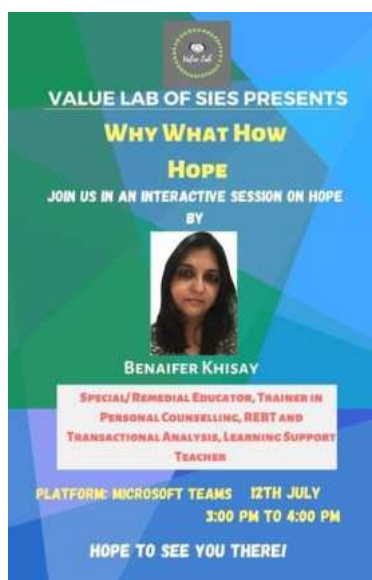
The event was concluded successfully with very interactive question and answer session.

Annexures to the report:

Annexure 1: Photos of the event



Annexure 2: Event flyer



Annexure 3: Attendance of the event

Full Name	User Action	Timestamp
Kamala Srinivas	Joined	12/07/2021, 14:48:28
Usha Jayaprakash	Joined	12/07/2021, 14:50:24
Manju Phull	Joined	12/07/2021, 14:50:24
Uma Shankar	Joined	12/07/2021, 14:51:12
Kalyani Arumugam	Joined	12/07/2021, 14:53:10
Benaifer (Guest)	Joined before	12/07/2021, 14:48:28
RajGupta	Joined before	12/07/2021, 14:48:28
Parmar Sarthak Shailesh	Joined before	12/07/2021, 14:48:28

Padhi Gaurav Saroj	Joined before	12/07/2021, 14:48:28
Ranjan Aaruv Rajeev	Joined before	12/07/2021, 14:48:28
Bhatia Dhiren Mahesh	Joined before	12/07/2021, 14:48:28
Patel Neel Dinesh	Joined before	12/07/2021, 14:48:28
Kabule Tanvi Balkrishna	Joined before	12/07/2021, 14:48:28
Rathod Nidhi Vinod	Joined before	12/07/2021, 14:48:28
Mhatre Sharavari Sameer	Joined before	12/07/2021, 14:48:28
Chaurasiya Anudeeta R	Joined before	12/07/2021, 14:48:28
Poojary Rakshita Shantaram	Joined before	12/07/2021, 14:48:28
Vaibhav Sonawane	Joined before	12/07/2021, 14:48:28
Yogeshwar Kartheeswari B	Joined before	12/07/2021, 14:48:28
Syed Alfia Mohd Salim	Joined before	12/07/2021, 14:48:28
Kamble Ria Balkrishna	Joined before	12/07/2021, 14:48:28
Shivsanjiv Vigneshwaran	Joined before	12/07/2021, 14:48:28
Pokharna Vidhi Prakash	Joined before	12/07/2021, 14:48:28
Girkar Ishita Deepak	Joined before	12/07/2021, 14:48:28
Surya Kumar Elangomani	Joined before	12/07/2021, 14:48:28
Nadar Ansika Binu	Joined before	12/07/2021, 14:48:28
Shaikh Sameera Sajid	Joined before	12/07/2021, 14:48:28
Aarya Lavesh Mhatre	Joined before	12/07/2021, 14:48:28
Jaiswal Aditya Vinay	Joined before	12/07/2021, 14:48:28
Sunil Borkar	Joined before	12/07/2021, 14:48:28
Gayatri palanivelmurugan	Joined before	12/07/2021, 14:48:28
Shetty Rithvik Karunakar	Joined before	12/07/2021, 14:48:28
Devarkar Arya Ankush	Joined before	12/07/2021, 14:48:28
Roshni Priyan	Joined before	12/07/2021, 14:48:28
Gupta Angel Yashwant	Joined before	12/07/2021, 14:48:28
Bhuyan Sadhana L	Joined before	12/07/2021, 14:48:28
Singh Ritul Krishnakumar	Joined before	12/07/2021, 14:48:28
Gavade Atharv Chandrakant	Joined before	12/07/2021, 14:48:28
Gundrekaya Divya	Joined before	12/07/2021, 14:48:28
Shaikh Mohammed Mustafa	Joined before	12/07/2021, 14:48:28
Bhandari Yatee	Joined before	12/07/2021, 14:48:28
Chavan Kshitija Kiran	Joined before	12/07/2021, 14:48:28
Kunchikorve Purvi Mariappa	Joined before	12/07/2021, 14:48:28
Devendra Muthu	Joined before	12/07/2021, 14:48:28
Sharan Suresh	Joined before	12/07/2021, 14:48:28
Khedekar Samadhan Dilesh	Joined before	12/07/2021, 14:48:28
Nihar S. Haldankar	Joined before	12/07/2021, 14:48:28
Nadar Jasmine Samuel	Joined before	12/07/2021, 14:48:28

nadar Madan Suthanthira	Joined before	12/07/2021, 14:48:28
Jessica D. Phull	Joined before	12/07/2021, 14:48:28
Gawandi Ashmit Anand	Joined before	12/07/2021, 14:48:28
Jain Charvi Paras	Joined before	12/07/2021, 14:48:28
Singh Dimpal Rammanohar	Joined before	12/07/2021, 14:48:28
Nadar Kathirvel Sivakumar	Joined before	12/07/2021, 14:48:28
Rajamahalakshmi Murugan	Joined before	12/07/2021, 14:48:28
Singh Shruti Satendra	Joined before	12/07/2021, 14:48:28
Patil Swar Shekhar	Joined before	12/07/2021, 14:48:28
Insha Naaz Ansari	Joined before	12/07/2021, 14:48:28
Mungekar Mitanshu Kishor	Joined before	12/07/2021, 14:48:28
Ansari Ekra Rizwan	Joined before	12/07/2021, 14:48:28
MRUDULA SHREERAMOJU	Joined before	12/07/2021, 14:48:28
Moopanan Eshaan Arunachalam	Joined before	12/07/2021, 14:48:28
Gayathri Elumalai	Joined before	12/07/2021, 14:48:28
Chitre Manthan Laxmikant	Joined before	12/07/2021, 14:48:28
Ansari Mohammed Shafaat	Joined before	12/07/2021, 14:48:28
Devadevan Muthukumar	Joined before	12/07/2021, 14:48:28
Gajbhiye Ekansh Pramod	Joined before	12/07/2021, 14:48:28
Jadhav Srushti Nandkumar	Joined before	12/07/2021, 14:48:28
Ahuja Manmeet Singh	Joined before	12/07/2021, 14:48:28
Manisha Thangapandi	Joined before	12/07/2021, 14:48:28
Yadav Avni Shailesh	Joined before	12/07/2021, 14:48:28
Patil Mrunalini Pradeep	Joined before	12/07/2021, 14:48:28
Nagpal Harneek Singh	Joined before	12/07/2021, 14:48:28
Sumathy Ramesh	Joined before	12/07/2021, 14:48:28
Devendra Swati Selvaraj	Joined before	12/07/2021, 14:48:28
Kotian Aisha Dinesh	Joined before	12/07/2021, 14:48:28
Khan Inaya Imran	Joined before	12/07/2021, 14:48:28
Gawand Dhanashree Sandip	Joined before	12/07/2021, 14:48:28
Parmar Meet Bhavesh	Joined before	12/07/2021, 14:48:28
Shakthibalan Subhashchandra	Joined before	12/07/2021, 14:48:28
Nimbalkar Rajveer Santosh	Joined before	12/07/2021, 14:48:28
Devendra Srinivas Shankar	Joined before	12/07/2021, 14:48:28
Patil Darsh Mahendra	Joined before	12/07/2021, 14:48:28
Nandini Halder	Joined before	12/07/2021, 14:48:28
Bhuwad Vidhi Sunil	Joined before	12/07/2021, 14:48:28
Pupala Manasvi Rajesh	Joined before	12/07/2021, 14:48:28
Mohammad Adam Aziz	Joined before	12/07/2021, 14:48:28
Kadam Chaitrali Manesh	Joined before	12/07/2021, 14:48:28

Rahod Jinisha Vijay	Joined before	12/07/2021, 14:48:28
Khan Mohammed Hisham Asif	Joined before	12/07/2021, 14:48:28
Devendra Indhumati	Joined before	12/07/2021, 14:48:28
Zahid Khan	Joined before	12/07/2021, 14:48:28
Pendurkar Paulami Santosh	Joined before	12/07/2021, 14:48:28
Muchlambi Stuti A	Joined before	12/07/2021, 14:48:28
Patil Mrunmayee Pradeep	Joined before	12/07/2021, 14:48:28
Karthik Unnikrishnan	Joined before	12/07/2021, 14:48:28
Shinde Tanushree	Joined before	12/07/2021, 14:48:28
Patekar Shubham Jayant	Joined before	12/07/2021, 14:48:28
Prashanth Ramesh	Joined before	12/07/2021, 14:48:28
Shetty Aadhya Harish	Joined before	12/07/2021, 14:48:28
Khan Rida Rehmatulla	Joined before	12/07/2021, 14:48:28
Shrigadi Ritika Bhaskar	Joined before	12/07/2021, 14:48:28
Patel Moksh	Joined before	12/07/2021, 14:48:28
Nikhil Kumaresan	Joined before	12/07/2021, 14:48:28
Nadar Vighnesh Kumar S	Joined before	12/07/2021, 14:48:28
Vishwakarma Krishna Shivkumar	Joined before	12/07/2021, 14:48:28
Kande Priyansh Sumit	Joined before	12/07/2021, 14:48:28
Nadar Shreelaxmi Selvakumar	Joined before	12/07/2021, 14:48:28
Dubey Vinayakkumar Nagendra	Joined before	12/07/2021, 14:48:28
Tank Jainik	Joined before	12/07/2021, 14:48:28
Gangadhari Neha	Joined before	12/07/2021, 14:48:28
Ashish K. Prajapati	Joined before	12/07/2021, 14:48:28
Saipriya Sudhirkumar	Joined before	12/07/2021, 14:48:28
Bera Sabuj Prakash	Joined before	12/07/2021, 14:48:28
Nadar Sanjith Pomurugan	Joined before	12/07/2021, 14:48:28
Rajani Gupta	Joined before	12/07/2021, 14:48:28
Rajkumar Hershana Shree	Joined before	12/07/2021, 14:48:28
Parmar Devanshi	Joined before	12/07/2021, 14:48:28
Fodkar Shoeb Taufiq	Joined before	12/07/2021, 14:48:28
Akshara Khandagale	Joined before	12/07/2021, 14:48:28
Tanisha Mukesh jethwa	Joined before	12/07/2021, 14:48:28
p.sivaharni	Joined before	12/07/2021, 14:48:28
Rohini K	Joined before	12/07/2021, 14:48:28
Shinde Rudula Bharat	Joined before	12/07/2021, 14:48:28
Tanishka Ramesh Gaikwad (Guest)	Joined before	12/07/2021, 14:48:28
Mugdha A. Kangane (Guest)	Joined before	12/07/2021, 14:48:28
D.unnati	Joined before	12/07/2021, 14:48:28
Surekha Mestri	Joined before	12/07/2021, 14:48:28

Lakshmanan	Joined before	12/07/2021, 14:48:28
TANVI AVINASH SONAWANE	Joined before	12/07/2021, 14:48:28
Maheswari p (Guest)	Joined before	12/07/2021, 14:48:28
Tanvi Narvekar	Joined before	12/07/2021, 14:48:28
Divyanshu R vaishya	Joined before	12/07/2021, 14:48:28
Foram Wadhel	Joined before	12/07/2021, 14:48:28
Noman ansari	Joined before	12/07/2021, 14:48:28
Kunchikorve Tejashri	Joined	12/07/2021, 14:48:30
Ashwin Ravi (Guest)	Joined	12/07/2021, 14:48:32
REHAN SHAIKH (Guest)	Joined	12/07/2021, 14:48:42
sohan rajesh shinde (Guest)	Joined	12/07/2021, 14:48:44
Devendra Janani Nityanand	Joined	12/07/2021, 14:48:44
Sonawane Ashish	Joined	12/07/2021, 14:48:47
Banglore . Nandini . Sahadev (Guest)	Joined	12/07/2021, 14:48:49
Samar Pooja Pintu	Joined	12/07/2021, 14:48:56
Gaikwad Grishma Sharad	Joined	12/07/2021, 14:49:01
Mugdha A. Kangane (Guest)	Joined	12/07/2021, 14:49:03
huzaiifa (Guest)	Joined	12/07/2021, 14:49:10
Ramesh Singh	Joined	12/07/2021, 14:49:39
sana (Guest)	Joined	12/07/2021, 14:49:40
Kumbhar Yuvana Vikram	Joined	12/07/2021, 14:49:41
Kumbhar Yuvana Vikram	Joined	12/07/2021, 14:54:45
Rao Shreeja Rajiv (Guest)	Joined	12/07/2021, 14:49:58
Sushila Bobade	Joined	12/07/2021, 14:50:16
Thailambal Ramakrishnan	Joined	12/07/2021, 14:50:24
Thevar Selvikasini vethan	Joined	12/07/2021, 14:50:24
Shaikh Abdul Zoheb Abdul Jilani	Joined	12/07/2021, 14:50:24
Thevagi Murugiah	Joined	12/07/2021, 14:50:24
Kesarkar Divya N	Joined	12/07/2021, 14:50:24
Pujari Vaishnavi Abhijit	Joined	12/07/2021, 14:50:24
Gaikwad Vaishnavi	Joined	12/07/2021, 14:50:24
Sharlene Steven Fernandes	Joined	12/07/2021, 14:50:24
Muruhari Angio Prasannakumar	Joined	12/07/2021, 14:50:24
Chavan Vidya Sandeep	Joined	12/07/2021, 14:50:24
Koli Radhika Manish	Joined	12/07/2021, 14:50:24
Koli Radhika Manish	Joined	12/07/2021, 14:55:30
Kumaresh Kanthasamy	Joined	12/07/2021, 14:50:24
Mugdha N. Bhosle	Joined	12/07/2021, 14:50:24
Lavande Aditya K	Joined	12/07/2021, 14:50:24
Khan Mohammed Bilal	Joined	12/07/2021, 14:50:24

Thakur Ayesha Shabbir	Joined	12/07/2021, 14:50:24
Sawant Harsh Sitaram	Joined	12/07/2021, 14:50:24
Bankar Siddhanti Pravin	Joined	12/07/2021, 14:50:24
Baikadi Bhavesh Timesh	Joined	12/07/2021, 14:50:24
Deepa Yadav	Joined	12/07/2021, 14:50:24
Mhatre Swara Sujan	Joined	12/07/2021, 14:50:24
Nandini Ganesh	Joined	12/07/2021, 14:50:24
Bohara Palak Dinesh	Joined	12/07/2021, 14:50:24
Shaikh Shabnam Kadar	Joined	12/07/2021, 14:50:24
Yadav Shaurya Santosh	Joined	12/07/2021, 14:50:24
Viklar Sabeena Kaja M	Joined	12/07/2021, 14:50:24
Taleti Lavanya Ravi	Joined	12/07/2021, 14:50:24
Panada Rohankumar Ramesh	Joined	12/07/2021, 14:50:24
Qureshi Asifa Asif	Joined	12/07/2021, 14:50:24
Mohammad Tousif Abdul Kadir	Joined	12/07/2021, 14:50:24
Bairu Akhil Pullaih	Joined	12/07/2021, 14:50:24
Yadav Gopi Kannan	Joined	12/07/2021, 14:50:24
Maria Fancia Maria Longineus	Joined	12/07/2021, 14:50:24
Suthar Divya	Joined	12/07/2021, 14:50:24
Devendra Ansh Nitin	Joined	12/07/2021, 14:50:24
Pillai Arjun A	Joined	12/07/2021, 14:50:24
Shetty Vedika Venkatesh	Joined	12/07/2021, 14:50:24
Aruntathiyar Harnisha	Joined	12/07/2021, 14:50:24
Arundhiyar Giri Ravi	Joined	12/07/2021, 14:50:24
Sangeetha Rao	Joined	12/07/2021, 14:50:24
Lakhare Tanhavi Rajesh	Joined	12/07/2021, 14:50:24
Shaikh Ahmed Mustafa	Joined	12/07/2021, 14:50:24
Fodkar Aamir Taufiq	Joined	12/07/2021, 14:50:24
Ansari Atif Basit	Joined	12/07/2021, 14:50:24
Verma Aayush Rajkumar	Joined	12/07/2021, 14:50:24
Rhea Gautam Prabhu	Joined	12/07/2021, 14:50:24
Sawant Sejal Vinod	Joined	12/07/2021, 14:50:24
Nadar Shweta Kavirajan	Joined	12/07/2021, 14:50:24
Chalimela Tanish Manohar	Joined	12/07/2021, 14:50:24
Epili Bhagaban Lachheya	Joined	12/07/2021, 14:50:28
Subhashini Shetty	Joined	12/07/2021, 14:50:32
Khand Mohd Zaid Umar	Joined	12/07/2021, 14:50:35
Vaish Anurag K	Joined	12/07/2021, 14:50:35
Vigneshwari Sunder	Joined	12/07/2021, 14:50:40
Shinde Yash	Joined	12/07/2021, 14:50:50

Akshara Khandagale (Guest)	Joined	12/07/2021, 14:50:54
Kuril Saksahm Deepak	Joined	12/07/2021, 14:50:54
Sujatha Karande	Joined	12/07/2021, 14:50:58
Dani Mayank Prakash	Joined	12/07/2021, 14:50:59
Shreshta Krishnan	Joined	12/07/2021, 14:51:13
Bhele Nawang Vinod	Joined	12/07/2021, 14:51:17
Kunchikorve Jyoti Mariappan	Joined	12/07/2021, 14:51:21
Shantanu Khamkar (Guest)	Joined	12/07/2021, 14:51:33
Balmiki Arya Rakesh	Joined	12/07/2021, 14:51:55
Armaiti Dinyar Billimoria	Joined	12/07/2021, 14:52:11
Shubhangi Adhav	Joined	12/07/2021, 14:52:12
Devaki Ramkrishnan	Joined	12/07/2021, 14:52:31
Nadar Varshini Velkumar	Joined	12/07/2021, 14:52:39
Zeena Mehernosh Khambatta	Joined	12/07/2021, 14:53:19
Nirmala Philipose	Joined	12/07/2021, 14:53:39
Mohite Pooja Deepak	Joined	12/07/2021, 14:53:40
Krittika Kannan	Joined	12/07/2021, 14:53:41
Ghadage Vidhee Jitendra	Joined	12/07/2021, 14:53:43
Bhatt Hemish Rajendra	Joined	12/07/2021, 14:53:46
Nidhi A.Chawda	Joined	12/07/2021, 14:53:48
Gatla Shubham Vaman	Joined	12/07/2021, 14:53:50
Shetty Karthik Shekhar	Joined	12/07/2021, 14:53:58
Fallah Fatima Abdul Rasooi	Joined	12/07/2021, 14:54:06
Mansi Santosh Kelkar	Joined	12/07/2021, 14:54:08
Anushka lad	Joined	12/07/2021, 14:54:21
Jadhav Aditya Ajay	Joined	12/07/2021, 14:54:34
Shaikh Huzaifa	Joined	12/07/2021, 14:54:57
nREHAN SHAIKH (Guest)	Joined	12/07/2021, 14:55:01
Shantanu Khamkar (Guest)	Joined	12/07/2021, 14:55:10
DONA BIJU BIJU	Joined	12/07/2021, 14:55:14
Mugdha A. Kangane (Guest)	Joined	12/07/2021, 14:55:22
Rai Krishna Raju	Joined	12/07/2021, 14:55:27
Nadar Kirthanadevi L	Joined	12/07/2021, 14:55:29
Pisal Anuja A	Joined	12/07/2021, 14:55:29
Shreya Sachin Naik	Joined	12/07/2021, 14:55:35
Dange Shreya Rajkumar	Joined	12/07/2021, 14:55:37
Maiti Surya Arupkumar	Joined	12/07/2021, 14:55:38
Tankariya Rishi Diip	Joined	12/07/2021, 14:55:43
Patil Gayatri Amit	Joined	12/07/2021, 14:56:18
Aaditya Gupta (Guest)	Joined	12/07/2021, 14:56:48

Devendra Savitha	Joined	12/07/2021, 14:57:01
Balaji Suresh Kholan (Guest)	Joined	12/07/2021, 14:57:12
Konar Dharmesh Saravanan	Joined	12/07/2021, 14:57:13
Devendra Krishpriyan Rajan	Joined	12/07/2021, 14:57:13
Chelimela Anvi Manohar	Joined	12/07/2021, 14:57:21
advait (Guest)	Joined	12/07/2021, 14:57:24
Garima Tripathi	Joined	12/07/2021, 14:57:28
Gaikwad Tanishka Ramesh	Joined	12/07/2021, 14:57:30
Jain Tanshu Pankaj	Joined	12/07/2021, 14:57:53
Chaturvedi Utkarsh	Joined	12/07/2021, 14:57:54
Vanam Harshavardhan Siddhivinayak	Joined	12/07/2021, 14:58:16
Hadiya Hawaldar (Guest)	Joined	12/07/2021, 14:58:26
Balaji Suresh Kholan (Guest)	Joined	12/07/2021, 14:58:27
Pranav Rajkumar	Joined	12/07/2021, 14:58:46
Yash pawar (Guest)	Joined	12/07/2021, 14:58:53
Rayyan Hamid Hawaldar (Guest)	Joined	12/07/2021, 14:59:09
Kadam Kaushik Ajit	Joined	12/07/2021, 14:59:20
S.B. Madhubharathi	Joined	12/07/2021, 14:59:33
YASHJAIN (Guest)	Joined	12/07/2021, 14:59:37
Nisha Raman	Joined	12/07/2021, 14:59:44
Ansari Mohd Saad Salim	Joined	12/07/2021, 14:59:56
Rathod Ishita Nitin	Joined	12/07/2021, 15:00:12
Mansi Yogesh Naik	Joined	12/07/2021, 15:00:34
Chhajalani Kshitij Raju	Joined	12/07/2021, 15:01:09
Mohole Soham Girish	Joined	12/07/2021, 15:01:49
Gaikwad Piyush Ramesh (Student)	Joined	12/07/2021, 15:02:29
Surekha Mestri (Guest)	Joined	12/07/2021, 15:03:09
Rayyan Hamid Hawaldar (Guest)	Joined	12/07/2021, 15:03:15
Aaditya Gupta (Guest)	Joined	12/07/2021, 15:03:21
Chavan Jhanvi Arun	Joined	12/07/2021, 15:03:23
Chavan Aniruddh Arun	Joined	12/07/2021, 15:04:01
Basavada Shivani Ellaya	Joined	12/07/2021, 15:04:27
Nadar Divya	Joined	12/07/2021, 15:05:00
Smita Kurne	Joined	12/07/2021, 15:05:17
Sheryl Wilfi	Joined	12/07/2021, 15:10:36
Niranjan koppu (Guest)	Joined	12/07/2021, 15:06:50
Devkule Aarya Rajendra	Joined	12/07/2021, 15:07:35
chinky shivnath Prasad (Guest)	Joined	12/07/2021, 15:07:47
Tanishka Ramesh Gaikwad (Guest)	Joined	12/07/2021, 15:08:21
Bohara Harshit Dinesh	Joined	12/07/2021, 15:08:26

sriram Guruswamy (Guest)	Joined	12/07/2021, 16:25:19
sriram Guruswamy (Guest)	Joined	12/07/2021, 15:08:34
Devendra Karthikayan	Joined	12/07/2021, 15:08:35
Deep Bhavesh Padharia	Joined	12/07/2021, 15:12:00
Purohit Nisha Suresh	Joined	12/07/2021, 15:12:14
Patekar Shubhra Jayant	Joined	12/07/2021, 15:32:31
Ethiraj Rishi Shriram	Joined	12/07/2021, 15:12:33
Bhosale Tanmay Tukaram	Joined	12/07/2021, 15:13:08
Vivek S.Shinde	Joined	12/07/2021, 15:14:08
Shrivastav Anvesha Anand	Joined	12/07/2021, 15:14:30
Tanvi Narvekar (Guest)	Joined	12/07/2021, 15:34:26
Kadam Rranveer	Joined	12/07/2021, 15:26:43
Devandra Soundharya Muthu	Joined	12/07/2021, 15:15:39
Konar Vineet Venkateshwaran	Joined	12/07/2021, 15:16:47
Rao Shreeja Rajiv (Guest)	Joined	12/07/2021, 15:17:03
Waghmare Atharva Kiran	Joined	12/07/2021, 15:17:06
Gaurav S. Shinde	Joined	12/07/2021, 15:17:23
Manjrekar Deeshali Shashank	Joined	12/07/2021, 16:28:18
Vaghela Urvi Jayesh	Joined	12/07/2021, 15:17:31
Gokul Kaliraj	Joined	12/07/2021, 15:18:20
Nadar Baveena Sorimuthu	Joined	12/07/2021, 15:33:51
Lokhande Janhavi	Joined	12/07/2021, 15:19:50
Wadekar Dhruv Santosh	Joined	12/07/2021, 15:20:03
Mamidala Mayur Mohan	Joined	12/07/2021, 15:23:47
Balasurya kanthiya. (Guest)	Joined	12/07/2021, 15:27:34
Yousuf sayyed (Guest)	Joined	12/07/2021, 15:29:10
Tanvi Narvekar (Guest)	Joined	12/07/2021, 15:29:23
Mandal Rohit Mahanand	Joined	12/07/2021, 15:30:30
Borkar Sarvesh Mangesh	Joined	12/07/2021, 15:30:31
Tanvi Narvekar (Guest)	Joined	12/07/2021, 15:30:51
Nakka Pranay Raju	Joined	12/07/2021, 15:31:39
Wadwal Saily Vijay	Joined	12/07/2021, 16:15:32
Vishwakarma Sakshi Shravan	Joined	12/07/2021, 15:32:13
Shantanu Khamkar (Guest)	Joined	12/07/2021, 15:33:19
Abhinaya Balasubramaniam	Joined	12/07/2021, 15:33:38
Vedha Archita Seenivasagam	Joined	12/07/2021, 15:35:40
Salunkhe Ishika Sachin	Joined	12/07/2021, 15:38:08
meet Parmar (Guest)	Joined	12/07/2021, 15:40:24
Shweta Ganesh Ganesh	Joined	12/07/2021, 15:43:07
Suhas Kadam	Joined	12/07/2021, 16:09:05

Vaishali Patil	Joined	12/07/2021, 15:43:15
Ayush Jagamba Mishra	Joined	12/07/2021, 15:47:29
Jadhav Ayush Naresh	Joined	12/07/2021, 16:01:53
Chippa Ritesh Laxman	Joined	12/07/2021, 16:05:24
Yousuf sayyed (Guest)	Joined	12/07/2021, 16:06:56
Niranjan koppu (Guest)	Joined	12/07/2021, 16:22:58

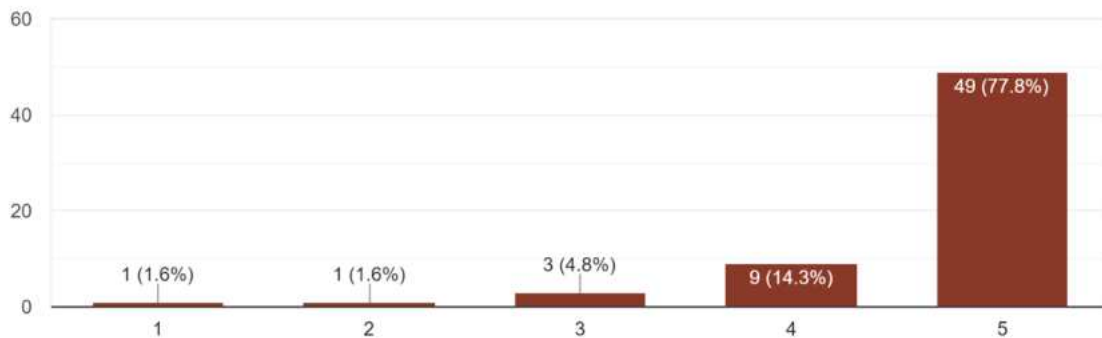
Annexure 4: Feedback of the event

Why What How HOPE

Audience was from SIES High School (Secondary Section) Matunga.

How relevant was the talk with regard to the value 'HOPE'?

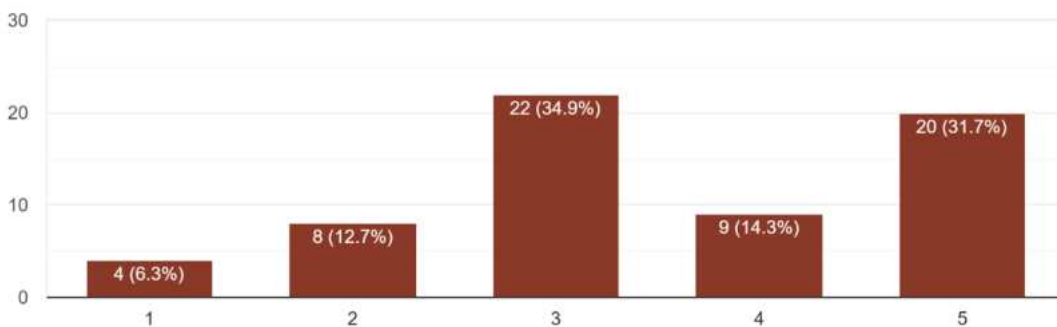
63 responses



(1 : Satisfactory & 5: Excellent)

Before listening to the talk, how often have you used the value 'HOPE' in your daily life?

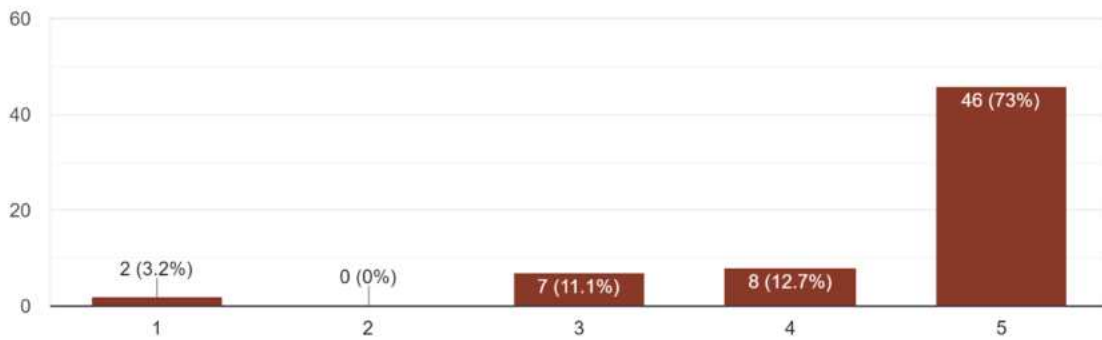
63 responses



(1: Very Rarely & 5: Very Frequently)

After listening to the talk, how often will you use the value 'HOPE in your daily life?

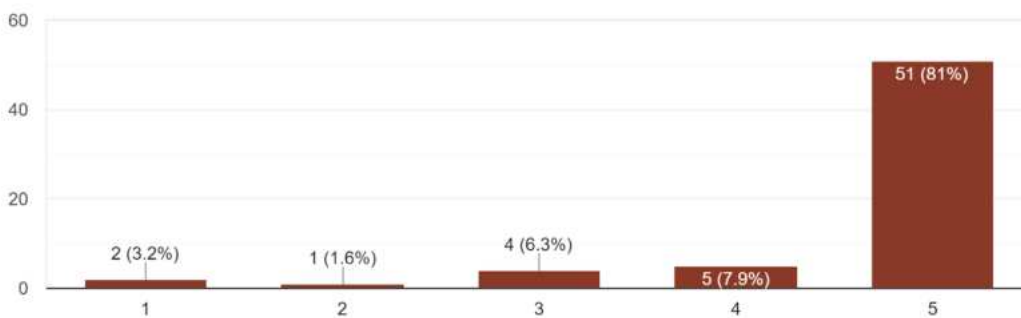
63 responses



(1:Not every time & rarely 5:Every time & frequently)

Did the guest speaker effectively deliver the idea of the value through title of the talk 'Why What How HOPE'?

63 responses



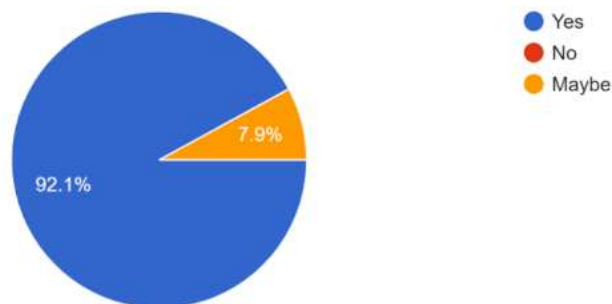
(1 : Satisfactory & 5: Excellent)

What is the most valuable message you will cherish life-long while engaging with 'HOPE' as the value?

[Click here to read responses of audience](#)

Would you like to attend more activities and sessions by Value Lab?

63 responses



FEEDBACK ANALYSIS:

The audience for this session was majorly from the Secondary Section of the SIES High School, Matunga. Out of the feedback received, 77.8% found the talk to be excellent and in line with the topic. When asked about their opinion of Hope and if they have associated with it previously, 31/7 % quoted that hope is something that they have associated with very frequently, and 34.9 % have moderately been familiar with the idea of Hope. 6.3 % of the audience have very rarely associated themselves with the idea of Hope. Post the talk, when asked how many will incorporate Hope in their daily life, 73 % of the students quoted that they would, every time and very frequently. 81 % of the students felt that the guest speaker delivered the idea of the value of hope very effectively through the talk. When asked about the most valuable message that the audience would cherish for a lifetime. They said that hope is a very positive and affirmative feeling. It also gives us the confidence to not only work on ourselves and improve ourselves but also to evolve. 92.1 % of the audience would definitely attend more activities that the Value Lab Association conducts.

Dr. Kamala Srinivas
Chairperson, Value Lab



Dr. Uma Shankar
Principal

PHOTOGRAPHY SKILL ENHANCEMENT WORKSHOP

REPORT

A. Title of the Seminar/Workshop/Conferences: **Photography Skill Enhancement workshop**

B. Background: Photography is now a very important tool for documentation. Enhancing the skills of students would make them better photographers and help in accumulating quality data.

C. Aims/Objectives:

- Indulge and Develop skills to work in a commercial Photography platform
- Development of Entrepreneurial skills
- Provide exposure for photography industry.

D. Location:

- SIES College of Arts, Science and Commerce
- NRI Complex New Mumbai for outdoor session

E. Target audience/participants with expected number:

- Students from SIES College of ASC from various streams expected number is 50

F. Details of Sessions:

- Module 1: Introduction to photography
- Module 2: Portrait and Model Photography
- Module 3: Nature/Wildlife Photography

G. Names of Resource Persons:

- Mr Bhujang Panchal
- Mr Kuldeep Chaudhari

H. Expected outcome:

- Provides a base for advanced photography techniques
- Enhances skill based wildlife and product photography

Aditya Akerkar

[Signature]
15/11/23

List of participants for the Photography skill enhancement workshop 4-5 March 2022

Name	Mobile Number	Email ID
Iqra Ansari	7039303022	ansariiqra7099@gmail.com
ANJALI MUNNA YADAV	9321464339	yanjali4567@gmail.com
ASMA MOHD AFROZ	9167458297	asmaafrozshaikh7@gmail.com
SOHAM SHETTY	9136011125	soham.shetty07@gmail.com
Siddharth Kumreshan Mudliyar	9819500926	Siddharthmudliyar@gmail.com
Kaushal Ramani	9967246583	kaushal.ramani18@gmail.com
Aarti Pradeep Galgali	9930215614	galgaliaarti99@gmail.com
VEDANT KHOKRALE	7738976759	vedhkhokrale@gmail.com
AALIYA SHAHIN SHAIKH	9867515938	aaliya0827@icloud.com
NAYAN KASTURI	7506288602	inayankasturi@gmail.com
Chirag Mansukh Kothari	9820010973	beanisneverseen@gmail.com
Pranav sriram	8369006313	pranavoneness@gmail.com
ESHAN RAJU	9987532333	eshanraju03@gmail.com
VIJAYRANGAN MURUGESAN PILLAI	7021694806	vijaypillai5416@gmail.com
LAVANYA MOILY	9769385981	lavanyamoily82@gmail.com
Arya Nair	9223548468	aryarian211@gmail.com
ARUNIMA BENGARI	9619058960	arunimabengeri2001@gmail.com
Ruchi gandhi	8108536485	ruchigandhi5432@gmail.com
GLORY SURESH GUNVANTHA	9892338872	glory.gunvantha@gmail.com
Aditya Yadav	9082610466	adityaa8281@gmail.com
ESHA ANAND MOOPANAR	7841083102	moopanaresha@gmail.com
DISHA HEGDE	9004660806	dishahegde37@gmail.com
ESHA ANAND MOOPANAR	7841083102	moopanaresha@gmail.com
YASH ARUN MIRASHI	9702570224	ymirashi30@gmail.com
SHAH SAIMA BANO MOHAMMED	9082549862	saima1028627@asc.sies.edu.in
VEYAN VELLAIPANDI	7718996510	veyanpandi360@gmail.com
SHAIKH AISHA ABDUL WAHEED	8291776403	aisha935098@asc.sies.edu.in
NEELMAYEE AJIT KHOT	9869816399	neelk4122@gmail.com
GAURAV SUNIL KUMAR PATIL	8591265714	Gaurav sunil kumar patil
Arun Shakthi Yogesh Raja Thevar	7045243726	arunshakthi2012@gmail.com
FELIX SEKAR	8433848141	heavanty6@gmail.com
ISHITA AGRAWAL	7977258706	ishitaagrawal1506@gmail.com
ACHARYA MAHESH SHANKAR	7900089433	maheshacharya101@gmail.com
ANJALI THEVAR	9082614319	anjalithevar214@gmail.com
YADAV DHANAPRIYA VELLASWAMI	9372843454	yadavdhanapriya2003@gmail.com
VINOD SHEKHAR KULAL	8169599307	vinodvinu2024@gmail.com
ANUSHREE ANANTHARAMAN	8097029852	aanuchee@gmail.com
HRUSHIKESH SUHAS TAKBHATE	7744085687	takbhatehrushikesh@gmail.com

ARCHIT KULKARNI	9930257521	Architkul57@gmail.com
Muskaan Gurmeet Singh Khamba	7045095708	iammuskaankhamba@gmail.com
NEHA SHARMA	8446265457	neha90324@gmail.com
RASHI PARESH RACHH	9167410808	rashirachh@gmail.com
Aishwarya Shetty	8454812446	aishwaryashetty32004@gmail.com
GUNJAN SUDESH JOTKAR	8108890285	gunjanjotkar@gmail.com
Aarti Pradeep Galgali	9930215614	galgaliaarti99@gmail.com
RENUKA DURAI SWAMY MUDALIAR	9892435519	renukaswamy2003@gmail.com
Trisha Mohite	9082824307	trishamohite8@gmail.com
HAMSINI ANANTHARAMAN IYER	9833086246	hamsiniyer2021@gmail.com



Report

- A. Title of the event : Guest lecture on the topic 'Samkalin kavita mein lokjivan : vishesh sandarbh – stree aur kisan' by Shree Ashtbhuja Shukla (Senior Poet & essay writer) (15th February , 2022).
- B. Background: samkalin kavita is a part of B.A. Hindi Programme. To bring more clarity about the concept & different dimensions of samkalin kavita these guest lecture was organized.
- C. Aims/Objectives: 1) to give deeper understanding to the students about samakalin Hindi poetry.
2) to make students aware about different problems of farmers & women's in Indian society.
3) to make students realize that how Hindi poetry has raised the issues of farmers in poems .
4) to make students realize that how Hindi poetry has raised the issues of women in the poems.
- D. Location: SIES College of Arts, Science and Commerce (Autonomous), Sion (West) Mumbai-4000 22
- E. Target audience/participants with expected number: 32 students.
- F. Details of Sessions: lecture & question answer session
- G. Session and name of Resource Persons: Shree Ashtbhuja Shukla (Senior Poet & essay writer)
- H. Outcome: the guest lecture helped to students to know the problems of farmers & women's related issues in samakalin (contemporary) poetry.
- I. Funding if any: nil
- J. Annexures:
i. List of Participants

Report Prepared by

Signature:



Name: Dr. Dinesh Pathak

Department: Hindi

Designation: Department of Head


Signature of HOD



एस. आई. ई. एस. कला, विज्ञान एवं वाणिज्य महाविद्यालय(स्वायत्तशासी)
सायन (पश्चिम), मुंबई - 400022

हिन्दी विभाग
अतिथि व्याख्यान

‘समकालीन कविता में लोकजीवन : विशेष संदर्भ स्त्री व किसान ’
विषय पर



श्री अष्टभुजा शुक्ल
(वरिष्ठ कवि एवं ललित निबंधकार)
के

द्वारा व्याख्यान, काव्य पाठ व चर्चा सत्र में
आप सभी सादर आमंत्रित हैं।


दिन-मंगलवार

समय - प्रातः 09.00 बजे

दिनांक - 15-02-2022

स्थान - कक्ष क्रमांक-05

भवदीय,


डॉ.दिनेश पाठक,
अध्यक्ष, हिन्दी विभाग

एस. आई. ई. एस. कला,
विज्ञान व वाणिज्य महाविद्यालय (स्वायत्त),

सायन (प) मुंबई - 400022

हिन्दी विभाग

अतिथि व्याख्यान

समकालीन कविता में लोकजीवन:
विशेष संदर्भ - स्त्री और किसान



विशिष्ट वक्ता

श्री अष्टभुजा शुक्ल

वरिष्ठ कवि

एवं ललित निबंधकार

दिनांक: 15/02/22

समय: प्रातः 09:00 बजे

कार्यक्रम से जुड़ने का लिंक:

<https://meet.google.com/zvr->

[ipbz-szy](https://meet.google.com/zvr-ipbz-szy)

आप सभी सादर आमंत्रित हैं!

भवदीय

डॉ. दिनेश पाठक
अध्यक्ष, हिन्दी विभाग

डॉ. उमा शंकर
प्राचार्या



Department/Association: Philosophy

Name of the Event: International Yoga Day

Type of Activity: Workshop

Theme of Workshop: YOGA BANAYE NIROGA

Day: Monday

Date: 21st June, 2021

Timing : 12.30 p.m. to 2 p.m.

Place: MS Teams and the College Auditorium.

No. of Teaching Staff participants: 30

No. of Non-teaching staff participants: 13

No. of student participants: 51

Organisers: Ms. Vrushali Gupte, Chairperson, Tattvam Association, Mr. Dinesh Pathak, Programme Officer, NSS, Dr. Dattatraya Pawar, NCC

Report: Tattvam – Philosophy Association, jointly with the NSS and NCC units of SIES College of Arts, Science and Commerce (Autonomous) organised the workshop on ‘Chair Yoga and Pranayam’, under the theme YOGA BANAYE NIROGA. This was to commemorate the International Yoga Day 2021. The workshop focused on instilling a consistent and healthy habit of practicing Yoga and Pranayam to promote well-being and wellness. The target participants were the nonteaching staff of the college. They being an important stake holder of the institution and considering their lifestyles issues and health problems, the workshop helped create an awareness in them about the importance of physical and mental health. Along with the non-teaching staff, teachers and students enthusiastically participated in the event.

Workshop photos:



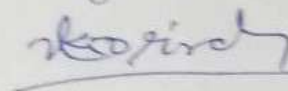


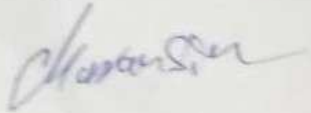
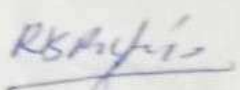
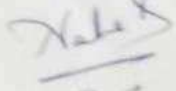
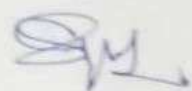

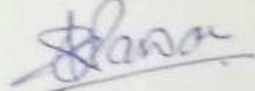
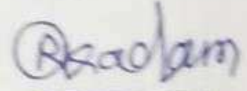

Yoga Trainer Sandeep Solanki with Teaching and Non-teaching staff in the Mini Auditorium and all students virtually joined the workshop

Workshop Recording Link: https://siescms-my.sharepoint.com/:v:/g/personal/saravanann_sies_edu_in/EfcAeNSD9ytNsvenpVA-TOEBC2i_PbAnlOupw_p7686GRg

Nonteaching staff

21st June 2021

Participants present for International Yoga Day workshop 2021

Name	Department	Signature
1. Varant K. Gominah	Chemistry	
2) Sanjay. Y. Adawad-	PHY-	
3) SUDALAI MANI	Micro -	
4) Charan Singh	micro	
5) Ranindra Patil	I.T.	
6) Mrs. Neha B	Biology	
9) Shalpa Salpeal	Biotech	
8) vikas Raut	Biotechnology	
9) Shridhar Pawar	ICE	
10) Rajesh G. Kadlam	Chemistry	
11) Nilesh G. Ghag	Chemistry	

Workshop Attendance:

Meeting Summary				
Total Number of Participants	98			
Meeting Title	International Yoga day 2021- 'Chairyoga & Pranayama Workshop'			
Meeting Start Time	6/21/2021, 11:59:43 AM			
Meeting End Time	6/21/2021, 2:09:19 PM			
Full Name	Join Time	Leave Time	Duration	Role
Kiran Nabar	6/21/2021, 11:59:43 AM	6/21/2021, 12:13:36 PM	13m 53s	Presenter
Kiran Nabar	6/21/2021, 1:15:21 PM	6/21/2021, 2:09:13 PM	53m 52s	Presenter
SEGGAM SAI SHIVA KRISHNA	6/21/2021, 11:59:55 AM	6/21/2021, 12:06:33 PM	6m 37s	Presenter
SEGGAM SAI SHIVA KRISHNA	6/21/2021, 12:34:16 PM	6/21/2021, 2:09:19 PM	1h 35m	Presenter
RITIK SUSHIL SINGH	6/21/2021, 12:03:51 PM	6/21/2021, 2:09:19 PM	2h 5m	Presenter
Aarti Muley	6/21/2021, 12:08:58 PM	6/21/2021, 12:13:41 PM	4m 42s	Presenter
Aarti Muley	6/21/2021, 12:26:29 PM	6/21/2021, 2:04:21 PM	1h 37m	Presenter
CDT Amrut Shetty	6/21/2021, 12:09:32 PM	6/21/2021, 2:09:19 PM	1h 59m	Presenter
CDT RAJKUMAR YADAV	6/21/2021, 12:09:32 PM	6/21/2021, 12:23:20 PM	13m 47s	Presenter
CDT. Pratik Adulkar	6/21/2021, 12:09:47 PM	6/21/2021, 12:13:26 PM	3m 39s	Presenter
Dattaraya Pawar	6/21/2021, 12:10:49 PM	6/21/2021, 12:15:58 PM	5m 9s	Presenter
Dattaraya Pawar	6/21/2021, 12:27:43 PM	6/21/2021, 12:40:08	12m 25s	Presenter

		PM		
Dattaraya Pawar	6/21/2021, 12:41:36 PM	6/21/2021, 2:09:19 PM	1h 27m	Presenter
Misbaha Abdul Mushtaq Deshmukh	6/21/2021, 12:12:55 PM	6/21/2021, 12:19:57 PM	7m 2s	Presenter
Dinesh Pathak	6/21/2021, 12:14:01 PM	6/21/2021, 2:09:19 PM	1h 55m	Presenter
Vrushali Gupte	6/21/2021, 12:16:48 PM	6/21/2021, 2:09:19 PM	1h 52m	Organizer
CDT. Satyam Mishra	6/21/2021, 12:17:35 PM	6/21/2021, 2:09:09 PM	1h 51m	Presenter
Varsha Muley	6/21/2021, 12:18:36 PM	6/21/2021, 2:09:19 PM	1h 50m	Presenter
Saravanan Nadar	6/21/2021, 12:19:55 PM	6/21/2021, 12:20:23 PM	27s	Presenter
Saravanan Nadar	6/21/2021, 12:21:47 PM	6/21/2021, 1:42:41 PM	1h 20m	Presenter
Harishchandra R. Gudekar (Guest)	6/21/2021, 12:22:03 PM	6/21/2021, 12:28:38 PM	6m 34s	Attendee
CDT. BHANUPRATAP SISODIA	6/21/2021, 12:22:44 PM	6/21/2021, 12:23:51 PM	1m 6s	Presenter
CDT. BHANUPRATAP SISODIA	6/21/2021, 12:25:18 PM	6/21/2021, 2:02:59 PM	1h 37m	Presenter
RESHMI DAS	6/21/2021, 12:22:59 PM	6/21/2021, 2:08:58 PM	1h 45m	Presenter
Carol Braggs	6/21/2021, 12:23:31 PM	6/21/2021, 2:09:19 PM	1h 45m	Presenter
divyaTHEVER	6/21/2021, 12:23:44 PM	6/21/2021, 12:28:08 PM	4m 23s	Attendee
ABHAY KUMAR VIJAY KUMAR DUBEY	6/21/2021, 12:24:44 PM	6/21/2021, 12:25:34 PM	50s	Attendee
Vaneeta Raney	6/21/2021, 12:26:02 PM	6/21/2021, 2:09:19 PM	1h 43m	Presenter
Amruta Padhye	6/21/2021, 12:26:04 PM	6/21/2021, 2:09:19 PM	1h 43m	Presenter
Ruchita Karmokar	6/21/2021, 12:26:27 PM	6/21/2021, 1:15:20 PM	48m 53s	Presenter
Ruchita	6/21/2021, 1:23:01	6/21/2021,	46m 18s	Presenter

Karmokar	PM	2:09:19 PM		
Ajinkya Gaikwad	6/21/2021, 12:26:49 PM	6/21/2021, 1:22:00 PM	55m 11s	Presenter
Surjeet Kaur Gurpreet Singh	6/21/2021, 12:27:21 PM	6/21/2021, 2:09:19 PM	1h 41m	Presenter
TAMILSELVAN KARTIVEL	6/21/2021, 12:27:26 PM	6/21/2021, 12:27:53 PM	27s	Presenter
TAMILSELVAN KARTIVEL	6/21/2021, 12:30:34 PM	6/21/2021, 12:30:51 PM	17s	Presenter
TAMILSELVAN KARTIVEL	6/21/2021, 12:45:20 PM	6/21/2021, 12:45:47 PM	27s	Presenter
TAMILSELVAN KARTIVEL	6/21/2021, 12:48:10 PM	6/21/2021, 1:03:59 PM	15m 48s	Presenter
TAMILSELVAN KARTIVEL	6/21/2021, 1:40:50 PM	6/21/2021, 1:44:06 PM	3m 15s	Presenter
Subi Yoosuf	6/21/2021, 12:27:32 PM	6/21/2021, 2:09:19 PM	1h 41m	Presenter
Kamala Srinivas	6/21/2021, 12:27:37 PM	6/21/2021, 2:08:49 PM	1h 41m	Presenter
Harish Gudekar	6/21/2021, 12:28:08 PM	6/21/2021, 2:09:07 PM	1h 40m	Presenter
Seema Jadhav	6/21/2021, 12:28:18 PM	6/21/2021, 2:09:14 PM	1h 40m	Presenter
aditya manwar	6/21/2021, 12:28:22 PM	6/21/2021, 12:59:55 PM	31m 32s	Presenter
Maria Fernandes	6/21/2021, 12:28:42 PM	6/21/2021, 2:09:19 PM	1h 40m	Presenter
Neha Karnik	6/21/2021, 12:29:04 PM	6/21/2021, 1:11:17 PM	42m 13s	Presenter
Neha Karnik	6/21/2021, 1:13:55 PM	6/21/2021, 2:09:11 PM	55m 16s	Presenter
Ankita Kamlesh Singh	6/21/2021, 12:30:10 PM	6/21/2021, 2:09:19 PM	1h 39m	Presenter
Shruti Panday	6/21/2021, 12:30:15 PM	6/21/2021, 12:40:02 PM	9m 46s	Presenter
Makardhwaj Rajendra Narkar	6/21/2021, 12:30:37 PM	6/21/2021, 2:09:19 PM	1h 38m	Presenter
Shatakshi Rohit Jaiswal	6/21/2021, 12:30:44 PM	6/21/2021, 12:55:57 PM	25m 13s	Presenter

Shatakshi Rohit Jaiswal	6/21/2021, 1:06:45 PM	6/21/2021, 2:09:19 PM	1h 2m	Presenter
ASHWIN BABU IYER	6/21/2021, 12:30:46 PM	6/21/2021, 2:09:19 PM	1h 38m	Presenter
Shailesh Rammanorath Gaud	6/21/2021, 12:30:57 PM	6/21/2021, 2:09:19 PM	1h 38m	Presenter
Shweta Ganesh Ganesh	6/21/2021, 12:30:58 PM	6/21/2021, 2:09:19 PM	1h 38m	Presenter
Thevar Kulantai Pandi Kulanthai Pandi	6/21/2021, 12:31:26 PM	6/21/2021, 12:31:52 PM	26s	Presenter
Thevar Kulantai Pandi Kulanthai Pandi	6/21/2021, 12:38:44 PM	6/21/2021, 2:09:19 PM	1h 30m	Presenter
Rudra Sujaya Patra	6/21/2021, 12:31:31 PM	6/21/2021, 2:09:19 PM	1h 37m	Presenter
Abhishek Prakash Gupta	6/21/2021, 12:31:52 PM	6/21/2021, 2:09:19 PM	1h 37m	Presenter
SUMEET SURESH PILLAI	6/21/2021, 12:32:19 PM	6/21/2021, 2:09:19 PM	1h 36m	Presenter
Antonette Lobo	6/21/2021, 12:32:26 PM	6/21/2021, 12:43:00 PM	10m 33s	Presenter
Pratiksha Sunildutt Soni	6/21/2021, 12:32:34 PM	6/21/2021, 2:09:19 PM	1h 36m	Presenter
Harshad Sudhakar Shettigar	6/21/2021, 12:32:43 PM	6/21/2021, 2:09:19 PM	1h 36m	Presenter
MAHESH LAXMAN CHOUDHARY	6/21/2021, 12:32:48 PM	6/21/2021, 12:42:42 PM	9m 54s	Presenter
MAHESH LAXMAN CHOUDHARY	6/21/2021, 12:50:12 PM	6/21/2021, 2:09:19 PM	1h 19m	Presenter
Jyoti Babar	6/21/2021, 12:32:51 PM	6/21/2021, 2:09:19 PM	1h 36m	Presenter
Christopher Richard	6/21/2021, 12:33:00 PM	6/21/2021, 2:09:19 PM	1h 36m	Presenter
Ketan Babu Jakka	6/21/2021, 12:33:17 PM	6/21/2021, 1:40:32 PM	1h 7m	Presenter
CDT Pratik Pandey	6/21/2021, 12:33:19 PM	6/21/2021, 1:03:22 PM	30m 3s	Presenter
Anushree Parab	6/21/2021, 12:33:19 PM	6/21/2021, 2:09:19 PM	1h 36m	Presenter

SAI SARAVANAND KAUNDER	6/21/2021, 12:33:31 PM	6/21/2021, 2:02:14 PM	1h 28m	Presenter
BENSON THOMAS	6/21/2021, 12:33:42 PM	6/21/2021, 12:37:38 PM	3m 55s	Presenter
BENSON THOMAS	6/21/2021, 1:01:15 PM	6/21/2021, 1:02:20 PM	1m 5s	Presenter
Rekha Watve-Paradkar	6/21/2021, 12:33:56 PM	6/21/2021, 2:09:19 PM	1h 35m	Presenter
Devadarssini Ajith Kumar	6/21/2021, 12:33:58 PM	6/21/2021, 1:40:07 PM	1h 6m	Presenter
Devadarssini Ajith Kumar	6/21/2021, 1:41:42 PM	6/21/2021, 2:09:19 PM	27m 37s	Presenter
aditya manwar	6/21/2021, 12:34:09 PM	6/21/2021, 1:44:16 PM	1h 10m	Presenter
MISBA MOHD ISMAIL IDRISI	6/21/2021, 12:34:16 PM	6/21/2021, 2:09:19 PM	1h 35m	Presenter
Christopher Babu Mathew	6/21/2021, 12:34:20 PM	6/21/2021, 12:46:15 PM	11m 54s	Presenter
Bhavi Paresh Mashru	6/21/2021, 12:34:30 PM	6/21/2021, 2:01:44 PM	1h 27m	Presenter
Lakshmi Muthukumar	6/21/2021, 12:34:33 PM	6/21/2021, 2:08:45 PM	1h 34m	Presenter
Athira Muralidharan Pillai	6/21/2021, 12:34:42 PM	6/21/2021, 2:09:19 PM	1h 34m	Presenter
AVANTIKA MOHANDAS PARAYI	6/21/2021, 12:35:08 PM	6/21/2021, 2:09:19 PM	1h 34m	Presenter
Vedant Nagesh Yadav	6/21/2021, 12:35:32 PM	6/21/2021, 12:43:26 PM	7m 54s	Presenter
Vedant Nagesh Yadav	6/21/2021, 12:48:00 PM	6/21/2021, 2:09:19 PM	1h 21m	Presenter
CDT RAJKUMAR YADAV	6/21/2021, 12:36:02 PM	6/21/2021, 2:09:19 PM	1h 33m	Presenter
Nirmitti Tanpure Tanpure	6/21/2021, 12:37:06 PM	6/21/2021, 12:40:36 PM	3m 29s	Presenter
Chandana Rajeswaran Nair	6/21/2021, 12:37:10 PM	6/21/2021, 2:09:19 PM	1h 32m	Presenter
Aditi Anil Jadhav	6/21/2021, 12:37:13 PM	6/21/2021, 2:09:19 PM	1h 32m	Presenter

Pratik Adulkar	6/21/2021, 12:37:15 PM	6/21/2021, 12:43:42 PM	6m 26s	Presenter
Roshan Musale	6/21/2021, 12:37:16 PM	6/21/2021, 12:38:22 PM	1m 5s	Attendee
CDT Sahil Khude	6/21/2021, 12:37:18 PM	6/21/2021, 2:09:19 PM	1h 32m	Presenter
Nandkumar Jadhav	6/21/2021, 12:37:54 PM	6/21/2021, 1:18:23 PM	40m 28s	Presenter
Pramod Ghogare	6/21/2021, 12:38:17 PM	6/21/2021, 2:09:19 PM	1h 31m	Presenter
RAMKUMAR ARUMUGAM VALLUVAR	6/21/2021, 12:38:54 PM	6/21/2021, 1:04:19 PM	25m 25s	Presenter
CHETAN SIDDHARTH YELVE	6/21/2021, 12:39:26 PM	6/21/2021, 2:09:19 PM	1h 29m	Presenter
HARSHADA NARAYAN BORADE	6/21/2021, 12:40:28 PM	6/21/2021, 2:09:19 PM	1h 28m	Presenter
Suraj Manikandan Kallingal	6/21/2021, 12:41:04 PM	6/21/2021, 2:09:19 PM	1h 28m	Presenter
KARISHMA MAHESH DIWAN	6/21/2021, 12:43:13 PM	6/21/2021, 12:50:55 PM	7m 42s	Presenter
CDT. Pratik Adulkar	6/21/2021, 12:45:03 PM	6/21/2021, 2:09:10 PM	1h 24m	Presenter
JAISHREE JAWAHAR LALLA	6/21/2021, 12:45:54 PM	6/21/2021, 12:47:11 PM	1m 17s	Presenter
JAISHREE JAWAHAR LALLA	6/21/2021, 12:48:55 PM	6/21/2021, 1:22:28 PM	33m 33s	Presenter
Shubham Bharat Jadhav (Student)	6/21/2021, 12:46:22 PM	6/21/2021, 2:09:19 PM	1h 22m	Presenter
Seema C	6/21/2021, 12:46:37 PM	6/21/2021, 1:21:04 PM	34m 26s	Presenter
Vaishnavi Venugopal	6/21/2021, 12:47:21 PM	6/21/2021, 2:09:19 PM	1h 21m	Presenter
Sharlene Steven Fernandes	6/21/2021, 12:53:38 PM	6/21/2021, 12:58:51 PM	5m 12s	Presenter
Sharlene Steven Fernandes	6/21/2021, 1:14:45 PM	6/21/2021, 1:14:58 PM	13s	Presenter

Thakur Vidhi kiran	6/21/2021, 12:53:54 PM	6/21/2021, 2:09:19 PM	1h 15m	Presenter
JENIFLORA MATHEW	6/21/2021, 12:53:59 PM	6/21/2021, 12:55:54 PM	1m 54s	Presenter
JENIFLORA MATHEW	6/21/2021, 1:13:39 PM	6/21/2021, 1:27:35 PM	13m 56s	Presenter
Pooja Manoharlal Jain	6/21/2021, 12:54:02 PM	6/21/2021, 2:09:19 PM	1h 15m	Presenter
Tirtha Kale	6/21/2021, 12:54:47 PM	6/21/2021, 1:05:09 PM	10m 22s	Presenter
Tirtha Kale	6/21/2021, 2:02:24 PM	6/21/2021, 2:03:21 PM	56s	Presenter
SAYALI ARUN JADHAV	6/21/2021, 12:55:16 PM	6/21/2021, 12:57:37 PM	2m 21s	Presenter
Praveen Pandey	6/21/2021, 12:56:53 PM	6/21/2021, 1:04:56 PM	8m 3s	Presenter
Praveen Pandey	6/21/2021, 1:39:52 PM	6/21/2021, 1:51:11 PM	11m 19s	Presenter
Praveen Pandey	6/21/2021, 2:02:18 PM	6/21/2021, 2:03:06 PM	47s	Presenter
GOVINDAN MURUGAN	6/21/2021, 1:00:05 PM	6/21/2021, 1:03:00 PM	2m 54s	Presenter
GOVINDAN MURUGAN	6/21/2021, 1:07:44 PM	6/21/2021, 1:09:05 PM	1m 21s	Presenter
Mohammad Faizan Alam Affan Mumtaz	6/21/2021, 1:05:42 PM	6/21/2021, 2:09:19 PM	1h 3m	Presenter
Gaurav Rathod	6/21/2021, 1:08:26 PM	6/21/2021, 2:06:34 PM	58m 8s	Presenter
TEJASVI SANTOSH PARAB	6/21/2021, 1:10:32 PM	6/21/2021, 1:41:01 PM	30m 28s	Presenter
pandeypratik687	6/21/2021, 1:12:06 PM	6/21/2021, 2:09:19 PM	57m 12s	Presenter
Geeta Paluskar	6/21/2021, 1:57:12 PM	6/21/2021, 2:03:43 PM	6m 30s	Presenter
Krishnan Ramchandran	6/21/2021, 2:09:01 PM	6/21/2021, 2:09:19 PM	17s	Presenter

Praveen Pandey	6/21/2021, 2:02:18 PM	6/21/2021, 2:03:06 PM	47s	Presenter
GOVINDAN MURUGAN	6/21/2021, 1:00:05 PM	6/21/2021, 1:03:00 PM	2m 54s	Presenter
GOVINDAN MURUGAN	6/21/2021, 1:07:44 PM	6/21/2021, 1:09:05 PM	1m 21s	Presenter
Mohammad Faizan Alam Affan Mumtaz	6/21/2021, 1:05:42 PM	6/21/2021, 2:09:19 PM	1h 3m	Presenter
Gaurav Rathod	6/21/2021, 1:08:26 PM	6/21/2021, 2:06:34 PM	58m 8s	Presenter
TEJASVI SANTOSH PARAB	6/21/2021, 1:10:32 PM	6/21/2021, 1:41:01 PM	30m 28s	Presenter
pandeypratik687	6/21/2021, 1:12:06 PM	6/21/2021, 2:09:19 PM	57m 12s	Presenter
Geeta Paluskar	6/21/2021, 1:57:12 PM	6/21/2021, 2:03:43 PM	6m 30s	Presenter
Krishnan Ramchandran	6/21/2021, 2:09:01 PM	6/21/2021, 2:09:19 PM	17s	Presenter



Ms. Vrushali Gupte

Chairperson, Tattvam Association



Mr. Dinesh Pathak

Programme Officer, NSS



Dr. Dattatraya Pawar

NCC Officer



DEPARTMENT OF PSYCHOLOGY

REPORT OF THE WORKSHOP ON

“Basic Helping Skills for Psychological Counseling”

(12th February’22 to 3rd March’ 22)

A. Title of the Workshop: Basic Helping Skills for Psychological Counseling

B. Background :

Students graduating with 6 papers of Psychology have a paper of Counseling Psychology. In this paper students briefly learn about personal, professional, ethical aspects of counseling. They study about the stages of counseling process and counsellor skills important in all stages. Although students learn theoretically about counseling skills, they get less opportunity in regular course of lectures to practise all the skills and learn experientially. This course will give students ample opportunity to watch demonstrations of helping skills and engage in role-plays to apply the skills learnt and receive feedback for the same, discuss challenges a counsellor may face while practising. This course was designed and conducted to function as a frame of reference for students when they work as counsellors on completion of their education.

C. Objectives:

1. Help students learn about and apply basic helping skills for psychological counseling
2. Help students have better understanding about issues of transference, counter transference, and ethics in counseling.
3. Help students understand how to help difficult clients

D. Location:

Online (MS teams)

E. Target audience/participants with expected number: 32

F. Details of Sessions:

Session No.	Session Topic	Date	Resource persons
1	Process of counseling	12 th February' 22	Mr. Swapnil Pange
	Preparation of counselor for counseling		
2	Skills of attending, active listening, rapport-building	15 th February'22	Mr. Chintan Naik
3	Questioning skill	16 th February'22	Ms. Panna Kamaljit
4	Understanding and expressing empathy, unconditional positive regard, non-judgmental attitude towards client	17 th February'22	Mr. Chintan Naik
5	Skills of paraphrasing, reflecting, summarizing	22 nd February' 22	Ms. Panna Kamaljit
6	Use of psychological tests in counseling	23 rd February' 22	Ms. Panna Kamaljit
7	Identifying and dealing with transference and countertransference	24 th February' 22	Mr. Swapnil Pange
8	Dealing with difficult clients	26 th February' 22	Mr. Chintan Naik
	Dealing with the issue of confidentiality in counseling		
9	Making a choice of psychotherapy	2 nd March' 22	Ms. Rujuta Kulkarni
10	Role of ethics in the practice of counseling	3 rd March' 22	Ms. Aanchal Keswani

G: Outcome:

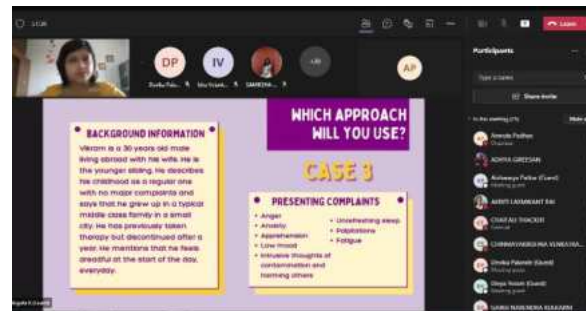
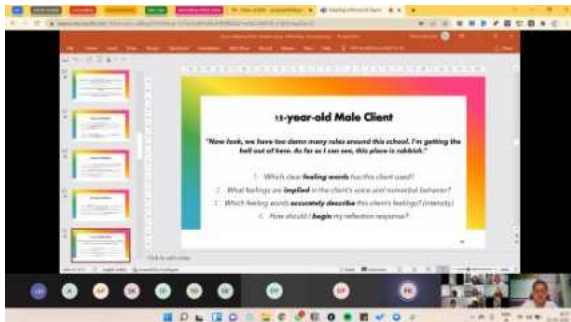
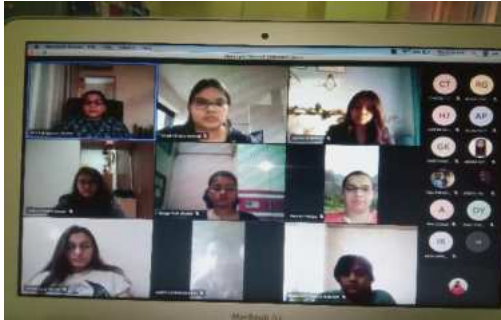
1. The course enlightened the learners about what are the important personal and professional qualities of a counsellor
2. The course helped them not only to learn in detail about basic counseling skills like paraphrasing, active listening, reflecting, summarizing, questioning etc. but also provided safe learning environment to practise these skills and receive feedback about them.
3. The course helped them to understand the role and importance of psychological tests in the process of counseling
4. This course provided learners to discuss, with professionals, about issues of transference and counter transference, confidentiality, ethics in counseling.

H: Funding agency and funds received: RUSA- Funds received: Rs. 30,000/-

I: Annexure:**i. List of Participants**

Sr. No.	Names	Email-Id
1	Adhya Gireesan	adhya.gireesan.2001@gmail.com
2	Aishwarya Patkar	swaryeah@gmail.com
3	Akriti Laxmikant Rai	raiakriti22@gmail.com
4	Anuj Aroskar	anujaroskar@gmail.com
5	Chaitali Pankaj Thacker	chaitali.thacker@somaiya.edu
6	Chinmayakrishna Shastry	chinmayak2001@gmail.com
7	Devika Dilip Palande	palandedevika5@gmail.com
8	Dhanashree Jadhav	jdhanashree184@gmail.com
9	Divya Yeram	divyayeram02@gmail.com
10	Diya Rakesh Valeja	diyavaleja@gmail.com
11	Dosani khushbu A.	khushidosani30@gmail.com
12	Gargi Kulkarni	gargikulkarni14@gmail.com
13	Gargie Patil	gargiept108@gmail.com
14	Harshika Navin Jain	harshika.n.jain@gmail.com
15	Isha Dalvi	dalviish@gmail.com
16	Isha Uday Velankar	ishavel26@gmail.com
17	Ishita Rathod	ishitarathod02@gmail.com
18	Khushi Agarwal	khushika24@gmail.com
19	Krishna Bosamiya	kbosamiya07@gmail.com
20	Nishtha Bhimani	nishtha.bhimani@somaiya.edu
21	Prachi Pawar	prachi1942002@gmail.com
22	Preeti Gawade	preeti04gawade@gmail.com
23	Ritaxi Gaglani	ritaxi.g@somaiya.edu
24	Rutuja Jagannath Kadam	rutzkadam09@gmail.com
25	Sakshi Harish Kunjathur	sakhaks30@gmail.com
26	Samiksha Rokade	samikshar91@gmail.com
27	Shreya Karia	shreyakaria12@gmail.com
28	Siddhi Bhanushali	Siddhibhanushali2100@gmail.com
29	Sneha Suvarna	snehasuvarna06@gmail.com
30	Sofiya Motani	sofiya.m@somaiya.edu
31	Vedika Sawant	vedikasawant7@gmail.com
32	Yashovardhan Doke	yashovardhandoke@gmail.com

ii. Photographs of Seminar/Workshop



Report Prepared by: Ms. Shama Todurkar



Head, Department of Psychology: Ms. Shama Todurkar

Designation: Assistant Professor

**SIES COLLEGE OF ARTS, SCIENCE AND COMMERCE (AUTONOMOUS),
SION WEST, MUMBAI - 400 022**

DEPARTMENT OF BIOTECHNOLOGY

A. Title of the Seminar/Workshop/Conferences:

Composting at Home

B. Background:

A Popular Science lecture organized by Indian Women Scientists' Association (IWSA) jointly with SIES College of Arts, Science & Commerce College (Autonomous), Mumbai.

C. Aims/Objectives:

The main objective of the webinar series was to introduce the participants to:

1. Preparation of soil mix
2. Home composting
3. Techniques of regrowing plants from plant parts

D. Location:

The program was conducted using the online platform MS Teams. It was followed by a question-answer session between the resource person and participants.

E. Target audience/participants with expected number:

81 Undergraduate and postgraduate students

F. Details of Sessions:

The session was held on Saturday, 14th August 2021 between 4:00 - 5:00 pm

G. Session and names of Resource Persons:

Mr. Jayant Joshi, Microbiologist and Environmentalist

H. Expected outcome:

The feedback of participants stated that they found the session to be interesting and insightful.

The program helped them to understand:

1. Basket composting
2. Waste management
3. Growing Plants

Dr. Tara Menon

14.08.2021

Co-ordinator

Department of Biotechnology

Composting at Home by Mr. Jayant Joshi_2020-2021

Annexures:

Annexures 1: Detail of the Resource persons

Mr. Jayant Joshi is trained as a microbiologist. His 1st job was at Bombay Beers as a brewer Followed by employment at GSK pharmaceuticals, Thane as a steroid fermentation Plant Manager. Last two years he worked in Nashik for formulations and manufacturing units. Mr Joshi is working for NGO, Jidnyasa who are the co-ordinators for Childrens' Science Conngress, conducting science projects. He is now working for Samarth Bharat vyaspith in the field of environment. He received an award for Innovation and excellence from the Rotary Club. Thane janata bank also gave "Paryavaran Mitra" puraskar for the promotion of composting among citizens. Post retirement, Mr Joshi is doing voluntary work for environmental projects

Annexures 2: List of Participants

Timestamp	Name of the Participant
2021/08/14 5:17:49 PM GMT+5:30	Jyothika Murugan
2021/08/14 5:18:00 PM GMT+5:30	Bhagyashree Ramachandra Gubber
2021/08/14 5:18:01 PM GMT+5:30	Gauri Jage
2021/08/14 5:18:06 PM GMT+5:30	Grishma Pillai
2021/08/14 5:18:14 PM GMT+5:30	Sharanya shankar
2021/08/14 5:18:16 PM GMT+5:30	Anushka Anant Padmanabhan
2021/08/14 5:18:17 PM GMT+5:30	Divya Nitin Zope
2021/08/14 5:18:24 PM GMT+5:30	Jennifer Francis Nadar
2021/08/14 5:18:25 PM GMT+5:30	Mansi Rawat
2021/08/14 5:18:32 PM GMT+5:30	Anisha Vinay Bhende
2021/08/14 5:18:46 PM GMT+5:30	Krishna Poliseti
2021/08/14 5:18:58 PM GMT+5:30	Pathan Amatul Rehman Shaukat
2021/08/14 5:19:06 PM GMT+5:30	Sakshi Gupta
2021/08/14 5:19:15 PM GMT+5:30	Jesal Vora
2021/08/14 5:19:19 PM GMT+5:30	Anandita Ghorpade
2021/08/14 5:19:23 PM GMT+5:30	Ramkumar M
2021/08/14 5:19:47 PM GMT+5:30	MANALI SHAILESH PRADHAN
2021/08/14 5:20:07 PM GMT+5:30	Shweta Vishwakarma
2021/08/14 5:20:29 PM GMT+5:30	Vaishnavi Mahalingam
2021/08/14 5:20:35 PM GMT+5:30	Aarathi kurup
2021/08/14 5:20:57 PM GMT+5:30	Karishma Manoj Anam
2021/08/14 5:20:57 PM GMT+5:30	Vaidehi Singh
2021/08/14 5:20:57 PM GMT+5:30	Manisha Saroj
2021/08/14 5:20:58 PM GMT+5:30	Sayli Dabhade
2021/08/14 5:21:03 PM GMT+5:30	Mahek Parmar
2021/08/14 5:21:19 PM GMT+5:30	Neha yadgiri appani
2021/08/14 5:21:21 PM GMT+5:30	Manika Sawant

2021/08/14 5:21:25 PM GMT+5:30	Harshitha Sunder Shetty
2021/08/14 5:21:38 PM GMT+5:30	Rahil Ansari
2021/08/14 5:22:26 PM GMT+5:30	Kajal Chandrajit Yadav
2021/08/14 5:22:32 PM GMT+5:30	Manasa Avanganti
2021/08/14 5:22:49 PM GMT+5:30	Amisha Bodke
2021/08/14 5:23:00 PM GMT+5:30	Susan Martin
2021/08/14 5:23:29 PM GMT+5:30	Shilpa Sivadas
2021/08/14 5:23:32 PM GMT+5:30	Rithik Naidu
2021/08/14 5:23:33 PM GMT+5:30	Gunjan Jotkar
2021/08/14 5:23:33 PM GMT+5:30	Sharvari Khandke
2021/08/14 5:23:37 PM GMT+5:30	Sayali Avadhut Joshi
2021/08/14 5:23:39 PM GMT+5:30	Joanna Charis Johnson
2021/08/14 5:23:41 PM GMT+5:30	Omkar Vijay Yadav
2021/08/14 5:23:41 PM GMT+5:30	Nandita Chavan
2021/08/14 5:23:47 PM GMT+5:30	Dhanisha Mohapatra
2021/08/14 5:23:50 PM GMT+5:30	Liza Fernandes
2021/08/14 5:23:54 PM GMT+5:30	Tamanna Timir Mandal
2021/08/14 5:24:01 PM GMT+5:30	Siddhi Bute
2021/08/14 5:24:12 PM GMT+5:30	Bhakti Jadhav
2021/08/14 5:24:22 PM GMT+5:30	Chirag Mansukh Kothari
2021/08/14 5:24:25 PM GMT+5:30	Jemema Agnes Tripena Raj
2021/08/14 5:24:30 PM GMT+5:30	Kaushal Ramani
2021/08/14 5:24:42 PM GMT+5:30	Tisha Puthran
2021/08/14 5:24:43 PM GMT+5:30	Sheikh Ali Ahmed
2021/08/14 5:24:50 PM GMT+5:30	Manav Patel
2021/08/14 5:24:52 PM GMT+5:30	Shaikh Misba Mohd Farid
2021/08/14 5:24:55 PM GMT+5:30	Daksh Deepak Gharat
2021/08/14 5:25:01 PM GMT+5:30	Harikrishna Rajendra Salla
2021/08/14 5:25:10 PM GMT+5:30	Sneha Anbalagan Dever
2021/08/14 5:25:34 PM GMT+5:30	Niveditha Narayanan
2021/08/14 5:25:56 PM GMT+5:30	Nayan Kasturi
2021/08/14 5:25:57 PM GMT+5:30	Akib Wahab Shiakh
2021/08/14 5:26:00 PM GMT+5:30	Mamta Yarukala
2021/08/14 5:26:01 PM GMT+5:30	Aditi Rao
2021/08/14 5:26:10 PM GMT+5:30	Sanika Rai
2021/08/14 5:26:28 PM GMT+5:30	RUKHSAR ABDUR REHMAN IDRISI
2021/08/14 5:26:33 PM GMT+5:30	Aafrin khan Abdul Hamid
2021/08/14 5:26:48 PM GMT+5:30	Neha Gaonkar
2021/08/14 5:26:54 PM GMT+5:30	Khan Yusra Mohammed Asif
2021/08/14 5:27:01 PM GMT+5:30	Shruti Nilesh Parmar
2021/08/14 5:28:27 PM GMT+5:30	Geeta Paluskar
2021/08/14 5:28:35 PM GMT+5:30	Siddharth mudliyar
2021/08/14 5:29:08 PM GMT+5:30	NIKITA MISHRA

Composting at Home by Mr. Jayant Joshi_2020-2021

2021/08/14 5:29:18 PM GMT+5:30	Diksha Gajanan Shetti
2021/08/14 5:31:29 PM GMT+5:30	Verma Ruby
2021/08/14 5:31:59 PM GMT+5:30	KHAN ADIBA AYUB
2021/08/14 5:32:05 PM GMT+5:30	Omkar Sundeep wakale
2021/08/14 5:33:30 PM GMT+5:30	Pooja Jain
2021/08/14 5:39:17 PM GMT+5:30	Kundanagathu Roshni Ravindran
2021/08/14 5:40:37 PM GMT+5:30	Rukmani Ramsingasan Bhagat
2021/08/14 5:42:49 PM GMT+5:30	Aditya Ravi Shetty
2021/08/14 5:43:32 PM GMT+5:30	Reshmi Mukul Das
2021/08/14 5:45:06 PM GMT+5:30	Hera Azmi
2021/08/14 6:52:52 PM GMT+5:30	Raghavi Vasanth Kumar

Annexures 3: Photographs of Seminar/Workshop

The poster features a background image of a person's hands holding a white bowl filled with soil. At the top left is the SIES logo with the tagline 'RISE WITH EDUCATION'. At the top right is the IWSA logo. The main title is 'Popular Science Lecture' in a large, elegant font. Below it, the organizing institution is listed as 'Department of Biotechnology, SIES College of Arts, Science and Commerce (Autonomous), Sion West'. It is also associated with the 'Indian Women Scientists' Association, Vashi, Navi Mumbai'. The lecture topic is 'Composting at Home' and is presented by 'Mr. Jayant Joshi', a microbiologist and environmentalist working with the NGO 'Jidnyasa'. The date is '14/08/2021' and the time is '4 to 5.30 pm'. A registration link is provided at the bottom: <https://forms.gle/orxAzmUkJmcSxDNw9>.




Composting at Home by Mr. Jayant Joshi_2020-2021

33:46

Request control

INDIAN WOMEN SCIENTISTS' ASSOCIATION (IWSA)

WELCOMES ALL PARTICIPANTS FOR THIS PROGRAM

Sector 10A , Plot 20, Vashi, Navi Mumbai 400703
Ph: 022-27661806 Email: iwsahq@gmail.com
Website: www.iwsa.net

Soc. Reg. Act 1960 Reg. No. BOM. 193/73 GBBSD-13/6/73
Bom. Pub. Trust Act 1950 Reg. No. F-2931 (BOM) 19/7/73
NITI Aayog UNIQUE ID: MH/2017/0173875

Prajith Nambiar

+101 SK S JAYANT JOSHI (Guest) Tara Menon TM Anju Angel James Shyamala Bharadwaj (Guest)

52:18

Request control

OUTLINE OF TALK

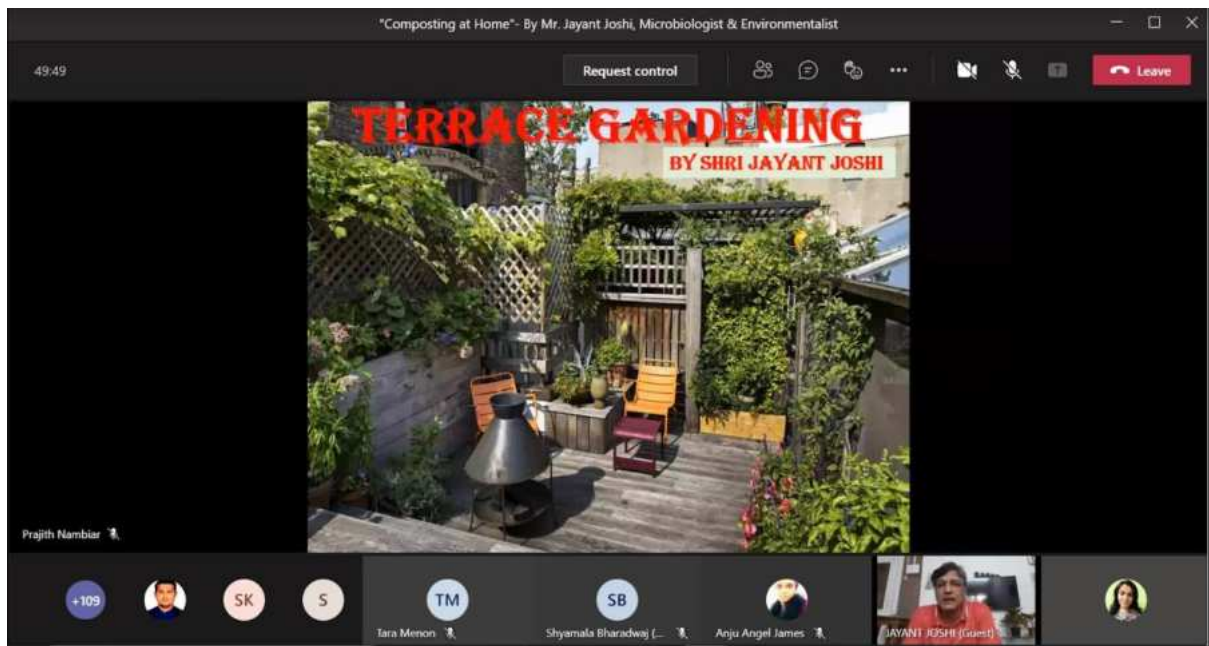
- Introduction
- Space Optimization
- Utilization of Sunlight in the available space
- Different types of Pots
- Preparation of Soil mix
- Home composting
- Regeneration of Plants
- Seasons & Plantation
- Little visitors to my terrace garden

Prajith Nambiar

+109 SK S SB TM Shyamala Bharadwaj (Guest) Tara Menon Anju Angel James JAYANT JOSHI (Guest)



Composting at Home by Mr. Jayant Joshi_2020-2021



Tara Menon

Dr. Tara Menon
Co-ordinator
Department of Biotechnology

14.08.2021

Composting at Home by Mr. Jayant Joshi_2020-2021

NCC REPORT OF ACADEMIC YEAR 2021-2022

1. Name of activity: YOGA DAY

Name of scheme/ under ministry: Ministry of Aayush

Date: 21/06/2021

Event details: Like every year, to promote and spread awareness about yoga and its benefits the NCC Cadets performed yoga in their home on 21/06/2021. They shared the benefits of yoga and some yoga protocol that can be followed for a healthy life. The number of cadets who participated is 38.

Level: Unit

Number of teachers coordinating the activity: 1

Number of cadets participated: 38

Impact and number of beneficiaries: 40



Principal
Principal



ANO
NCC ANO

2. Name of activity: TREE PLANTATION

Name of scheme/ under ministry: VAN MAHOTSAV

Date:08/07/2021 TO 10/10/2021


Event details: To emphasize the importance of Trees due to increasing pollution and rising temperature due to global warning. The NCC cadets performed tree plantation program under van Mahotsav plantation has been done near their surroundings as travelling was prohibited because of the covid-19 pandemic. During 08/07/2021, 09/10/2021 and 10/10/21 the number of saplings planted are 60.

Level: Unit

Number of teachers coordinating the activity: 1

Number of cadets participated: 21

Impact and number of beneficiaries: 21



Principal


NCC ANO

Name of the event: **“Menstrual hygiene and Menstrual issues”**

Event type: Lecture

Date: 19th January 2022.

Participants: 93 students

Brief note about the event: The lecture was delivered by Dr. Rupali Vaity, Assistant Professor, Department of Zoology, SIES College of Arts, Science and Commerce (Autonomous). A brief introduction about menstrual cycle, common menstrual issues and their solutions, menstrual hygiene tips were discussed in the lecture. The lecture was well received by 93 participants.

Name of the event: **“Cancer Awareness”**

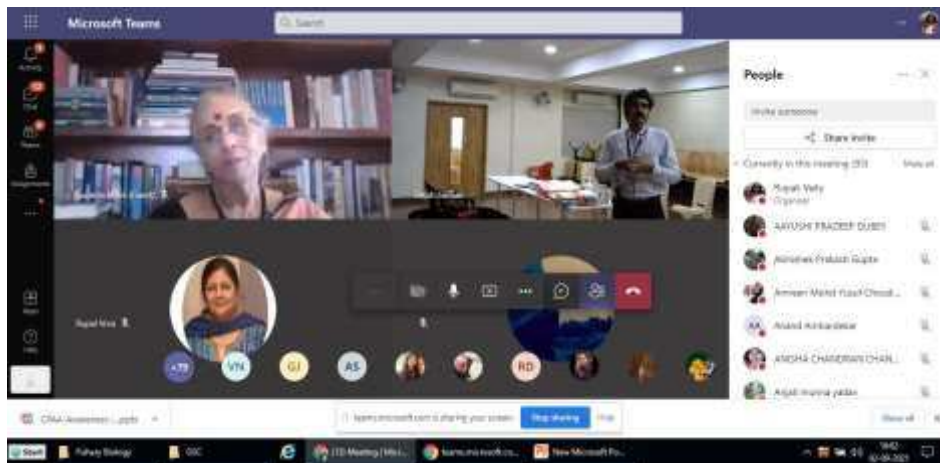
Event type: Guest lecture

Date: 2nd September 2021

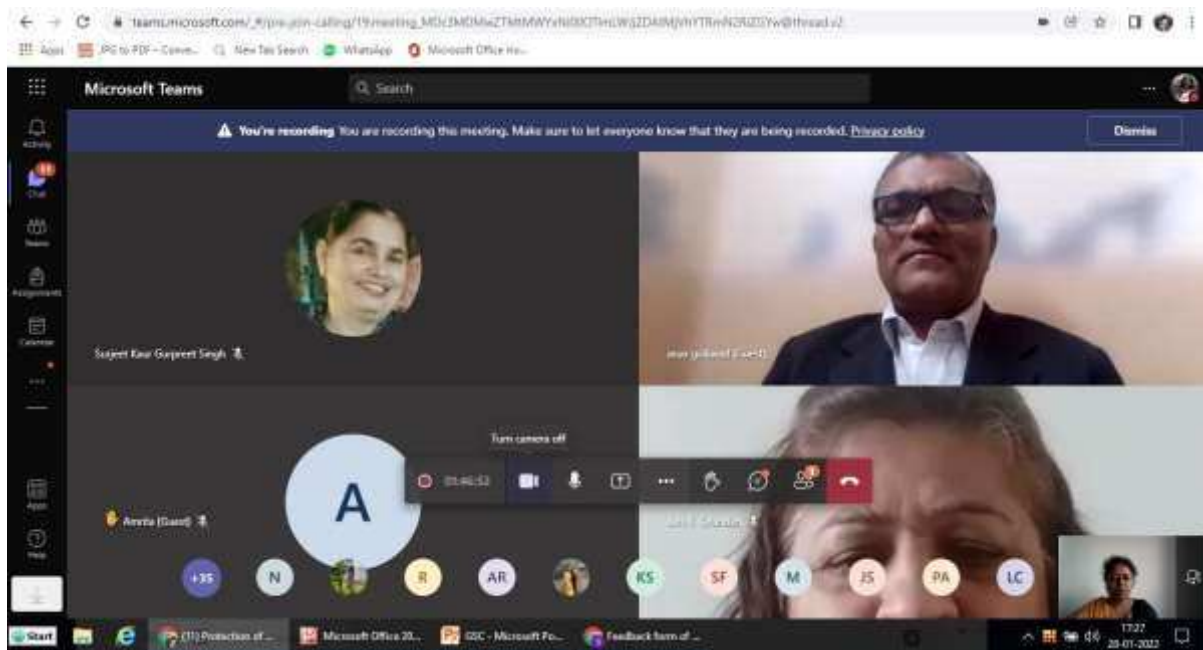
Participants: 143 students

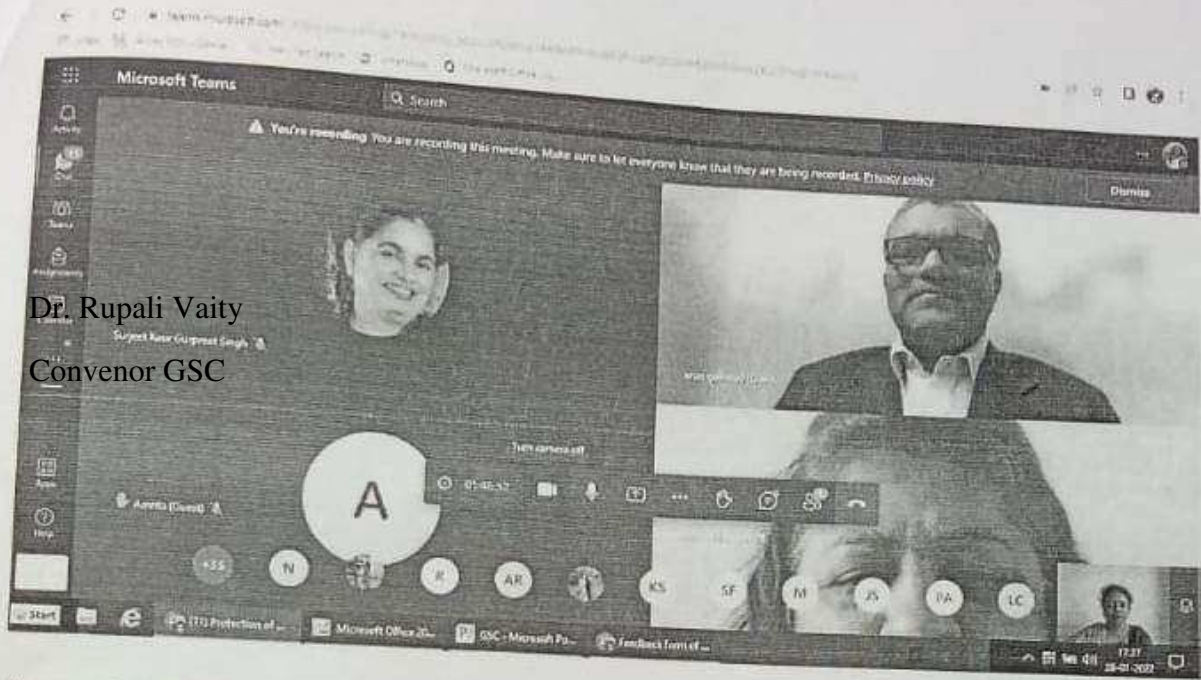
Brief note about the event: The Gender Sensitization Cell (GSC) activities were started this academic year with the Guest lecture titled “Cancer Awareness” by Ms Susmita Mitra (Director-Special Projects, Cancer Patients Aid Association). 143 participants from degree college attended the session. Ms. Mitra, highlighted the importance of early detection and warning signs to curtail the needless stress caused due to misconceptions of cancer. Almost all the participants agreed that their awareness levels about cancer, its symptoms, myths and treatment improved after attending the talk.

Screenshot of Guest lecture on Cancer Awareness by Susmita Mitra



Screenshot of guest lecture on Violence against women by Adv. Gaikwad





Dr. Rupali Vaity
Convenor GSC

Screenshot of guest lecture on Violence against women by Adv. Gaikwad

R. Vaity

Dr. Rupali Vaity
Convenor GSC

Adv. Gaikwad
17/9/22

Timestamp	Name	e-mail id:	Gender	Institute/ College you belong to	Choice	Choice	Expert	Delivered	Were there	What was your major take-away from this programme?	How was it?	Additional comments or suggestions, if any
9/2/2021 18:11:39	Aswathy Muralidharan	hnaswathy2782@gmail.co	Female	SIES COLLEGE OF ARTS	5	5	5	4	5	Awareness about cancer	5	
9/2/2021 18:11:59	RUDRA SUJAYA PATRA	rudrap730@gmail.com	Male	SIES COLLEGE OF ARTS	5	5	4	4	5	Each n every topic covered	5	Overall good session
9/2/2021 18:12:18	Gaurav sunil kumar patil	gp3733099@gmail.com	Male	SIES college of science c	5	5	5	5	5	Its was very informative and told us about breast cancer and it's symp	5	None
9/2/2021 18:12:19	Manisha Inagrahar Patel	manisha.in2699@scs.sies	Female	Sies	5	5	5	5	5	Lecture is too good and I gained my information about cancer and als	5	
9/2/2021 18:12:20	Falaki Aftreeen Rashidh	falakiaftreeen20@gmail.com	Female	SIES College of Arts, Scie	5	5	5	4	5	Awareness	4	No
9/2/2021 18:12:29	Chaitrali Deshpande	chaitralid85@gmail.com	Female	SIES College of Arts, Scie	5	4	4	4	4	Cancer shouldn't be stigmatized and patients should seek treatment a	5	
9/2/2021 18:12:31	SANJANA SANJAY SURJ	sanjayasurve2166@gmail	Female	Sies (sion, west)	4	4	4	3	5	A lot of awareness about cancer	4	
9/2/2021 18:12:32	Komalpreet KAUR Manku	Komalpreet198ec@gmail	Female	SIES College of Arts Scie	4	4	5	5	5	Reduced fear over cancer	5	None
9/2/2021 18:12:41	SUFIYA BANO MAKSUD	sufiyabano102217@scs	Female	SIES college of Arts, scier	5	5	5	5	5	Session was very informative	5	
9/2/2021 18:12:44	Anisha Chandran	anishachandran1562@g	Female	Sies college of arts scienc	5	5	5	5	5	Busting myths and getting details about awareness	5	
9/2/2021 18:12:52	Thevar Sumitra Kulantir	Fsumitrathevar133@gmail	Female	SIES COLLEGE OF ARTS	5	5	5	4	5	1. Cancer can be curable 2. Don't believe on myths 3. Get to know different types of cancer and prevention	5	Conduct such more events or webinars
9/2/2021 18:12:53	Ankita Kamlesh Singh	ankitasinghps@gmail.co	Female	SIES College of Arts, Scie	5	5	5	5	5	EARLY DETECTION IS IMPORTANT AND PREVENTION CAN HELP	5	
9/2/2021 18:13:01	Riddhi Devidaga	devadiga.riddhi@gmail.c	Female	SIES College of Arts, Scie	5	5	5	4	5	It was very informative.	5	
9/2/2021 18:13:03	Pavithra Kalirathinam	pavithrakalirathinam@g	Female	SIES COLLEGE OF ARTS	5	5	5	5	5	.	5	
9/2/2021 18:13:05	KHAN ALSHIFA MOHAMM	alshafakhan1023@gmail.c	Female	Sies college of Arts, scier	5	5	5	5	5	Awareness	5	
9/2/2021 18:13:14	M INDUMATHI MALAYAN	indumathyadav201@gmail	Female	Sies College of arts scien	4	5	5	5	5	Awareness	5	
9/2/2021 18:13:15	Manasa Parigrahi	manasaparigrahi22@gmail	Female	SIES college of Arts, Scie	4	5	4	4	4	The myths and stigma topic.	4	
9/2/2021 18:13:17	Avantika Mohandas Paray	avantikamohan21@gmail	Female	SIES College of Arts, Scie	5	5	5	5	5	What is cancer exactly/How can it be prevented, the stigma and it's n	5	
9/2/2021 18:13:17	Anreene choudhary	anreenechoudhary007@g	Female	Sies college sion	5	5	5	5	5	Cancer awares treatments precautions etc	5	It was very nice
9/2/2021 18:13:19	Ayush Sunil Lagad	ayush95164@scs.sies.e	Male	Sies college of arts scienc	4	4	5	4	5	Awareness is important	4	No
9/2/2021 18:13:24	Abhishek Prakash Gupta	abhipgupta72@gmail.com	Male	SIES College of Arts scier	4	4	5	5	5	Awareness about cancer	4	Network issues
9/2/2021 18:13:29	Rutika Toraskar	Rutika112408@scs.sies	Female	Sies college of arts scier	5	5	5	4	5	That cancer can be cured if it is detected early	5	
9/2/2021 18:13:29	Sonal Anant Khuliam	sonalkhuliam@gmail.com	Female	South Indian Education Si	5	5	5	5	5	This program give me a lots of information about cancer which i am r	5	
9/2/2021 18:13:34	Chandana Rajeswaran N	chandananam224@gmail	Female	S.I.E.S COLLEGE OF AR	5	5	5	5	5	Awareness about cancer	5	
9/2/2021 18:13:34	Laxmi Mishra	laxmimishra1617@gmail	Female	South Indian education sc	4	5	5	5	5	Deep knowledge about Cancer	5	No
9/2/2021 18:13:44	Priyanka Bhandare	priyanka10211@gmail.sc	Female	SIES	5	3	4	4	5	Not	4	It was good
9/2/2021 18:13:56	Manisha Mohammad Ibr	manishamohammed78@g	Female	Sies college of arts scien	5	4	5	5	5	Cancer is a dangerous disease but still can be cure!	5	
9/2/2021 18:14:00	Asher Abraham	asherabraham1604@gm	Male	Sies college of arts, scien	5	4	5	5	5	New knowledge on cancer	5	
9/2/2021 18:14:06	Ansari nashin mohd.	lyyanasannashin122@g	Female	S. I. E. S	5	4	5	5	5	Tell us about cancer	5	We should make campaign regarding cancer awareness
9/2/2021 18:14:07	Shweta sanjay hanhakar	shwetamhanakar2@gmail	Female	Sies college of arts comm	5	3	4	4	5	I had also learn the useful thought how to take care and prevent the c	5	No session was good
9/2/2021 18:14:36	Rutuja Kumar Kotlikar	rutuk001@gmail.com	Female	SIES College of Arts Scie	4	5	4	5	5	Awareness about cancer	5	No
9/2/2021 18:15:15	Rani Sanjay Sahu	ranisr0505@gmail.com	Female	Sies College of Arts, Scie	5	5	5	5	5	Yes Cancer can be cure just need to diagnose early	5	It was very informative and helpful as we got sensitized to various facts related to cancer.
9/2/2021 18:15:52	Samreen Munaf Sayed	samreen82587@scs.sie	Female	SIES College of Arts Scie	4	5	4	4	4	We should sympathize with people suffering from cancer Spreading a	4	It was a very informative session and Everything was explained very well
9/2/2021 18:16:11	Acharya Mahesh Shankar	maheshacharya101@gm	Male	Sies college of arts scienc	4	4	4	4	4	Cancer awareness	4	
9/2/2021 18:16:17	Shivani Dahiwelkar	shivandahiwelkar2016@	Female	SIES College of Arts, Scie	5	5	5	5	5	Cancer awareness and stigmas	5	
9/2/2021 18:16:41	Subha Dural Masaman Ar	subhaduralmasaman36@g	Female	SIES college of Arts, Scie	5	5	5	4	5	My take away message was that I got to know about HPV vaccine for	4	
9/2/2021 18:16:56	VINOD SHIVAKAR KULKA	vinodshivakar2024@gm	Male	SIES COLLEGE OF ARTS	5	5	5	5	5	Awareness about the Cancer	5	It was a very good webinar. Loved the way how it was represented.
9/2/2021 18:16:59	Aneesh Sarve	sarveaneesh@gmail.com	Male	SIES COLLEGE OF ARTS, Sc	5	5	5	5	5	...	5	No comments
9/2/2021 18:17:16	Iqra Ansari	ansariiqra7099@gmail.c	Female	Sies College of Arts Scien	5	5	4	5	5	Cancer is curable!	5	Time restriction should be followed to complete the session, one can get buffer time for arranging network issue and other technical glitches, and then run the session smoothly. If such guest lectures are kept on bank t
9/2/2021 18:17:35	Shaikh Reshma Parveen	Reshmashahikh1847591@	Female	SIES College of Arts Scie	5	5	5	5	5	Learned much about cancer How can it be cured and prevention treat	5	
9/2/2021 18:18:07	Harshad Sudhakar Shetty	harshaddss2003@gmail.c	Male	S.I.E.S. College of Arts, S	5	5	5	5	5	We could learn many things from this webinar which we could not hav	5	
9/2/2021 18:18:28	Ankita Chauhan	chauhanankita17111@g	Female	SIES College of Arts, Scie	4	4	4	4	4	Leamt new facts about cancer	4	No
9/2/2021 18:18:33	Shabnam bano shabbir H	shabnamankita2121@gm	Female	College	5	4	4	4	4	Collect information about different Cancer	5	NO
9/2/2021 18:18:37	Shaikh Simran Hussain	simran127@scs.sies.edi	Female	Sies college of arts scienc	5	5	5	5	5	Cancer can be detect by ourselves and can be cured by various therer	5	Please Self examination methods also include in ppt that how to examine breast related information by ourselves and also include some success stories that person ,children ,women or adult get diagnosed from cancer ,thar
9/2/2021 18:19:34	Iqra Khan	Kiqranazz77@gmail.com	Female	SIES College of Arts, Scie	5	5	5	5	5	I got alot of information regarding the issue	5	No everything was perfectly organised
9/2/2021 18:19:37	MARIA ANNE PANNEER	marianpanneer@scs	Female	Sies college of Arts, Scie	5	5	5	5	5	Breast Cancer	5	
9/2/2021 18:19:52	DEVAROSHINI MANI	devaroshini111@scs.s	Female	SIES COLLEGE OF ARTS	5	5	5	5	5	I got to know a lot many facts about what is cancer , its types and for n	5	This session in cancer awareness was really sensitizing,looking for such more exploring sessions
9/2/2021 18:20:05	Farheen shahik	shahikfarheen2338@gm	Female	Sies college of arts scien	5	5	5	5	5	Awareness about the cancer	5	Would like to attend more
9/2/2021 18:20:05	Pooja Sarjay Sahu	disharj082@gmail.com	Female	Sies College of Arts, Scie	5	5	5	5	5	I got to know that cancer is just a disease not have to worry much if di	5	It was very informative about how cancer can be diagnosed well.
9/2/2021 18:20:38	Saba Naaz Shaifque Ahm	saanaaz20@gmail.com	Female	Sies college of science a	5	4	5	4	4	We collect lots of information about the cancer	5	
9/2/2021 18:20:40	Charushree Santosh	charushreesantosh@gmail	Female	Sies College of Science A	5	4	5	4	4	Awareness about cancer	5	
9/2/2021 18:21:11	Mulali Sandanathi	mulalisandanathi@gmail	Female	Sies college	5	4	4	4	4	What is cancer ? It's symptoms and their treatments	5	
9/2/2021 18:21:24	Swati Sudhakar Mali	swatimali080@gmail.com	Female	SIES college of arts, scier	4	5	4	4	4	Knowledge of cancer	5	It's was overall good program.
9/2/2021 18:21:42	Ansari Sajida Akiakh	ansarisajida35@gmail.c	Female	SIES colg	5	4	4	5	5	Excellent	5	Excellent
9/2/2021 18:21:58	Shrut Rajan	12shruti342007@gmail.c	Female	SIES COLLEGE OF ARTS	5	5	5	5	5	I was able to understand the various causes of cancer and how we ca	5	
9/2/2021 18:22:21	Geehanjali Jayaraj	gthanjalijayaraj702@gm	Female	SIES COLLEGE OF ARTS	5	5	5	5	5	That cancer is not contagious and it needs awareness among people.	5	
9/2/2021 18:23:07	Geehanjali Chandrakanti	gthanjalichandrakanti143	Female	Sies college of art, scier	4	4	4	4	4	Yes	5	No
9/2/2021 18:24:18	Diksha Mahendra Yadav	dikshayadavc407@gmail	Female	S.I.E.S.COLLEGE OF AR	5	5	5	5	5	I was able to understand cancer as in positive way though people alwr	5	I liked the way speaker delivered every small content about gender sensitization,even the questions which were asked to her was answered gently with a vibe of positive thoughts..and even I liked the way they treat patie
9/2/2021 18:24:26	JOSHMA JOSHI	joshma502@scs.sies.e	Female	SIES COLLEGE OF ARTS	5	5	5	5	5	Very informative session with proper guidelines to know about cancer	5	Very informative session
9/2/2021 18:25:16	Ansari Rafeya Nausheen	rafeyansant@gmail.com	Female	Sies college of arts scienc	5	5	4	5	5	That we can at least take Precautions.	5	
9/2/2021 18:25:51	Rintu S Raju	rinturaju97@gmail.com	Female	SIES College of Arts, Scie	5	5	5	5	5	Not to fear Cancer and how to prevent it	5	
9/2/2021 18:26:44	Shaikh Afia Imtiyaz Ahme	skafiat08@gmail.com	Female	Sies college of an arts sci	5	5	5	5	5	The major take away from this programme was we got an opportunity	5	No.
9/2/2021 18:28:38	Anjali Vijay Kumar Nadar	nadaranjali777@gmail.c	Female	SIES college of Arts, Scie	5	4	5	5	5	I got a very good opportunity to learn about cancer deeply and how to	5	No
9/2/2021 18:29:58	Gnanamercy Selvaraj	ycrem2002@gmail.com	Female	SIES college of arts scien	4	4	4	4	4	Awareness and more knowledge about the disease	4	
9/2/2021 18:30:55	CRISAL STANY MONIS	crisamonis@gmail.com	Female	SIES College Of Arts, scie	5	5	5	5	5	Staying up to date about information	5	None
9/2/2021 18:37:20	Rona S Raju	ronaraju79@gmail.com	Female	SIES College of Arts, Scie	5	5	5	5	5	Not to fear Cancer and how to prevent it	5	
9/2/2021 18:38:24	Shreya Kumar	shreyaj97792@scs.sies	Female	SIES COLLEGE sion wes	4	4	4	4	4	Very informative	5	Management of time would have been better
9/2/2021 18:38:49	Hanshika Vilas Rane	hanshikavilas2000@gm	Female	SIES college of arts scien	5	5	5	5	5	The main take away message was that cancer is curable if detected a	5	
9/2/2021 18:44:11	Soni Govind Chaurasiya	shantichaurasiya98@gm	Female	Sies autonomous college	4	5	5	5	5	We should always be aware	5	Thanks for having such a wonderful session
9/2/2021 18:47:08	Km Iqra hasan	78imrankhan0786@gmail	Female	Sies clg	5	5	5	5	5	Awareness of cancer	5	No
9/2/2021 18:48:27	Sapna kahar	sapnakahar123@gmail.c	Female	Sies	5	5	5	5	5	My biggest take away from this programme was how they explained a	5	
9/2/2021 18:49:59	Nidhi AnilKumar Pillai	nidhi134pillai@gmail.com	Female	SIES	4	4	4	4	4	Awareness on cancer	5	
9/2/2021 18:51:50	Uneza Ibrahim Qureshi	uneza114378@scs.sies	Female	Sies college of arts scienc	4	3	5	5	5	The awareness created by them in every aspects related to Cancer	5	
9/2/2021 18:58:52	ANSARI NAZIYA BANO N	ansarinaziyanabo7402@	Female	Sies	5	5	5	5	5	Canshar	5	No
9/2/2021 19:02:10	Gupta Manish Kumar sup	karishmagupta7340@gm	Male	Sies college of Arts scien	5	5	5	5	5	Cancer awareness	5	Because we have knowledge about the cancer
9/2/2021 19:10:28	Annaboina Manasa upeni	manasaannaboina30@g	Female	SIES college of arts scier	5	5	5	4	5	To know more about cancer	5	No
9/2/2021 19:15:21	Gurana Vinod Yadav	yadavgurana436@gmail	Female	Sies college arts science	5	5	4	4	4	The most important thing to learn; the thing that you need to take with	5	
9/2/2021 19:17:00	VIMALA KALABRAJA NAI	vimalakalabrajai@gmail.c	Female	SIES	5	4	4	4	4	...	4	NO
9/2/2021 19:17:13	Khan aiman inshad ahme	khanaimen2002@gmail.c	Female	Sies college of arts scienc	5	5	5	5	5	Awareness of cancer and symptoms might be helpful	5	
9/2/2021 19:23:19	Anjali Munna yadav	yanjali4567@gmail.com	Female	S.I.E.S.	5	5	5	5	5	Get to know many unknown things about cancer	5	At the initial stage of cancer does it show any symptoms ?? So that a person can go for a treatment.
9/2/2021 19:31:23	RAKSHA NAIK	naikraksha3604@gmail.o	Female	SIES COLLEGE OF ARTS	4	3	3	3	3	The awares about various cancer and its causes	3	
9/2/2021 19:55:06	VEDASHREE SUNIL PAT	vedashreepat7348@gm	Female	SIES, Sion	5	4	4	4	4	The do-don'ts & the safety which we should take care of...	5	The program was perfect.
9/2/2021 19:57:45	Janita John Peter	janitajpeter01@gmail.c	Female	S.I.E.S college of arts, sci	5	4	4	4	4	Breast cancer	4	
9/2/2021 20:00:35	Siddique Tabassum fatma	nooriat123@gmail.com	Female	Sies college of arts scienc	4	4	4	4	4	Major take away is we all aware about Cancer symptoms and Cure.	4	It was Good programme
9/2/2021 20:16:23	Ritika Kantaram kavar	Kavartitika6@gmail.com	Female	SIES COLLEGE OF ARTS	5	5	4	4	4	Learn & spread awareness about cancer	5	
9/2/2021 20:18:49	Sheha baju	Snehabaju34@gmail.com	Female	Sneha711@scs.sies.edu	5	5	5	5	5	Awareness of cancer	5	No
9/2/2021 21:21:24	Urvil Chavan	urvil457ch@gmail.com	Female	Sies College of Arts Scien	5	5	5	5	5	That cancer can be cured	5	

Timestamp	Name	e-mail id:	Gender	Institute/ College you belong to	Choice	Choice	Expertise	Delivered	Were they	What was your major take-away from this programme?	How well?	Additional comments or suggestions, if any					
9/3/2021 23:15:58	Naheeda afreen mohd Kh shaikhnaheeda987@gmail	Naheeda12087@ascscs.sle	Female		5	5	5	4	Yes	Cancer	5	Cover all topics					

Timestamp	Name	College/ Institute	e mail address	Phone number	Gender	Choice of the theme of the speaker	Choice of the speaker	Delivery of the content by	Were the questions answered	What did you learn from this lecture? (Take-away message)	Any other comments, if any
1/28/2022 17:08:41	Dhwani Kataria	SIES Institute of Comp	dhwanika0720@gmail.com	09820181291	Female	4	4	4	Yes	Learned a lot about domestic violence, especially the laws associated with it.	
1/28/2022 17:09:43	Jamni Shah	sies pgdc	jamni.vshah@gmail.com	9820553099	Female	4	4	4	Yes	college	very informative
1/28/2022 17:09:45	Aqsa Mukadam	Sophia College	msukadamapsa@gmail.com	7208747300	Female	5	5	5	Yes	Learned various new acts	Very informative
1/28/2022 17:10:09	Ayesha Shankar	SIES Institute of Comp	ayeshash1033@sies.edu.in	9930520185	Female	2	3	3	Yes	Got a great understanding about Protection of Women from Domestic Violence Act 2005, really insightful.	
1/28/2022 17:10:13	Vijli Chandrani	SIES Institute	vijli@gmail.com	9867235294	Female	4	3	3	Yes	A lot of laws related to domestic violence which I had no idea about	
1/28/2022 17:11:04	Anand Ambardekar	Sies college of arts, scien	ananda@sies.edu.in	9930936129	Male	4	3	3	Yes	Women's rights in bit more detail	
1/28/2022 17:12:33	Palak Ansal	SIES Institute of Comp	palakansal1405@gmail.com	09769065123	Female	5	5	5	Yes	The domestic violence act is very widespread and inclusive of all types of women and helps them get justice.	
1/28/2022 17:14:17	Kalpna Aravindh	SIES Institute of Comp	pank23558@gmail.com	+918096236295	Female	4	4	4	Yes	To be strong.	
1/28/2022 17:16:57	Shilpa Pharsalkar	Jacobi SIES College of Arts, Scie	pharsalkar.shilpa@gmail.com	9930056002	Female	5	5	5	Yes	I have learnt to fight for my rights and identity.	
1/28/2022 17:19:59	Iqra Ansari	Sies college of arts scien	ansariiqra7099@gmail.com	7039303022	Female	5	5	5	Yes	Sexual abuse does not need to be explained in any category, it's itself a strong bad experience to raise voice and seek	Very well elaborated and all queries answered to the point, though I had many to ask.
1/28/2022 17:20:28	RIYA SHAH	SIES Institute of Comp	riyashah18409@gmail.com	07303198045	Female	4	3	2	Yes	Domestic Violence mandates rights for victims, particularly women	
1/28/2022 17:21:00	Smita arun	Sies kr	smitha.arun@gmail.com	9920044384	Female	4	4	4	Yes	All about domestic violence. The legalities	
1/28/2022 17:29:28	Lia Chheda	SIES	liachheda@gmail.com	9451941302	Female	5	5	5	Yes	Clarity of different concepts was good	PPT would be great
1/28/2022 17:30:00	shwetamahankar2@gmail	Sies college of arts scien	shwetamahankar2@gmail.com	8691985269	Female	4	4	3	Yes	Session was nice	Session was excellent I would to attend such session ahead in future also
1/28/2022 17:30:52	Sarah Gonsalves	Sies Counseling Course	sarahgonsalves2802@gmail.com	9082084872	Female	5	5	5	Yes	The details in the act	
1/28/2022 17:31:02	Krutika	Sies	krutikasapkal7@gmail.com	9321407082	Female	5	5	5	Yes	More on domestic violence and overall all it's information.	The speaker was extremely good
1/28/2022 17:35:00	Vinita Gaikwad	SIES College of comp	hivinita.gaikwad@gmail.com	9820937778	Female	5	4	4	Yes	As a trainee counselor it would be an informative one to know about domestic abuse law.	
1/28/2022 19:10:48	Tanishaa Furia	SIES	furiatan20@gmail.com	+918369695963	Female	4	3	4	Yes	Things I didn't know about the law came to know about that	
1/28/2022 19:15:38	Priyanka Saha	SIES			Female	4	3	2	Yes		I wish there was some presentation shared to help us follow the lecture since the amount of information was immense.
1/28/2022 19:16:05	Aditi Rambhia	SIES	aditirambhia204@gmail.com	7506844227	Female	4	4	3	Yes	Lot of information on the Act	
1/28/2022 19:20:48	Dr. Tanuja V. Koli	Chetana College	tanujakoli@gmail.com	9867859095	Female	5	5	5	Yes	Legal mechanism to solve DV issues	Looking forward for more such programmes
1/28/2022 19:28:29	Juhi Chandan	SIES ICE	juhichandan@gmail.com	9819889510	Female	5	4	4	Yes	Various legal provisions for women against domestic violence.	Informative
1/28/2022 19:28:40	Amrita kalra	Sies	amrita.kalra13@gmail.com	9870326284	Female	5	5	5	Yes	A	
1/28/2022 19:32:17	Kirti Bandyopadhyay	SIES Institute of Comp	kb1029@ce.sies.edu.in	7021265484	Female	4	2	2	Yes	About the various laws pertaining to domestic violence	
1/28/2022 19:33:00	Sujata K Lohande	SIES college	sujatalohande9767@gmail.com	9892448079	Female	5	5	5	Yes	There are lots of ways to make women strong	
1/28/2022 19:36:08	Adis Pathare	SIES college of comp	adispathare8@gmail.com	08419988327	Female	4	4	4	Yes	Lot of new laws I didn't know about were covered in it, it was very insightful	If possible in Hindi language is much better
1/28/2022 19:39:51	Namita Mer	SIES COLLEGE	namitamershiv@gmail.com	9167885381	Female	5	4	4	Yes	Got introduced to a new Act	
1/28/2022 20:03:38	Charmi Savia	SIES ICE	charmisavia123@gmail.com	8080041325	Female	5	4	3	Yes	Learned a lot about domestic violence that I wasn't aware of.	
1/28/2022 20:04:14	Poonam Shenoy	Sies	poonamshenoy0807@gmail.com	09867251988	Female	5	5	5	Yes	How powerful DV act is	
1/28/2022 20:08:52	Karishma Mulchandani	SIES	karishmamulchandani16@gmail.com	9782702555	Female	4	3	4	Yes	How the domestic violence act works for women	
1/28/2022 20:42:56	Juhi Chandan	SIES ICE	juhichandan@gmail.com	9819889510	Female	5	4	4	Yes	Certain Legal aspects of domestic violence	Very informative
1/28/2022 21:14:47	Keerthi Shetye	SIES College	keerthishetye@gmail.com	9004336183	Female	5	3	3	Yes	learned more about DV	
1/28/2022 22:03:01	Madhurima Samanta	SIES	mdhmsamanta@gmail.com	9051973355	Female	5	4	4	Yes	About women rights	No ...
1/29/2022 0:55:47	Salome Fernandes	Sies	salomepeace10@gmail.com	+919757064218	Female	4	3	3	Yes	Learned the laws and rules. It was more clearer.	
1/29/2022 12:44:12	Hrithik Dosouza	SIES	hrithik2412@gmail.com	9820484077	Male	5	5	4	Yes	It was nice to learn the rights under the protection Protection of Women and Domestic Violence Act	

Timestamp	Full Name	e-mail id	Mobile No. (Preferably WH Gender)	Are you a	Choice of the topic/ theme	Choice of the speaker for	Expertise of the speaker	Delivery of the content by	Were the questions of the	What was your major take-away from this programme?	How was this programme	Additional comments or suggestions, if any
1/19/2022 17:41:30	Manisha Bhargava Patel	manisha2006@uasss.ac.in	9919219248	Female	Student	5	5	5	Extremely good	Yes	5	Excellent
1/19/2022 17:41:55	Iqra Ansari	ansariqira709@gmail.com	7039039302	Female	Student	5	5	5	Extremely good	Yes	5	Keep going
1/19/2022 17:42:13	Vijil Chandrani	vijil1030@coe.sies.edu.in	9867263294	Female	Student	4	5	5	Extremely good	Yes	5	That a lot of reasons why a person may not get normal flow of p
1/19/2022 17:44:06	Anasi Rifflyy Nourahien	rifflyyanasi@gmail.com	7021473884	Female	Student	5	5	5	Extremely good	Yes	5	We have to take care of our hygiene properly
1/19/2022 17:44:10	Anasid Rajde	anasidrajde@gmail.com	8886954486	Female	Student	4	4	5	Very poor	Yes	5	Excellent
1/19/2022 17:44:47	Aqsa Mukadam	mukadamaqsa@gmail.com	7208747300	Female	Student	5	5	5	Extremely good	Yes	5	I learnt various new terms and tips
1/19/2022 17:45:05	Avantika Mohandas Paranjayankumar12@gmail	12@gmail.com	+919819638715	Female	Student	5	5	5	Extremely good	Yes	5	Got to know about myths and facts regarding menstruation. Also
1/19/2022 17:45:10	Chavutree Santsosh	chavutreesantsosh@gmail.com	9374693002	Female	Student	5	5	5	Extremely good	Yes	5	I learnt the different problems suffered by women. What are the
1/19/2022 17:45:34	Chavutree Santsosh	chavutreesantsosh@gmail.com	9196796767	Female	Student	5	5	5	Extremely good	Yes	5	How to maintain hygiene during periods
1/19/2022 17:46:37	SURYA NAZNEEN MOHAMEDRAMSHAKYU7@gmail.c	7@gmail.c	9936063504	Female	Student	5	5	5	Extremely good	Yes	5	We have to take care of our self and many mores
1/19/2022 17:48:03	Chranamanyee Seltaraj	ycsm2002@gmail.com	9022526207	Female	Student	4	5	4	Extremely good	Yes	4	Gained more knowledge about various health issues
1/19/2022 17:48:07	Shahib adia jethiyaAmeerkhatun2@gmail.com	2@gmail.com	8160858571	Female	Student	5	5	5	Extremely good	Yes	5	Lecture was very informative. I have learnt a lot of things.
1/19/2022 17:49:12	Rutika Doraskar	Rutikadoraskar2410@gmail	9187454164	Female	Student	5	5	5	Extremely good	Yes	5	It is very important to maintain menstrual hygiene and visit a do
1/19/2022 17:50:12	Ritu S Raju	rituraju47@gmail.com	9987195195	Female	Student	5	5	5	Extremely good	Yes	5	Information about menstrual hygiene
1/19/2022 17:50:17	Anasi Raushia mohd Jyasanarajankumar12@gmail	12@gmail	9938512300	Female	Student	5	5	5	Extremely good	Yes	5	I learnt many things from this program like what precautions sho
1/19/2022 17:50:50	Hareksha Vasa Rane	harekshavasa2002@gmail	9664444097	Female	Student	4	4	4	Extremely good	Yes	4	The session was very informative. Got to know many things abo
1/19/2022 17:50:50	Shahik Reetima Parveen reshmahshah1847591@gmail	1847591@gmail	9833194457	Female	Student	5	5	5	Extremely good	Yes	5	Learn lots of things about menstrual hygiene. Myths were clear T
1/19/2022 17:52:24	Shahik humara abdul sajjumharahakim@gmail.co	1@gmail.co	7738850048	Female	Student	5	5	4	Extremely good	Yes	5	How to manage menstrual hygiene
1/19/2022 17:53:17	Dowarshini Ikani	ponnareedhi@gmail.com	8884649168	Female	Student	5	5	5	Extremely good	Yes	5	Actually, I got to know specifically many terms and issues relat
1/19/2022 17:54:10	Shruti Rajan	shruti2007@gmail.com	9967295962	Female	Student	5	5	5	Extremely good	Yes	5	I learnt about the importance of menstrual hygiene, use of variou
1/19/2022 17:54:21	Salome Fernandes	salomepeace10@gmail.com	+919757064218	Female	Student	4	3	4	Extremely good	Yes	5	Learned a lot about hygiene
1/19/2022 17:54:24	Fazreen Shahid	shahidfazreen20@gmail	9855557442	Female	Student	5	5	5	Extremely good	Yes	5	Various myths and information about periods
1/19/2022 17:56:48	Manmata Panigrahi	manmatapanigrahi22@gmail	9399107020	Female	Student	5	5	4	Extremely good	Yes	5	Learning about myths and common misconceptions
1/19/2022 18:00:58	Vidhaad Sayyid	Vidhaadsayyid74@gmail.c	7021772481	Female	Student	4	4	5	Extremely good	Yes	4	The lecture itself was informative to learn
1/19/2022 18:02:16	Latha Chellan	lathachellan@gmail.com	0992959245	Female	Student	4	5	5	Extremely good	Yes	4	About the myths and explanation
1/19/2022 18:04:20	Riya sheth	riya1059@gmail.com	9982984388	Female	Student	4	4	4	Extremely good	Yes	4	Learned a bit more about it and was a happy learning
1/19/2022 18:04:30	Hetal shah	hetalshah47@gmail.com	9833779330	Female	Student	4	5	5	Extremely good	Yes	5	Awareness regarding menstrual cycling into depth was most imp
1/19/2022 18:05:10	Rudra Kumar Kusurkar	rudrakumar@gmail.com	7032041588	Female	Student	4	5	5	Extremely good	Yes	4	Problems that were discussed and clarification of proper guidan
1/19/2022 18:05:21	Rakha karw	rakhakarwa30@gmail.com	7738538382	Female	Student	5	5	5	Extremely good	Yes	5	How to take care in pre menapausal time.Because I am one of t
1/19/2022 18:08:30	Shreya Vhd	Shreya1008@uasss.ac.in	9820427781	Female	Student	5	3	4	Extremely good	Yes	5	Got more information about menstruation
1/19/2022 18:09:30	Chia shah	Chia1001@coe.sies.edu.i	9919789818	Female	Student	4	3	3	Extremely good	Yes	4	Happy learning session. got to know more about the topic of
1/19/2022 18:08:06	Shrutha Raju	Shrutharaju@gmail.com	0720873979	Female	Student	5	5	5	Extremely good	Yes	4	Got to know many things about menstruation
1/19/2022 18:08:28	Indumathi Malayandi	indumathiyadav2001@gmail	8448484030	Female	Student	5	5	5	Extremely good	Yes	5	Informative
1/19/2022 18:08:30	Ashni Laumikant Rai	raiaashni22@gmail.com	7738996330	Female	Student	5	5	5	Extremely good	Yes	5	I found the webinar very informative and the tips and suggestion
1/19/2022 18:08:34	Vinaya Kabilanga Nadar	vinayakabilanga@gmail.c	9372193706	Female	Student	4	5	4	Extremely good	Yes	4	-
1/19/2022 18:09:38	Sunaina Vinod Yadav	yadavsunaina436@gmail	+917045010386	Female	Student	5	4	4	Extremely good	Yes	5	if the period is not coming regularly, then there will be no proble
1/19/2022 18:10:41	Deepy viltalani	Deepyvtalalan777@gmail	7906379792	Female	Student	5	5	5	Extremely good	Yes	5	There was many thing which I don't know get to know today f
1/19/2022 18:11:00	Saranya Santsosh	saranyas115@coe.sies.ac	9939002970	Female	Student	5	5	5	Extremely good	Yes	5	Informative
1/19/2022 18:13:39	Rona S Raju	ronaraju78@gmail.com	9987914055	Female	Student	5	5	5	Extremely good	Yes	5	Information about menstrual hygiene.
1/19/2022 18:16:48	Sangeeta Gogoi	sangeetagogoi123@gmail	6003546177	Female	Student	5	5	5	Extremely good	Yes	5	Deep understanding of the topic
1/19/2022 18:19:00	Shrutha kandamanyee dms09at12@coe.sies.edu	12@coe.sies.edu	9933094673	Female	Student	5	5	5	Extremely good	Yes	5	Lots of things I got from the programme,how make our body str
1/19/2022 18:20:58	Geethanjali Jayaram	geethanjali0702@gmail	9757435781	Female	Student	5	5	5	Extremely good	Yes	5	Many new topics were introduced and the information regarding
1/19/2022 18:22:54	Karthika Madhanchandani	karthikamadhanchandani16@gmail	9782702555	Female	Student	5	5	5	Extremely good	Yes	5	Use one brand of menstrual hygiene product which is also suitab
1/19/2022 18:23:07	Hishika Jain	hishikajain105@gmail.com	9935513907	Female	Student	4	4	4	Extremely good	Yes	5	The way she explained the difficult time during the menstrual cy
1/19/2022 18:24:46	Jaspreet Kaur Saini	jaspreetskaur09@gmail.c	9694115485	Female	Student	4	5	4	Extremely good	Yes	4	Remedies for cramps
1/19/2022 18:24:52	Kim Iqura Hasan	78imrankhan786@gmail	09967916987	Female	Student	5	5	5	Extremely good	Yes	5	Many more things about menstruation
1/19/2022 18:33:18	Neha upadhyay	nishupadhyay1419@gmail	7508275590	Female	Student	5	5	5	Extremely good	Yes	5	That we should keep our vagina clean and we should be change
1/19/2022 18:33:35	Sonal Anant Chouhan	sonalchouhan@gmail.com	8910468387	Female	Student	5	5	5	Extremely good	Yes	5	I learnt lots of knowledge about hygiene. Programme was really
1/19/2022 18:54:51	Ayush Dubey	dubeyayush05@gmail.com	09932657757	Female	Student	5	5	4	Extremely good	Yes	5	I get the more knowledge
1/19/2022 18:56:09	Charalita Deshpande	charalitadeshpande@gmail	0904230009	Female	Student	5	4	4	Extremely good	Yes	5	Menstrual hygiene is important to maintain
1/19/2022 18:56:40	Anvita107@coe.sies.edu.i	107@coe.sies.edu.i	9987931100	Female	Student	5	5	5	Extremely good	Yes	5	Menstrual problems
1/19/2022 19:03:28	Shrut Sarjap Mashe	shrutmashe27@gmail.com	787506425	Female	Student	5	5	5	Extremely good	Yes	4	Good
1/19/2022 19:10:10	Rishi Navin Chandra	rishichandra10@gmail	9949600202	Female	Student	4	4	5	Extremely good	Yes	4	No
1/19/2022 19:18:10	Tashi Bhaskar	shaskarbhaskar@gmail.com	9935050275	Female	Student	5	5	5	Extremely good	Yes	5	To know the importance of our personal hygiene.
1/19/2022 19:23:35	Nitya Vijay Kumar	Nitya1013@coe.sies.edu.i	9769039993	Female	Student	5	5	5	Extremely good	Yes	5	This was a very important topic and taking care of our health is v
1/19/2022 19:32:22	SANJANA SANJAY BURLI	sanjanasanjay15@gmail.com	8879392041	Female	Student	5	5	5	Extremely good	Yes	5	I got to know about a lot of disorder about our reproductive orga
1/19/2022 19:33:12	JOSHIMA JOSHI	joshimajoshi@gmail.com	8391791695	Female	Student	4	4	5	Extremely good	Yes	4	Know alot about how to take care of myself while periods and an
1/19/2022 20:48:54	Jasita John Felzer	jasitafelzer030@gmail.com	7045731188	Female	Student	5	5	5	Extremely good	Yes	5	Hygiene and question-answer session
1/19/2022 22:58:20	Bhina Jain	bhinajain@gmail.com	9804346788	Female	Student	4	4	4	Extremely good	Yes	5	How to provide awareness about menstruation
1/19/2022 23:18:20	Shweta sarjap maharashtr	shwetasarjapmaharashtr@gmail	8691890589	Female	Student	5	5	5	Extremely good	No	5	Session was really good and knowledge able to gain something
1/20/2022 13:07:12	Soni Govind Chaurasiya	sonichaurasiya487@gmail	9904918457	Female	Student	4	4	4	Extremely good	Yes	4	Awareness about menstrual cycle
1/21/2022 18:15:54	Jagruhi Rajendra Yadav	jagruhiyadav3838@gmail	8652004030	Female	Student	5	5	5	Extremely good	Yes	5	Clearance of myths related to menstruation care that should be taken during menses Diseases associated prevention and cure